

How to measure

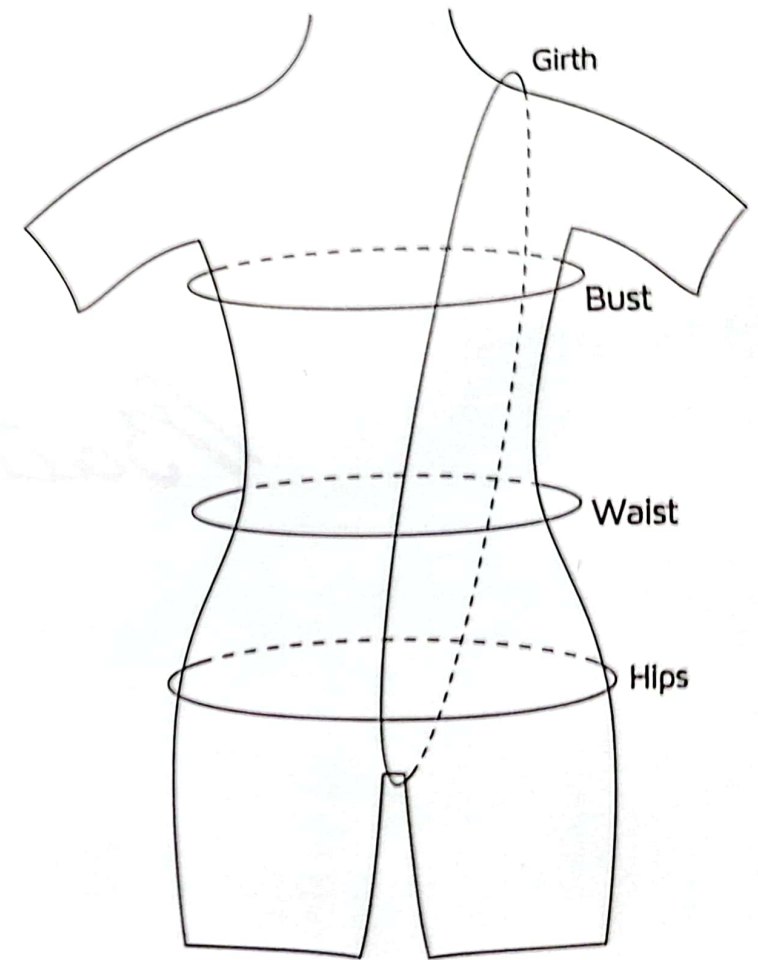
Bust Wrap the measuring tape around the fullest part of your chest.

Waist Measure around your natural waistline, which is the smallest area of the waist.

Hips Stand with feet together. Keeping tape straight and parallel to the floor, measure around fullest part.

Girth Place a tape measure at the top of the shoulder where a leotard strap sits, then down under the groin and back to the same shoulder.

Inseam Measure inside length of your leg from the groin to bottom of ankle.



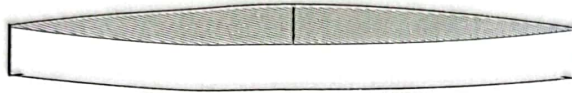
Ladies cm (inch)

Bust	Waist	Hips	Girth	Size
82-86 (32/34)	60-64 (24/25)	86-92 (34/36)	140 (55)	36
86-92 (34/36)	64-67 (25/26)	92-97 (36/38)	147 (58)	38
92-97 (36/38)	67-72 (27/28)	97-101 (38/40)	152 (60)	40
97-101 (38/40)	73-79 (29/31)	101-106 (40/42)	157 (62)	42
101-106 (40/42)	79-84 (31/33)	106-112 (42/44)	162 (64)	44

Youth cm (inch)

Bust	Waist	Hips	Girth	Size
51-53 (20/21)	48-51 (19/20)	53-58 (21/23)	89-96 (35/38)	4
55-58 (22/23)	53-55 (21/22)	58-63 (23/25)	99-106 (39/42)	6
60-63 (24/25)	53-58 (21/23)	63-68 (25/27)	109-116 (43/46)	8
66-71 (26/28)	58-63 (23/25)	68-73 (27/29)	117-126 (47/50)	10
73-78 (29/31)	66-71 (26/28)	76-81 (30/32)	117-126 (50/53)	12

Belts cm (inch)



Sizes	Waist
4-6	52-56 (20.5/22)
8-10	57-61 (22.5/24)
10-12	62-66 (24.5/26)
36-38	66-72 (26/28)
38-40	72-78 (28/30.5)
42-44	78-82 (30.5/32)