

# CTST SOCIAL OUTINGS WINTER 2025

**Scamander | Beaumaris | St Helens  
Stieglitz | St Marys**

## **Monday 7 July – Mowbray Hotel Christmas in July**

You are invited for a festive Christmas in July lunch at the Mowbray Hotel! Book now, as seating is limited. Please confirm your lunch order when booking (set menu or regular menu). Decorations will be provided. Set Menu \$25pp.



### **MENU**

**Entree** Christmas trio of meats with vegetables and gravy, crispy battered fish with chips and salad, or chicken schnitzel with gravy, chips and salad

**Dessert** Christmas pudding or pavlova

## **Monday 21 July – Campbell Town**

Today we venture South to Campbell Town, there are plenty of food options available and time to look around. Morning tea of your choice along the way.

## **Monday 4 August – The Imperial Hotel - Bransholme**

Join us for lunch at the Imperial Bransholme hotel. We'll stop for morning tea along the way with sightseeing as time permits.

## **Monday 18 August – Launceston Shopping**

Today we take a break with some retail therapy in and around the Launceston CBD.

## **Monday 1 September – The Prince of Wales Hotel – Evandale**

Today, we'll head to Evandale for a cozy lunch at the historic Prince of Wales Hotel, an ideal spot to relax and enjoy a meal together in good company.

## **Monday 15 September – Oatlands**

Southward bound we head down to Oatlands for lunch, with morning tea in Ross along the way. Sightseeing and additional stops as time permits.

## **Monday 29 September – National Automobile Museum of Tasmania Invermay**

Once a year we take a moment and look back at the times that were. We will stop for morning tea and lunch along the way. Entry cost \$15.00pp.



[ctst.org.au](http://ctst.org.au)

# CTST SOCIAL OUTINGS PROGRAM GUIDELINES



CTST organises group Social Outings throughout Tasmania. It is a diverse program, with over 300 different trips across 29 regions each season. All are designed to be fun and affordable ways to catch up with friends old and new, while enjoying a relaxed and friendly environment and visiting locations in your region. Here are a few important things to know, so you get the most out of your journey with us:

## BOOKING PROCESS

- 1** Make your bookings with our Social Outings team on [outings@ctst.org.au](mailto:outings@ctst.org.au) or **1800 781 033** and selecting Option 3.
- 2** Three days before your Social Outing, our team phone or SMS you with your pick-up time.
- 3** On the day, enjoy your Social Outing! If there are any pick-up issues, call us on 1800 781 033 and select Option 3.
- 4** CTST will send you an invoice for payment at the end of each month you take part in a Social Outing.

## Getting ready for the day

Ensure that you have all the essentials for the day ahead. Bring an ample supply of your medication, accounting for potential delays. Feel free to pack your lunch and a water bottle as well for added convenience.

## On the day

For your safety and comfort, our itineraries incorporate multiple stops for you to stretch your legs, get a drink, or use a restroom. Upon reaching the destination, it's necessary for all passengers to exit the vehicle, ensuring they are aware of the designated time for return to the pick-up point. Pick-ups are typically arranged from personal residences unless otherwise pre-organised with CTST. Feel free to discuss any concerns you may have during Social Outings with your driver or Passenger Experience Volunteer for a more enjoyable day.

## WHY SOCIAL OUTINGS ARE IMPORTANT TO CTST

- Building connections can reduce social isolation.
- Outings are an opportunity to improve wellbeing.
- There are physical health benefits.
- We are committed to providing community involvement and support.

## What does a social outing involve?

Each day out begins with one of our friendly drivers picking you up from your home. Once we have picked everyone up, we head off for our program of activities. This could involve a mix of visiting local attractions, seeing a show, attending a cultural event – along with having a coffee or a bite to eat at a local café or restaurant.

## What to do if you require support?

We aim to accommodate passengers with a certain level of independence. Be aware that our drivers and Passenger Experience Volunteers are not equipped to offer personalised or individualised care. If you require assistance from a caregiver or support person, inform us at the time of booking. If not currently registered, we will gladly assist them in registering with our service.

## Who can access the program?

New consumers aged 65 years+ and First Nations People aged over 50 who have requested transport assistance and group social support with My Aged Care.

## What are the costs?

If you are on a Commonwealth Home Support Package (CHSP), the cost is \$13.10 per person, per trip. For those on a Home Care Package (HCP), the cost is \$35.00 per person, per trip.

**NOTE:** If you are unable to take part in a booked outing, please contact 1800 781 033 to cancel your booking as soon as possible. Your prompt notification allows us to book more of those on our waiting lists into seats made vacant by cancellations.