



ALLIED ARTS EXPERIENCES

QUIETING THE MIND WITH A PAINT BRUSH

There's a quiet kind of magic in brush painting. As an individual paints, they focus on the fluidity of the paint and motion of the brush or their fingers. This motion and feel can illicit soothing or meditative responses.

MACRO-PHOTOGRAPHY

In this activity, participants will turn their phone cameras into powerful tools for macro photography, experimenting with extreme close-ups of textures, patterns and small objects. It's a fun and accessible way to spark creativity and discover unexpected beauty in the details around us.

GET TO KNOW YOUR COWORKER –ART EDITION PART 2

Participants will take part in a creative "Get to Know Your Coworker: Art Edition" activity, using art prompts to spark meaningful conversations and connections. This light-hearted exercise encourages teamwork, curiosity and a fun way to learn something new about one another.

COMPANY MURAL

In this activity, participants will work together to design a mural on butcher paper, illustrating what art in Oklahoma City means to them. The collaborative process invites conversation, sparks creativity, and results in a visual snapshot of the team's collective perspective on OKC's artistic community.

LEARN!

FILM SCREENING BY DEADCENTER FILM

Duration varies | In-person or virtual

The organization will provide a short film screening and discussion.

VISUAL THINKING STRATEGIES BY MABEE-GERRER MUSEUM OF ART

15 minutes to 1 hour

A museum representative will lead participants in a discussion based on a work of art that will advance the group's visual thinking strategies and communication skills.

ART OF THE AMERICAN WEST WITH THE NATIONAL COWBOY & WESTERN HERITAGE MUSEUM

30 minutes | In-person or virtual

Johanna Blume, Curator of Western Collections, will share how the American West has been depicted in art and how those depictions have shaped our perceptions of the West.

INDIGENOUS PEOPLES OF THE WEST WITH THE NATIONAL COWBOY & WESTERN HERITAGE MUSEUM

30 minutes | In-person or virtual

Eric Singleton, Ph.D. McCasland Chair of Cowboy Culture and Curator of Ethnology, will share about the Indigenous people of the American West, their diversity of culture and their relationship to Cowboys.

TAKE A VIRTUAL FIELD TRIP WITH OKLAHOMA CITY MUSEUM OF ART (OKCMOA)

15-20 minutes | Virtual

A member of OKCMOA's learning team will lead employees in a dynamic conversation about a work of art on display at the museum.

DANCE!

AFRICAN MOVEMENT BY METROPOLITAN SCHOOL OF DANCE

10-15 minutes

A representative of Metropolitan School of Dance will lead employees in a song and dance activity that incorporates African movement.

DANCE IN THE TRADITIONAL BALLET STYLE WITH OKLAHOMA CITY BALLET

5-15 minutes

Take a short, fun dance class that introduces the basic ballet positions and a few of the exercises OKC Ballet dancers do every day.

EXPERIENCE DANCE FOR PARKINSON'S CLASS WITH OKLAHOMA CITY BALLET

5-15 minutes

An OKC Ballet instructor will teach a short version of the Dance for Parkinson's class, a seated dance class that incorporates popular music. It's a great way to get a group moving and dancing together.

BRAIN DANCE FROM PRAIRIE DANCE THEATRE

15 minutes | In-person or virtual

Prepare your brain for learning with this centering and rejuvenating body-brain movement tool.

MOVEMENT WORKSHOPS FROM PRAIRIE DANCE THEATRE

50 minutes | \$90

It's adult recess time! Prairie Dance Theatre offers several different on-site workshops such as Creativity and Movement, Arts Integration and Somatic Dance.

WATCH AND LISTEN!

"FABULOUS FIBS, FABLES AND FOLKLORE!" FROM CARPENTER SQUARE THEATRE

30 minutes: \$125 | 45 minutes to 1 hour: \$250

Renaissance African American artist Albert Bostick will present a one-man show, "Fabulous Fibs, Fables and Folklore!," which is a storytelling and drumming experience that can be interactive with participants. Al has delighted thousands of people in our region and across the country with his exuberant style. His presentation can be adapted for online.

SERENADE BY CIMARRON OPERA

5 minutes

A performer or performers will attend a presentation and operatically serenade the group.

BARBERSHOP HARMONY BY OK CITY CHORUS

5-10 minutes

A quartet or small group will perform and then teach the audience how to sing a "tag," which is a four-part harmony ending of a song.

"LET US ENTERTAIN YOU!" WITH SOONER THEATRE

5-15 minutes

A youth or adult performer from the Sooner Theatre or the Studio of Sooner Theatre would love to perform for your group!

MAKE AN ART PROJECT!

POCKET-SIZED PRINTS BY FIREHOUSE ARTS CENTER

15-20 minutes

Create your own pocket-sized print inspired by Steamroller Print Festivals. Explore, carve and print your own artistic reduction print series.

SCRATCH BOARD BOOKMARKS BY MABEE-GERRER MUSEUM OF ART

15-30 minutes | Perfect for table events | Kid friendly

A museum representative will lead participants in making their own unique and artistic bookmarks.

BUTTON PROJECT BY OKLAHOMA CONTEMPORARY

15-30 minutes | Perfect for table events | Kid friendly

A representative brings a button-making machine and a selection of contemporary art magazines, allowing participants to design and create their own custom buttons.

POP-UP HANDS-ON ACTIVITIES BY OKLAHOMA CONTEMPORARY

Additional outreach activities, such as quick-draw challenges, mini zine-making and collaborative art prompts, can be tailored for your group. Adaptable for a range of ages and settings.

MAKE A DREAMCATCHER WITH RED EARTH

30 minutes

Learn about the origin of the dreamcatcher and create your own to take home.

MAKE BEADED EARRINGS WITH RED EARTH

2 hours | Available at a special rate of \$15 per person

Discover the art of beadwork in a guided session where you'll create your own handcrafted earrings. Learn simple techniques, explore color and pattern choices, and leave with a finished pair ready to wear or gift.

CORN HUSK DOLL MAKING WITH RED EARTH

15-20 minutes

The corn husk dolls are a fun hands-on project!

HOMOPOLAR MOTORS WITH SCIENCE MUSEUM OKLAHOMA (SMO)

10-15 minutes

Faraday in four parts! Let a SMO team member help you force movement across a magnetic field.

LAVA LAMPS WITH SCIENCE MUSEUM OKLAHOMA (SMO)

10-15 minutes

Let a SMO team member help bring out your Groovy side when art and science combine to play.

SING, ACT & PLAY!

COULD I SING WITH CANTERBURY? CANTERBURY YOUTH VOICES EASY GROUP "AUDITION"

10 minutes | In-person or virtual

A representative from Canterbury Voices will explain the audition process for their youth chorus and lead participants through some simple pitch and rhythm exercises.

LEARN ABOUT YOUR ACTOR'S TOOLBOX WITH OKLAHOMA CHILDREN'S THEATRE

5 minutes

A representative will lead the group in a fun, interactive acting warm up.

INSTRUMENT PLAYGROUND WITH OKLAHOMA CITY PHILHARMONIC

Activity timing varies depending on how many people are present

OKC Philharmonic will bring an assortment of musical instruments that participants may try out and play.

12-BAR BLUES GROUP SONGWRITING WITH OKLAHOMA OPRY

45-60 minutes

Learn the basics of blues songwriting and write a song with your team.

SHAKESPEARIAN SCENE STUDY WITH OKLAHOMA SHAKESPEARE

Guided by Oklahoma Shakespeare's artistic leadership, we will dive into a celebrated piece of Shakespearean text. Together, you'll explore how the scene comes alive on stage and uncover its surprising applications to real-world scenarios – strengthening collaboration, communication and team building.

STAGE COMBAT WORKSHOP WITH OKLAHOMA SHAKESPEARE

Step into the world of theatrical swordplay with a lively introduction to basic stage combat principles. Guided by a trained professional, you'll enjoy a hands-on demonstration that emphasizes cooperation, timing and safety – building trust and camaraderie while learning the art of performance combat.

CREATIVE COMPOSITION LED BY OKLAHOMA YOUTH ORCHESTRAS

20-30 minutes

Sometimes it's fun to leave things to chance! Using dice, body percussion and boomwhackers, participants will create original musical masterpieces to perform.

MAKE MUSIC TOGETHER WITH OKLAHOMA YOUTH ORCHESTRAS

20 minutes

Hum, clap, snap and utilize boomwhackers to create harmony for your team. Participants will learn basic music notation and work together to perform a piece.