

breakfast

served from 7am to 2pm

- sourdough toast with preserves \$6
jam, vegemite or peanut butter
- eggs your way (v, gfo) \$10.5
2 eggs scrambled, poached
or fried on sourdough
- chilli scrambled eggs (v, gfo) \$15
3 eggs, feta, chilli oil, parmesan,
crispy shallots, spring onion, chilli
on sourdough
- avo on sourdough (v, veo, gfo) \$15
crumbed feta, sunflower seed,
pepita dukkah and basil oil
- eggs benny \$18
2 poached eggs on sourdough
with grilled pork belly, wilted
spinach and hollandaise sauce
- roasted mushrooms (v) \$15
whipped ricotta on sourdough
with roasted mushrooms and hot
honey glaze
- + breakfast add-ons:
avocado \$4
sauteed spinach \$4
sauteed mushrooms \$4
1 x egg your way \$4
2 x hash browns \$5
2 x rashers of bacon \$6

daily specials

served from 11am to 2pm

- see specials board
- salad/pasta/curry of the day...\$12-14

grab & go

served from 7am to 2:30pm

- fresh made rolls:
ham & salad \$9.5
chicken & salad \$9.5
cheese & salad \$8.5
- bacon & egg roll \$10
with tomato relish
- bacon & egg wrap \$11
with spinach, cheese, mayo
and BBQ sauce
- sushi cup \$9
teriyaki chicken or marinated tofu
with sushi rice, cucumber, rice
seasoning and avocado
- mushroom wrap \$10
with spinach, hash brown, cheese
and tomato relish
- ham & cheese croissant \$10
- toasties:
ham, cheese & tomato \$8
ham & cheese \$7
cheese & tomato \$6.5
- chia pudding & granola cup \$10
- banana bread \$7
- almond croissant \$9
- assorted danishes and pastries

pizza

served from 11am to 2pm

- oven fresh pizza (gfo)
margarita \$14
pepperoni \$16
+ gluten free bases \$4

lunch

served from 11am to 2pm

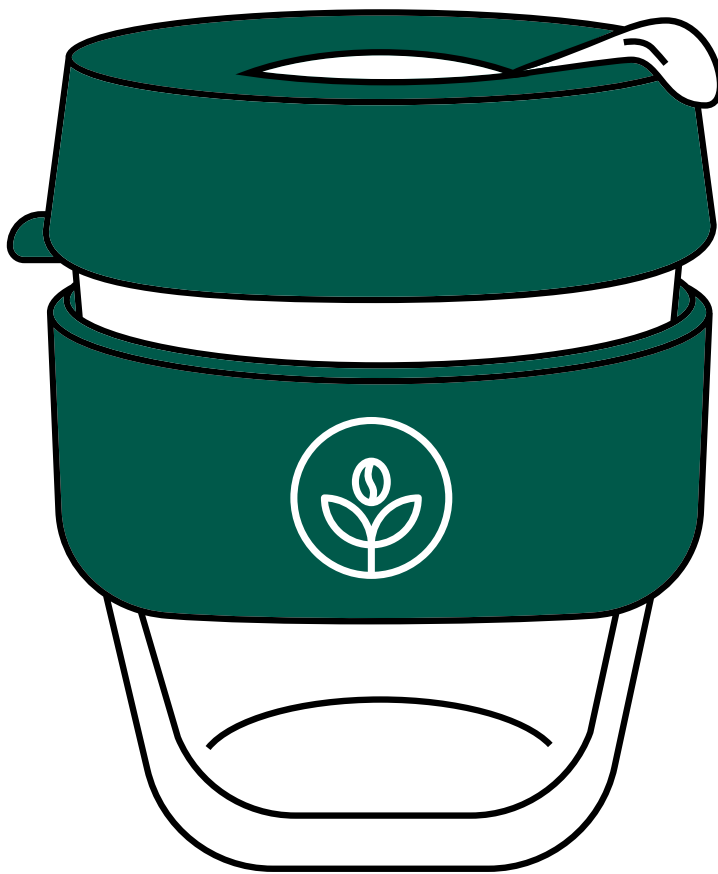
- grilled barramundi* (gf, i) \$18.5
Moroccan brown rice, red cabbage
and roasted capsicum, house-made
pumpkin hummus
- *substitute grilled chicken
- beef burger and fries \$16
sauce, lettuce, tomato, pickled onion
+ burger add ons:
cheese \$2
bacon \$3
- southern fried chicken tenders
burger and fries (gfo) \$16
American cheese, lettuce, buffalo
aioli
+ burger add on:
bacon \$3
- BLT on Turkish bread and fries \$15
bacon, lettuce, tomato, chipotle
mayo
- quinoa bowl (v, ve, gfo) \$12.5
roasted sweet potato, quinoa,
broccolini, avocado, edamame
beans, corn, capsicum and toasted
pine nuts
+ quinoa bowl add on:
karaage chicken \$7
- sticky bbq Korean pork belly \$18
with kimchi, broccolini, beans sprouts,
asian herbs and steamed rice
- shoestring fries \$6

beverages

served from 7am to 2:45pm

- coffee
Quest Coffee Roasters
Australian owned coffee roasters
based in Burleigh Heads
- small \$4.9
medium \$5.4
large \$5.9
- chai latte +50c
aromatic blend of spices
- syrups +50c
caramel, vanilla, hazelnut
- alternative milk +50c
soy, almond, oat, lactose free, coconut
- iced coffee \$6
long black, latte, chai
+ ice cream and cream \$2
- Madura tea \$5
english breakfast, early grey, green,
lemon myrtle, peppermint
- milkshakes and frappes \$8
caramel, chocolate, strawberry,
vanilla, hazelnut, coffee
- smoothies \$9
snickers peanut butter, chocolate,
milk, banana
berry Greek yoghurt, coconut water,
mixed berries
- matcha \$7
flavours +50c
strawberry, blueberry, raspberry,
lavender, rose

BYO reusable cup
to receive 10% off
hot beverages



open monday to friday
from 7am to 3pm
closed on public holidays

(07) 5559 7522
seedpodcafe.com.au

