



IHC Strategy

What we are seeking to achieve



Outcomes

Outcomes for people with intellectual disability

People with intellectual disability have good health, housing, and wellbeing.



People with intellectual disability have healthy bodies and minds.



People with intellectual disability are part of their community, including by doing work.



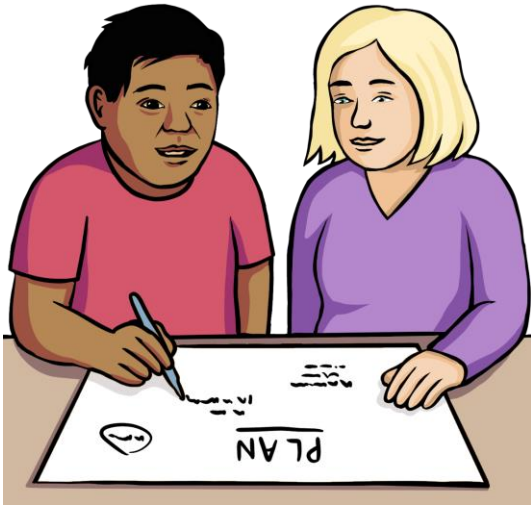
They have the same kinds of experiences as other people.

This includes:

- Friendships
- Relationships.



People with intellectual disability have a home and enough money and things to live a good life.



They plan for having enough money for their future.



People with intellectual disability are supported to be well as they get older including:

- Proactive care
- Preventative care.



Proactive and **preventative care** is getting help early so small health problems do not become big ones.

People with intellectual disability have the information they need, feel sure of themselves, and people listen to them.



People with intellectual disability have support to advocate for their rights, and enough money and things to meet their needs.



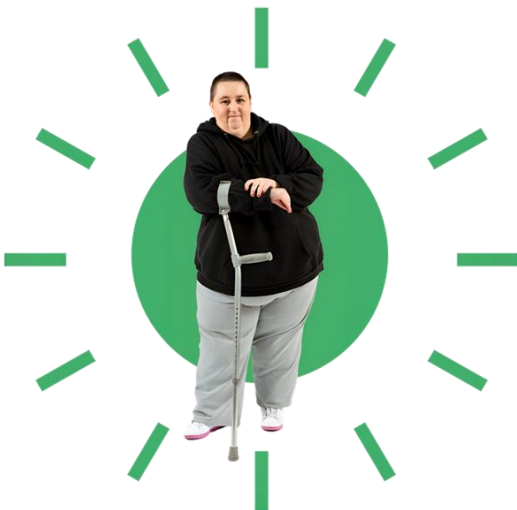
Control over their health and body.



Control over their money.



Control over where they live and who they live with, including owning or renting a house.



Support that is right for them.

Outcomes for community

People with intellectual disability are valued for their leadership, contribution, and mana.



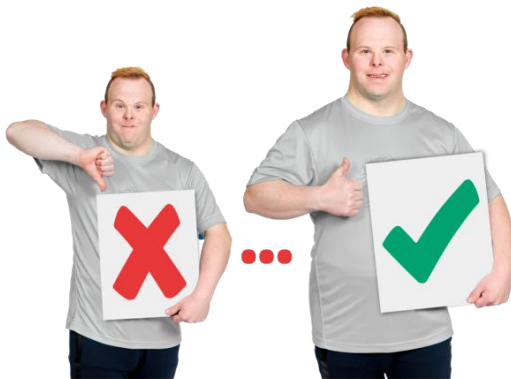
Communities talk about the issues that are important to people with intellectual disability.



Communities hear from people with intellectual disability with different kinds of lives and experiences.



All decision makers listen to people with intellectual disability.



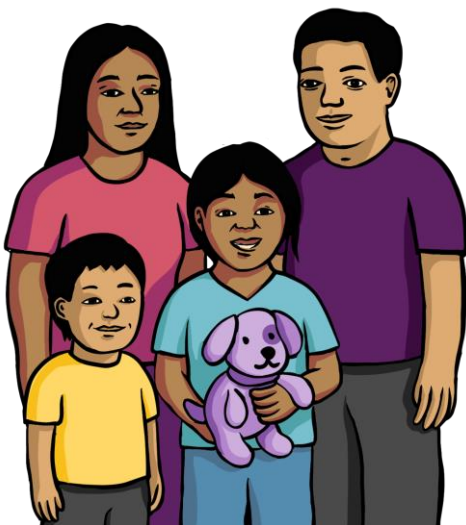
Outcomes for people with intellectual disability get better over time.

Outcomes for whānau

Whānau are valued, connected, informed, and strong.



Whānau have the information they need.



Whānau have good health and wellbeing.



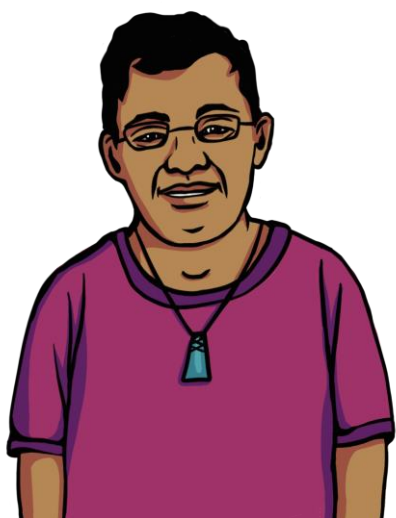
Whānau have their own voice.



People understand that whānau
are advocates who know the
person best.

Outcomes for Māori

Māori with an intellectual disability and Māori whānau have tino rangatiratanga.



There are real partnerships with Māori including:

- **Tāngata whaikaha**
- Whānau
- **Hapū**
- Iwi.



Tāngata whaikaha are people with a disability.

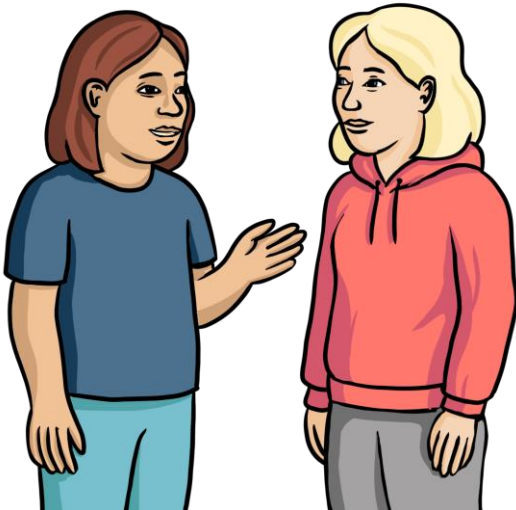
Hapū is a sub-tribe.



Māori are supported to be Māori
and to participate in
te ao Māori.



Te ao Māori is the natural
world.



Māori staff are valued and
supported.



Staff can work in both te ao
Māori and **te ao Pākehā**.

Te ao Pākehā is the English
world.



The difference between
outcomes for Māori and Pākehā
with intellectual disability gets
less over time.



Nicolina Newcombe translated this information into Easy Read.



Alta Sacra helped.



David Corner made sure the information is easy to read.



Te Atakura Ryan wrote the te reo Māori translations.

We used images from:

- Change People
- Disabled and Here
- Pauly.co.nz
- Photosymbols.

We also used these images:

Beehive, Wellington, New Zealand downloaded from

https://commons.wikimedia.org/wiki/File:Beehive,_Wellington,_New_Zealand.jpg

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