



SINGAPORE JU-JITSU ASSOCIATION

ATHLETES SELECTION POLICY

20th ASIAN GAMES AICHI-NAGOYA 2026



With Effective Date: 19/01/2026
Version 1.2



LEGEND

ACRONYM

MEANING

ADS	Anti-Doping Singapore
Affiliate	A club or organization registered and in good standing with SJJA
AIMAG	Asian Indoor and Martial Arts Games
Athlete	A club or organization registered and in good standing with SJJA
Athlete Agreement	A formal agreement signed by athletes selected for National Teams, outlining their commitments and responsibilities
Board	The SJJA Management Committee or Board of Directors
Coach	An individual appointed by SJJA to train and guide athletes
Conflict of Interest	A situation where a person's private interests might interfere, or appear to interfere, with their duties in the selection or appeals process
Extenuating Circumstances	Unforeseen or exceptional situations that may prevent an athlete from meeting specific selection criteria (e.g., injury, illness, bereavement)
JJAU	Ju Jitsu Association Union
JJIF	Ju Jitsu International Federation
Major Games	Multi-sport international events such as the SEA Games, Asian Games, Commonwealth Games, AIMAG, World Games, etc.
NDT	National Development Team
NS	National Service
NSF	Full-Time National Serviceman
NTS	National Training Squad
SEA Games	South East Asian Games
SJJA	Singapore Ju Jitsu Association
Scheme	SportsSG SpexCarding Scheme
SNOC	Singapore National Olympic Council
Spex	Sports Excellence Carding(ed)
SportsSG	Sports Singapore
SpexTAG	Spex Training Assistant Grant
TPP	Training Partner Program



CONTENTS

01 - 03

1. Introduction
2. Eligibility Requirement
3. Selection Criteria
4. Other Considerations
5. Extenuating Circumstances
6. Selectors
7. Appeals
8. Conflict of Interest and Communication

05 - 06

ANNEX A: SELECTION CRITERIA FOR [SINGAPORE JU JITSU ASSOCIATION] NATIONAL TEAMS (NT AND NDT)

1. PREAMBLE
2. Selection Criteria for National Development Team (NDT)
3. Selection Criteria for National Team (NT)
4. Open Selection Trials
5. Other Requirements

07 - 08

ANNEX B: SELECTION CRITERIA FOR INTERNATIONAL COMPETITIONS

1. PREAMBLE
2. Selection Criteria for International Competitions
3. Selection Criteria for International Competitions
4. Close Selection Trials
5. Other Requirements

09 - 11

ANNEX C: NOMINATION CRITERIA FOR MAJOR GAMES SELECTION. 8

1. PREAMBLE
2. Selection Criteria for Athlete Nomination
3. Game-Specific Considerations



1. Introduction

- 1.1 This policy outlines the eligibility requirements and criteria for the selection of Ju Jitsu national athletes for the following:
- 1.1.1. SJJA National Team (NTS & NDT)
 - 1.1.2. International Competitions
 - 1.1.3. Major Games
- 1.2 The aim of this policy is to ensure that the best and most deserving Ju Jitsu national Athletes in Singapore are selected, in a consistent and transparent manner, to the national teams and to represent Singapore in international competitions and major games such as the Southeast Asian Games (SEA Games), Commonwealth Games, Asian Games.
- 1.3. This policy applies to all athletes aiming for selection to SJJA National Teams, international competitions, or Major Games, across all official Ju-Jitsu disciplines, including:
- 1.3.1. Newaza (Brazilian Jiu-Jitsu)
 - 1.3.2. Fighting System
 - 1.3.3. Contact Ju-Jitsu
 - 1.3.4. Duo System (Classical)
 - 1.3.5. Show System
- It also applies to all coaches, selectors, officials, and administrators involved in the selection process
- 1.4. Unless otherwise stated, this policy adopts the definitions and nomenclature in the SJJA Constitution.

2. Eligibility Requirement

- 2.1. Athletes must fulfil the following requirements to be eligible for any of the selections stated in paragraph 1.1 above:
- 2.1.1. Athletes must be Singapore Citizens. Those aged 21 years old and below with dual citizenship can participate if they hold a valid Singapore passport, subject to SJJA's conditions.
 - 2.1.2. Age Limitation: The minimum age limit for athletes is 16 years old (born on or before 9 December 2008). For those athletes who have not attained their legal adult age, authority from their parents should be obtained.
 - 2.1.3. Member of a SJJA Affiliate.
 - 2.1.4. Member of SJJA National Team (not applicable for National Teams' selection).
 - 2.1.5. Formally agree and adhere to the SJJA Athletes' Code of Conduct and Agreement.



- 2.1.6 Not undergoing any disciplinary proceedings or serving any suspension by SJJJA, JJAU or JJIF
- 2.1.7. Athletes must not have committed any anti- doping rule violation.

3. Selection Criteria

3.1. The specific selection criteria are provided in the following Annexes:

- 3.1.1. Annex A: Selection Criteria for SJJJA National Teams
- 3.1.2. Annex B: Selection Criteria for International Competitions
- 3.1.3. Annex C: Nomination Criteria for Major Games Selection

4. Other Considerations

4.1 In addition to the selection criteria stated in the Annexes listed in paragraph 3.1 above, and in accordance with the Olympic Charter (By-laws to Rules 27 and 28, paragraph 2.1) which states that "Selection shall be based not only on the sports performance of an athlete but also on his ability to serve as an example to the sporting youth of his country," the following "qualities" of the athletes will also be taken into consideration, where applicable, by the selector:

- 4.1.1. Attitude and behaviour towards coaches, teammates, officials, and sports administrators.
- 4.1.2. General conduct and character that upholds the reputation and values of the sport.
- 4.1.3. Past disciplinary record.
- 4.1.4. Current skill level, fitness, and level of commitment.
- 4.1.5. Potential for future development.
- 4.1.6. Ability to demonstrate team spirit and work well with teammates and officials.
- 4.1.7. Ability to serve as a role model to the sporting youth of Singapore.
- 4.1.8. Other non-performance related qualities considered relevant by the selectors.

5. Extenuating Circumstances

5.1 The selectors may at their discretion consider the following extenuating circumstances that may prevent an athlete from fulfilling any of the selection criteria stated in the annexes listed in paragraph 3.1 above:

- 5.1.1. Injury or illness (medical excuse certified by a qualified medical doctor).
- 5.1.2. Equipment failure.
- 5.1.3. Travel delays.
- 5.1.4. Bereavement.
- 5.1.5. National Service (NS)
- 5.1.6. Education Commitment
- 5.1.7. Such other circumstances that may be relevant.



5.2. Athletes must notify SJJJ (Head Coach or High-Performance contact) in writing at the earliest opportunity, preferably before the selection event or deadline. Submissions must include:

- 5.2.1. A description of the circumstances
- 5.2.2. Supporting documentation (e.g., medical or official records)
- 5.2.3. Relevant performance history

5.3. The Selection Committee will review all materials. Consideration does not guarantee selection. Decisions will reflect performance, commitment, standing, and the nature of the circumstance, and will be formally documented.

6. Selectors

6.1. The SJJJ Selection Committee will determine the selection of athletes for the National Training Squad (NTS) and National Development Team (NDT).

6.2. The SJJJ Selection Committee will determine the selection of athletes for International Competitions and for nominating athletes to SNOC for the Major Games (eg. SEA Games)

6.3. All selection decisions will be announced on the SJJJ official website and or via email to the athletes concerned.

6.4. Names of the SJJJ Selection Committee members are:

Selection Committee

No	Name	Designation
1	Dr. Henry Kothagoda	President
2	Muhammad Fadhli Bin Asad	High Performance Manager
3	Adam Malik	Board Member

7. Appeals

7.1. An appeal in respect of any non-selection may be lodged by the athlete concerned, or by an SJJJ affiliate if the athlete is below 21 years old and is a member of the affiliate, on the following grounds:

- 7.1.1. The criteria for selection were not adhered to.
- 7.1.2. The athlete was denied a fair and equal opportunity during the selection process.

7.2. The appeal must be submitted in writing to the SJJJ Secretariat at hello@jujitsu.org.sg within 48hrs of the announcement of the selection decision. An administrative fee of \$200 must be paid to SJJJ. The fee is refundable if the appeal is successful.



7.3. All appeals will be reviewed by the SJJA Appeals Committee, which will recommend the following course of action based on its findings to the SJJA Board:

7.3.1. To dismiss the appeal and uphold the decision by the selectors; or

7.3.2. To accept the appeal and require the selectors to review their decision and refund the administrative fee to the athlete or affiliate concerned.

7.4. The decision made by the SJJA Board following the Appeals Committee's recommendation is final. No further appeal will be entertained.

7.5. the Board members involved in the selection committee must recuse themselves from the decision making in the appeal process. Names of the SJJA Appeals Committee members are:

Appeal Committee

No	Name	Designation
1	Muhammad Subhi Bin Ismani	Vice President
2	Ong Cheng Wee	Vice President
3	Susan Wong	Committee Member

8. Conflict of Interest and Communication

8.1. To ensure impartiality, the Selection Committee and Appeals Committee must consist of different individuals. No person may serve on both committees simultaneously.

8.2. All members of the Selection Committee and Appeals Committee are required to disclose any potential conflicts of interest to the SJJA Board.

8.3. The SJJA Board will take appropriate measures to manage any conflicts of interest to ensure fair and impartial selection and appeals processes.

8.4. SJJA will ensure that all selection criteria, processes, and decisions are clearly communicated to athletes in a timely manner.

8.5. Any changes to selection policies or procedures will be communicated to all relevant parties and published on the SJJA official website.

9. Clarifications

9.1. Any queries or clarifications on this selection policy or on the specific selection criteria should be referred to the relevant committee(s) via email at hello@jujitsu.org.sg

9.2. In all matters not provided for in this policy, or doubts on the proper interpretation of this policy and the selection criteria stated in the annexes listed in paragraph 3.1 above, the decision of the Selection Committee shall be final unless it is reversed by the SJJA Board.



Annex A: Selection Criteria for SJJA National Teams (NTS and NDT)

1. Preamble

- 1.1. This set of selection criteria is for the purpose of selecting athletes for the SJJA National Training Squad (NTS) and National Development Team (NDT).
- 1.2. The application of these criteria is subject to the eligibility requirements, considerations, and other provisions in the "Athlete Selection Policy" that these criteria are a part of.

2. Selection Criteria for National Development Team (NDT)

- 2.1. Subject to paragraph 1.2 above, the following criteria will be applied for the selection of athletes to the NDT:
 - 2.1.1. Athletes who have achieved podium finish in SJJA recognized international youth or age group competition in the last 12 months.
 - 2.1.2. Athletes who have been nominated by SJJA or selected by SNOC for any upcoming Asian Youth Games or Youth Olympic Games.
 - 2.1.3. Top 3 male and top 3 female athletes from SJJA's National Age Group Championship, Singapore Ju Jitsu Open [Name to be confirmed], in each age and weight category.

3. Selection Criteria for National Training Squad (NTS)

- 3.1. Subject to paragraph 1.2 above, the following criteria will be applied for the selection of athletes to the NT:
 - 3.1.1. Athletes who have achieved podium finish in SJJA recognized international competition in the last 12 months.
 - 3.1.2. Athletes who have been nominated by SJJA or selected by SNOC for any upcoming SEA Games, Commonwealth Games, Asian Games.
 - 3.1.3. Top 3 male and top 3 female athletes from SJJA's National Championship, Singapore Ju Jitsu Open [Name to be confirmed], for each weight category.

4. Other Requirements

- 4.1. Once selected, athletes must fulfil the following requirements to remain in the NDT or NTS:
 - 4.1.1. Minimum national training attendance of 80%. Participation in all trials, training camps, competitions, sports science test regimes and related activities as required by SJJA.



- 4.1.2. Achieve training and competition performance benchmarks set by the SJJA High Performance Committee that will include results from Closed Selection Trials.
- 4.1.3. Formally agree and adhere to the SJJA Athletes' Code of Conduct and Agreement.
- 4.1.4. Not undergoing any disciplinary proceedings or serving any suspension by SJJA, JJAU or JJIF



Annex B: Selection Criteria for International Competitions

1. Preamble

- 1.1. This set of selection criteria is for the purpose of selecting SJJA National Training Squad (NTS) and National Development Team (NDT) athletes for International Competitions.
- 1.2. The application of these criteria is subject to the eligibility requirements, considerations, and other provisions in the "Athlete Selection Policy" that these criteria are a part of.

2. NDT Selection Criteria for International Competitions

- 2.1. Subject to paragraph 1.2 above and any entry quota imposed by the organisers, the following criteria in the order below will be applied for the selection of NDT athletes for international Youth and Age Group competitions that are recognized by SJJA:
 - 2.1.1. any upcoming Asian Youth Games or Youth Olympic Games.
 - 2.1.2. NDT athlete(s) who is ranked the highest based on the results of the last 2 NDT Closed Selection Trials.
 - 2.1.3. NDT athlete recommended by the NDT Coaches.
 - 2.1.4. NDT athlete who achieves 80% attendance.
 - 2.1.5. NDT athlete who meets the requirement of the point system
- 2.2. NDT athletes selected, based on criteria stated in subparagraphs 2.1.1 to 2.1.3, responsible 100% for the competition cost.
- 2.3. Subject to paragraph 1.2 above and any entry quota imposed by the organisers, NT athletes who did not manage to get selected based on the criteria stated in subparagraphs 2.1.1 to 2.1.3 above may be allowed to participate in the competition at their own cost.

3. NTS Selection Criteria for International Competitions

- 3.1. Subject to paragraph 1.2 above and any entry quota imposed by the organisers, the following criteria in the order below will be applied for the selection of NTS athletes for international competitions that are recognized by SJJA:
 - 3.1.1. NTS athletes who have been nominated by SJJA or selected by SNOC for any upcoming SEA Games, Asian Games, Commonwealth Games.



- 3.1.2. NTS athlete(s) who is ranked the highest based on the results of the last 2 NTS Closed Selection Trials.
 - 3.1.3. NTS athletes recommended by the NT Coaches.
 - 3.1.4. NTS athlete who achieves 80% attendance.
 - 3.1.5. NTS athlete who meets the requirement of the point system
- 3.2. SJJA athletes selected, based on criteria stated in subparagraphs 3.1.1 to 3.1.3, responsible 100% for the competition cost.
- 3.3. Subject to paragraph 1.2 above and any entry quota imposed by the organisers, NT athletes who did not manage to get selected based on the criteria stated in subparagraphs 3.1.1 to 3.1.3 above may be allowed to participate in the competition at their own cost.

4. Other Requirements

- 4.1. Once selected, athletes must fulfil the following requirements or risk being withdrawn from the competition:
 - 4.1.1. Minimum national training attendance of 80%.
 - 4.1.2. Participation in all trials, training camps, competitions, sports science test regimes and related activities as required by SJJA.
 - 4.1.3. Formally agree and adhere to the SJJA] Athletes' Code of Conduct and Agreement.
 - 4.1.4. Not undergoing any disciplinary proceedings or serving any suspension by SJJA, JJAU or JJIF.



Annex C: Nomination Criteria for 20th Asian Games Aichi-Nagoya 2026 Selection

1. Preamble

1.1. This set of nomination criteria is for the purpose of nominating Ju Jitsu athletes for selection by SNOG for 20th ASIAN Games Aichi-Nagoya in Japan (NAG26). The Ju-Jitsu competition will consist of Eight (8) events consist of:

- 1.1.1. Five (5) men’s event
- 1.1.2. Three (3) women’s event

Eight (8) Events			
EVENTS	MEN	WOMEN	
Discipline: JiuJitsu			
1. – 62 kg	☑		
2. – 69 kg	☑		
3. – 77 kg	☑		
4. – 85 kg	☑		
5. – 94 kg	☑		
6. – 48 kg		☑	
7. – 52 kg		☑	
8. – 63 kg		☑	
TOTAL	5	3	

- Note:**
- 1. Each NOC may enter a maximum of two (2) athletes in each individual event (JiuJitsu).
 - 2. Athletes must be 16 years of age and over (born on or before December 2009).
 - 3. Where an athlete’s most recently and/or most frequently competed weight class is not included in the Games, the athlete may attempt qualification in an alternative weight class up to two divisions below or one division above that weight class, provided all eligibility and qualification requirements are met.



- 1.2. These criteria are guided by and consistent with SNOC's set of selection criteria for the respective games
- 1.3. The application of these criteria is subject to the eligibility requirements, considerations, and other provisions in the "Athlete Selection Policy" that these criteria are a part of.
- 1.4. The selection Committee will nominate athletes to SNOC with accordance to the criteria, while adhering to SNOC's requirement and timeline for NAG26.

2. Selection Criteria for Athlete Nomination

- 2.1. Subject to paragraph 1.3 above, the following criteria will be applied in SJJA's selection process for nominating athletes to SNOC for the respective games:
 - 2.1.1. Minimum national training attendance of 80% with effect from Jan 2026 or from the date of joining the National Team, whichever is later.
 - 2.1.2. Participation in all National Team trials, training camps, competitions, sports science test regimes and related activities as required by SJJA.
 - 2.1.3. Competition results and/or international rankings that places the athlete(s) among the top 6 athletes in Asia.
 - 2.1.4. In lieu of the criteria in subparagraph 2.1.3 above, any competition result where the athlete(s) has won or finished above a medalist(s) from the last Asian Games or has finished above an athlete(s) who is ranked among the top 6 athletes in Asia.
- 2.2. Only results from competitions and trials that are organized, sanctioned or recognized by SJJA and that are achieved during the period from 1st May 2025 to 15th June 2026 will be considered for the criteria stated in subparagraphs 2.1.3 and 2.1.4 above.
- 2.3. Only international rankings from JJAU, JJIF, IBJJF that are current as of 1st May 2025 to 15th June 2026 will be considered for the criteria stated in subparagraphs 2.1.3 and 2.1.4 above.
- 2.4. An athlete(s) who narrowly misses the criteria stated in subparagraphs 2.1.3 or 2.1.4 may be considered for nomination to SNOC if the athlete(s) demonstrates potential and commitment to win a medal at the respective games.



Assessment will be based on:

- 2.4.1. Performance trajectory and rate of improvement
 - 2.4.2. Technical skill assessment by the National Coaching Panel
 - 2.4.3. Commitment to training and attendance
 - 2.4.4. Psychological readiness and resilience (as evaluated via sports psychology reports or assessments)
 - 2.4.5. Coach's recommendation substantiated with data or performance evidence
- 2.5. If the number of eligible athletes satisfying the criteria stated in subparagraphs 2.1.1 to 2.1.4 above exceeds the number of available quota places for an event, the athlete(s) with the best medal prospect at NAG26 will be nominated.
- 2.6. Further to paragraph 2.5 above, the following factors will be considered if the athletes concerned are deemed to have similar medal prospects at NAG26:
- 2.6.1. Head-to-Head results.
 - 2.6.2. International Ranking.
 - 2.6.3. Performance at last ASIAN Games or Asian Championship
 - 2.6.4. Age, level of commitment, attendance and future major games prospects.
 - 2.6.5. Relevant Past performances and achievements in recognized international competitions, which demonstrates the athlete's potential for success at NAG26.

3. Key Dates ((Tentative Timeline)

Milestone	Tentative Date
Long list and nomination phase begin	4 Mar 2026
Longlist and Nomination Deadline (NSA)	4 May 2026
Selection Committee Meeting	May-26
Appeal process starts	1-Jun-26
Deadline for Appeal	15-Jun-26
Appeal Committee Meeting	29-Jun-26
Entry by Name Form Deadline (NSA)	30-Jun-26

Note: All dates provided in this timeline are subject to change based on the schedules and requirements set by the Singapore National Olympic Council (SNOC) and the 20th Asian Games organizing committee. Athletes are advised to stay informed of any updates or modifications to these dates.



SINGAPORE JU-JITSU ASSOCIATION



100 Pasir Panjang Rd, #05-06, Singapore
118518