

# CTST SOCIAL OUTINGS SPRING 2025

**Devonport | East Devonport | Latrobe  
Miandetta | Ambleside**

## **Friday 3 October – Exeter Bakery & @ The Bridge Bridport**

Today we'll enjoy a relaxed morning tea at Exeter Bakery, known for its warm country charm and freshly baked treats. Afterwards, we'll make our way to Bridport for lunch at @ The Bridge, a charming coastal stop offering a variety of dining options in a laid-back seaside setting.

**Activity level:** Light

**Morning tea cost:** \$15–\$30 average

**Lunch cost:** \$20–\$30 average

## **Friday 10 October – Crusty's Bakery & Wynyard Tulip Farm**

Today we're off to enjoy morning tea at Crusty's Bakery in Wivenhoe followed by a scenic drive past the Wynyard Tulip Farm. The festival will officially open on Saturday 11th. Lunch will be at Marley's Cafe in beautiful Stanley, a quaint little cafe full of character.

**Activity level:** Light

**Morning tea cost:** \$10–\$30 average

**Lunch cost:** \$12–\$40 average

## **Friday 17 October – The Hub Cafe & Down Under Cravings**

Today we're starting with morning tea at The Hub Cafe in Westbury, a friendly and welcoming cafe with great coffee and comfy seating. Then we'll head to Down Under Cravings in Launceston for lunch, where you can enjoy a variety of tasty casual dishes in a relaxed, local setting.

**Activity level:** Light

**Morning tea cost:** \$20–\$40 average

**Lunch cost:** \$20–\$40 average

## **Friday 24 October – Wivenhoe & Tullah Lakeside Lodge**

Today we're visiting Wivenhoe for morning tea in a relaxed, country setting before continuing on to Lakeside Lodge at Tullah for lunch. Where you can enjoy hearty fare in a peaceful lakeside atmosphere.

**Activity level:** Light

**Morning tea cost:** Estimated prices are dependent on your choice of venue

**Lunch cost:** \$20–\$45 average



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## Friday 31 October – OP Shopping Launceston

Spend the day exploring Launceston's CBD, starting at Brisbane Street Mall with its mix of boutiques and national brands. Wander through historic laneways and arcades filled with artisan shops and galleries. Visit Launceston Plaza, Prospect Vale, and Riverside Plaza for department stores, specialty retailers, and fresh cafés. Launceston offers a warm, varied shopping experience for gifts, homewares, and treats. Please note this a Medium level activity and may involve some walking

**Activity level:** Medium

**Morning tea/lunch costs:** Estimated prices are dependent on your choice of venue

## Friday 7 November – Emu Valley Rhododendron Garden & Guide Falls

Today we're heading to the beautiful Emu Valley Rhododendron Garden to enjoy the vibrant spring colours. Afterwards, we'll visit Guide Falls, taking in the view from the top platform only for safety. Please note there is a 75 metre walk to the platform. Please note this a Medium level activity and may involve some walking.

**Activity level:** Medium

**Morning tea/lunch costs:** Estimated prices are dependent on your choice of venue

## Friday 14 November – Cressy Rustic Bakery & Campbell Town

We'll start the day with morning tea at Cressy Bakery, a cosy local favourite perfect for a fresh pastry and coffee break. Then we'll continue on to Campbell Town, where you can enjoy a relaxed lunch and explore the town's charming streets and heritage storefronts.

**Activity level:** Light

**Morning tea cost:** \$15–\$30 average

**Lunch cost:** Estimated prices are dependent on your choice of venue

## Friday 21 November – Kaydale Lodge

You and your friends are off to Kaydale Lodge, where you'll enjoy a peaceful escape surrounded by beautiful gardens and tranquil countryside. It's the perfect spot to relax, unwind, and share a lovely meal together.

**Activity level:** Light

**Morning tea cost:** Estimated prices are dependent on your choice of venue

**Lunch cost:** \$20–\$40 average

## Friday 28 November – Frankford & Scottsdale

You and your friends will start the day with morning tea at the Blueberry Barn Café in Frankford, a cosy spot known for its homemade scones and country-style treats. After a relaxing break, you'll head to the Cottage Bakery in Scottsdale for lunch, where you can enjoy freshly baked bread, pies, and pastries made from locally sourced ingredients.

**Activity level:** Light

**Morning tea/lunch costs:** Estimated prices are dependent on your choice of venue

## Friday 5 December – Forth & Cradle Mountain

Start your day with a relaxing morning tea in the charming village of Forth, then continue on to Cradle Mountain for lunch, where you can enjoy a meal surrounded by stunning wilderness and breathtaking views.

**Activity level:** Light

**Morning tea/lunch costs:** Estimated prices are dependent on your choice of venue

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## Friday 12 December – Elizabeth Town & Great Lakes

You and your friends will start the day exploring the charming Elizabeth Town before heading to the scenic Great Lake area for a relaxing lunch surrounded by beautiful natural views.

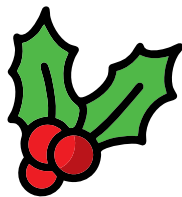
**Activity level:** Light

**Morning tea cost:** Estimated prices are dependent on your choice of venue

**Lunch cost:** \$20–\$40 average

## Friday 19 December – End of Year Christmas Lunch - Launceston Country Club Casino

Join us at the Launceston Country Club Casino for our annual end-of-year festive Christmas lunch. It is a relaxed and elevating venue perfect for celebrating.



### Christmas Lunch Menu

This will be a Christmas themed buffet with an array of options including Christmas Ham, Turkey, Christmas pudding and more.

**Activity level:** Light

**Lunch cost:** \$29.50 per person

## Christmas Lights

We're excited to share that we'll be enjoying Christmas lights again this year! More details will be provided as we get closer to December. Please note this activity is of moderate intensity and will involve frequent stopping.

**Activity level:** Medium

## Plan your own private social outing!

Did you know that you can book your own day trip with CTST? Our team can work with you to put together an itinerary for you and a minimum of 5 others who have a Commonwealth Home Support Package (CHSP) or are part of the Home & Community Care Program (HACC). The cost is \$13.10 per person, per trip just as it is with our scheduled Social Outings, so is an affordable option for a self-led outing with friends.

