

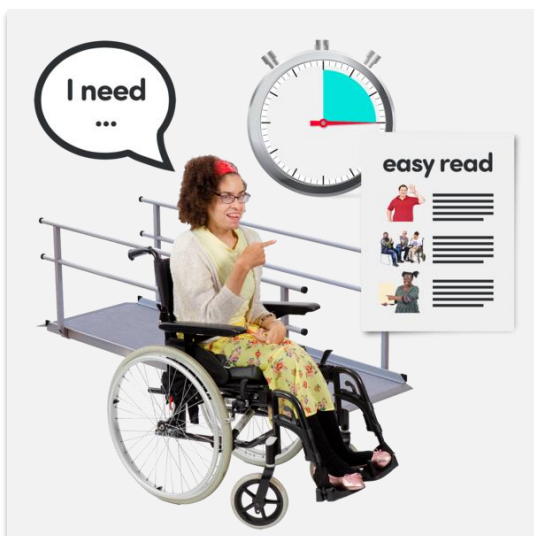


Reasonable Accommodations





You have the right to **reasonable accommodations** at your job.



A **reasonable accommodation** is something you need to take part in your:

- Job
- Learning
- Community

the same as other people.

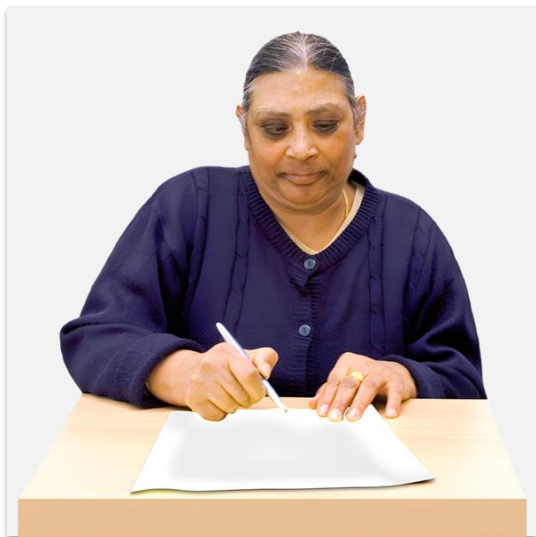


It has nothing to do with having a nice place to stay, like a hotel.

A reasonable accommodation cannot be too hard to do or cost too much money.



Here is a list of some reasonable accommodations.



Put a circle around the reasonable accommodations you might need to do your job or stay healthy and well at work.



You can talk to your boss, an Employment Service, or support person about what reasonable accommodations you might need.



A job support person



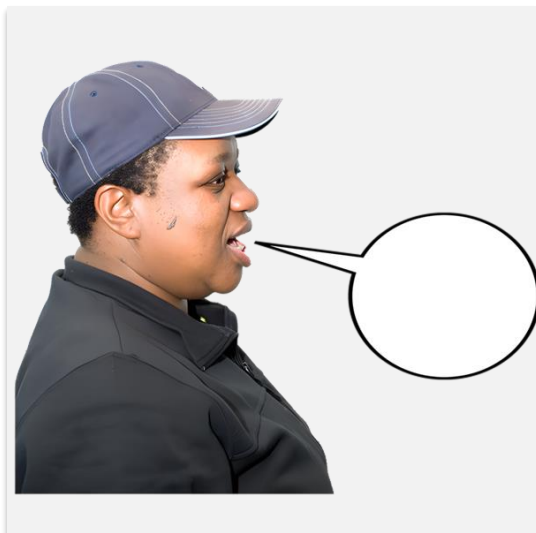
Someone who supports you with the social parts of your job



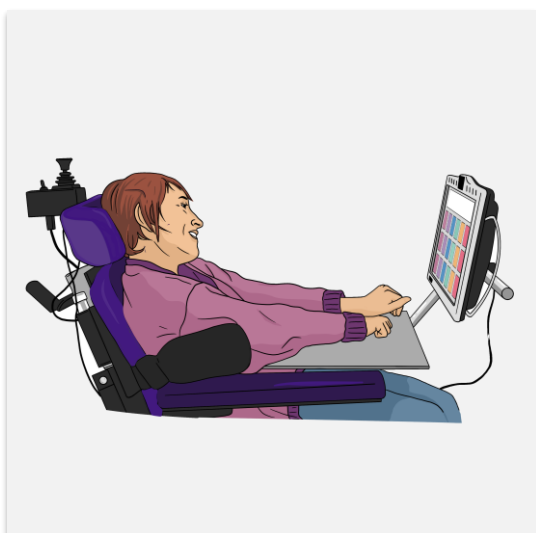
Someone who asks if you are feeling okay at you job



Having information and instructions written down



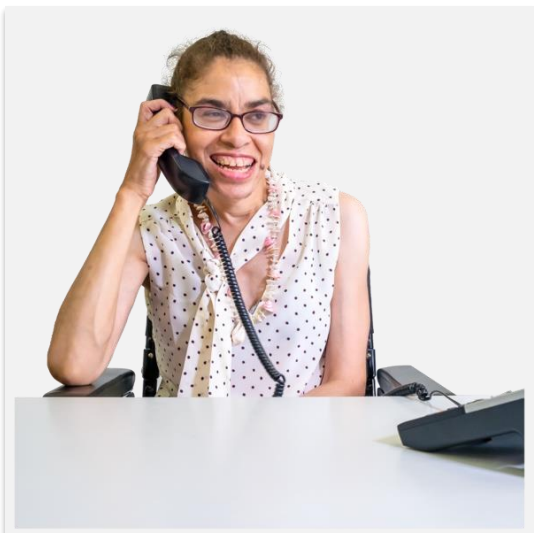
Having information and instructions said out loud



Another way of getting information and instructions



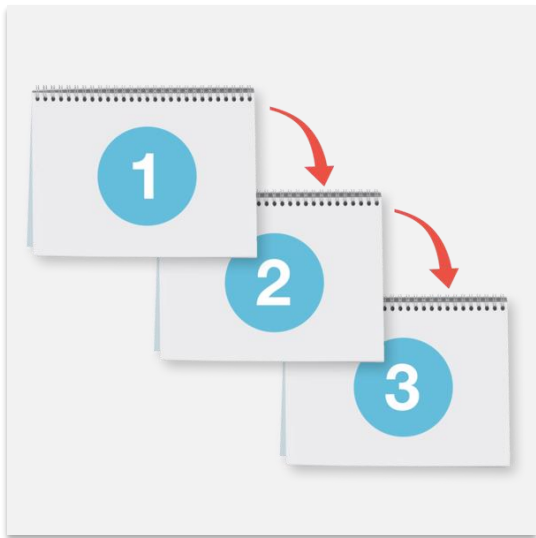
A place to work near lots of people who can help you.



A place to work by yourself.



A calm and quiet place to work.



One task or job at the time.



A recorder or smart pen.



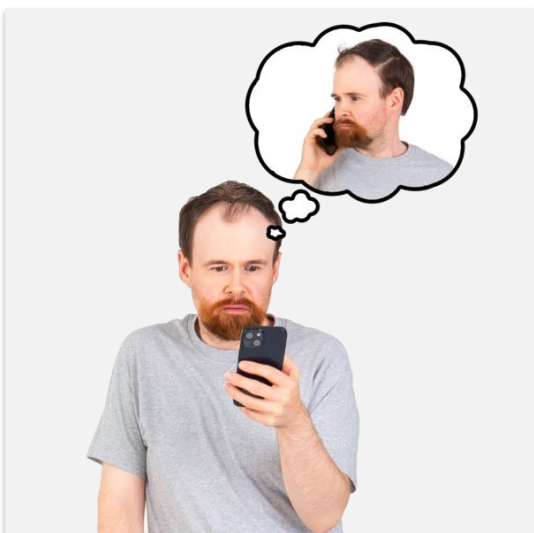
Wearing earplugs or headphones
when it is safe to do so.



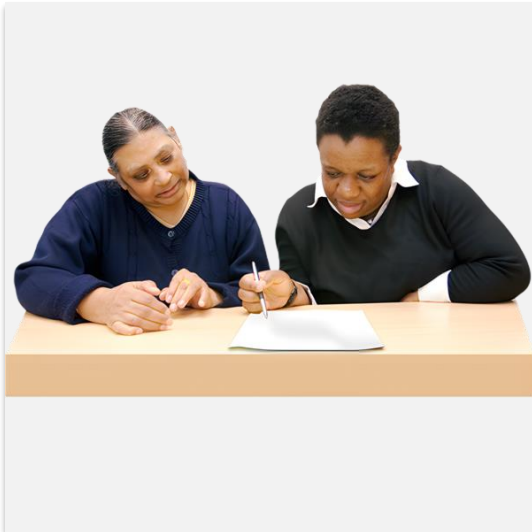
Movement break.



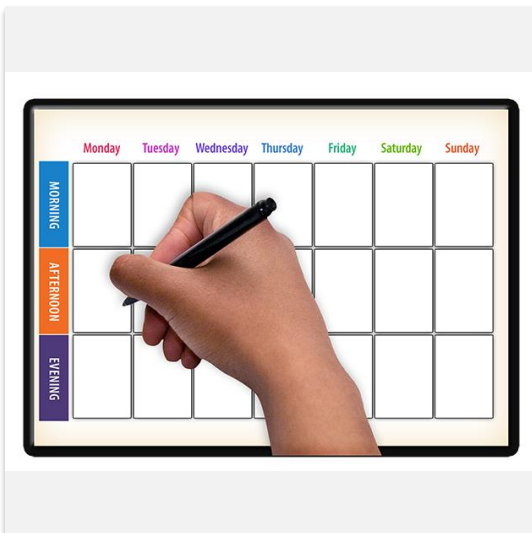
Light sensitivity glasses.



Time to prepare.

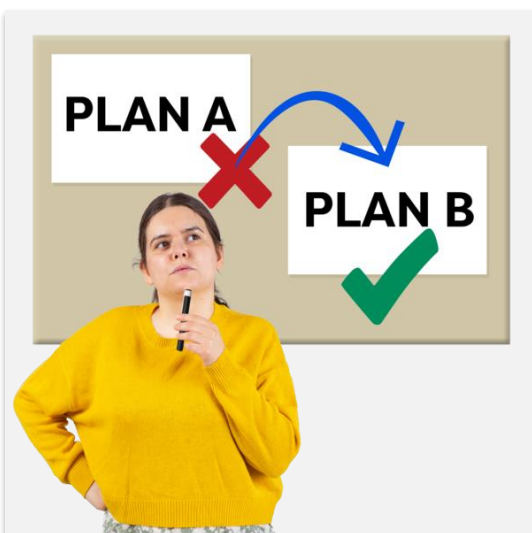


Having someone check if you understand the information and instructions you need to know



Routine

Making sure your job is the same every day



Flexibility

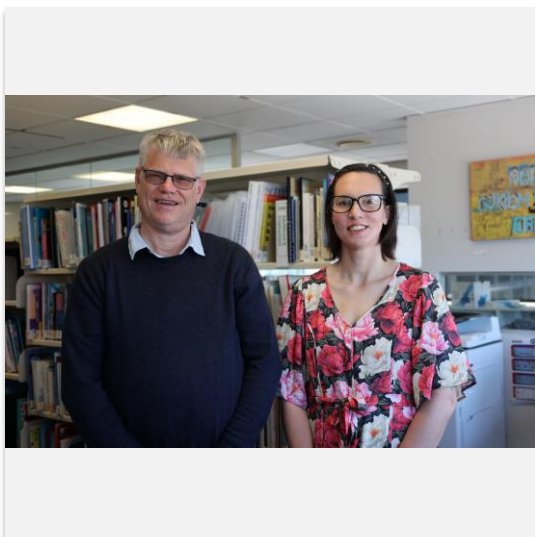
Having the chance to make changes to your job day to day.



Having important things kept in the same place every time

Something else:





Nicolina Newcombe wrote this form

David Corner checked this form