26 Crowndale Road, London NW1 1TT

Saher Shah

Writer

Saher Shah is a British Pakistani writer, actor and poet from London. Her work centres around strong female leads, well represented multidimensional characters, as well as championing stories from British South Asian and Muslim backgrounds, unapologetically incorporating South Asian languages and culture into scripts.

Saher was long listed to the top 9% for the London Library Writers Group 2026, long listed for NOVA writers (Tara Theatre) 2025 & placed in the top 10.5% for BBC Writers: Open Call in 2025

Theatre:

VITAMIN D *Directed by Melina Namdar, Produced by Sarah Allen & Samia Djilli*	2024	Soho Theatre, Main Space (3 week run)
YOU'LL BE FINE *R&D Directed by Melina Namdar & Natasha Samrai*	2024	Streatham Space
DEEN & DUNYA	2023	Theatre Royal Stratford East
VITAMIN D *Directed by Melina Namdar, Produced by Sarah Allen & Dramaturgy by Kash Arshad.* A fresh, funny and hard hitting exploration of one British South Asian Muslim Woman's journey navigating life and society after divorce.	2023	ACE funded tour *Standing Ovation Award Winner of Best New Play Raising awareness and nominated for Best Stage Production at The Asian Media Awards * Venues: Lawrence Batley Theatre, Bolton Octagon, The Edge Theatre, The Rosemary Branch Theatre.
VITAMIN D *Directed by Melina Namdar & Dramaturgy by Kash Arshad.*	2022	The Rosemary Branch Theatre ACE funded R&D and sharing of debut play
DEEN & DUNYA	2022	Bush Theatre Showcased a selection of poetry pieces alongside Zia Ahmed, Azan Ahmed, Raheela Suleman, Sagal Gabar & Chifaa Khelfaoui.
BUILD BACK EQUAL	2020	Spoken word short film in response to Covid-19 impact and recovery for women in association with the Women's Equality Party

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Training/Other:

JERWOOD HIGHTIDE WRITERS PROGRAMME	2026 - 2027	Developing a new play with the group run by Kelly Jones. Mentored by Lucy Kirkwood
SOHO WRITERS' LAB	2022 - 2023	Developed "You'll Be Fine" to a full length play
RIFCO ASSOCIATE	2022 - 2023	Working on developing short form digital content. A comedy sketch for screen "Playground Parents" exploring superhero mums.
VITAMIN D *facilitated by Natasha Kathi-Chandra, Artistic Director of Tara Theatre*	2022	Tara Theatre Table read & exploration of script
MFEST WRITERS' LAB	2021 - present	Part of the current cohort of writers developing writing for screen, stage, novel and comic books. Participated in workshops led by We Are Bridge, Soho Theatre, Spread The Word and Self Made Hero. Currently developing further sessions with MFest and collaborating partners.
YOU'LL BE FINE with Kahani Arts c/o Kenneth Moore Theatre & Redbridge Drama Centre	2021	Awarded a seed commission to develop and perform a one woman spoken word piece. A message to a younger self, a reflection on life and its many lessons as a British South Asian Woman.
SHRILL VOICES WRITER IN RESIDENCE PROGRAMME c/o The Rosemary Branch Theatre	2020	Year long residency programme championing female writers. Developing work for stage, sharing and participating in workshops lead by The Rosemary Branch and invited theatre makers.

Projects in development:

Pre - Production: JEEYO MERE LAAL (Live long, my heart) - short film

TV: VITAMIN D
SUGAR, BABY