

# CTST SOCIAL OUTINGS SPRING 2025

**Kingston | Blackmans Bay**  
**Kingston Beach | Huntingfield**

## **Wednesday 8 October - Lost Freight Cafe & Beachhouse Blackmans Bay**

Perched on kunanyi / Mount Wellington, coffee at Lost Freight Café is a perfect start to the day soaking up fresh mountain air in the warmer months. Then continue on to The Beach House at Blackmans Bay for a relaxed lunch by the water, enjoying the sunshine and coastal views.

**Activity level:** Light

**Morning Tea cost:** \$5-\$10 average

**Lunch cost:** \$20-\$45 average

## **Monday 13 October - Spencers & Constitution Dock**

Begin your day with morning tea at Spencer's Café, a cozy spot on Hobart's eastern shore, known for its relaxed atmosphere and delightful menu. Then we take a scenic drive to Constitution Dock for lunch at Flippers Cooked Seafood, a floating eatery offering freshly cooked takeaway fish and chips. Open seven days a week, it's an ideal spot to savor classic seafood right by the waterfront.

**Activity level:** Light

**Morning Tea cost:** \$20-\$25 average

**Lunch cost:** \$15-\$40 average

## **Wednesday 22 October - BAKED Gluten Free & Zhen Bao Chinese Restaurant**

Begin your day with a relaxed morning tea at BAKED Gluten Free in Moonah. This cozy spot offers a warm atmosphere and a selection of delightful treats to start your day. Then, take a drive to Sorell and have lunch at the Zhen Bao Chinese Restaurant. Enjoy a hearty meal in a welcoming setting, perfect for a springtime outing.

**Activity level:** Light

**Morning Tea cost:** \$10-\$25 average

**Lunch cost:** \$10-\$35 average

## **Monday 27 October - The Cafe The Shop & Dover RSL**

Morning tea at The Café The Shop, a cozy spot located at the Port Huon Post Office, starts our outing. Enjoy their selection of homemade treats and fresh coffee in a relaxed setting. Then, take a scenic drive to Dover RSL Club for lunch. Overlooking Port Esperance Bay, the club offers hearty meals in a welcoming atmosphere, perfect for a springtime outing.

**Activity level:** Light

**Morning Tea cost:** \$10-\$20 average

**Lunch cost:** \$10-\$30 average



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## Wednesday 5 November – Salamanca Arts Centre & Beltana Hotel

Our morning begins with exploring the Salamanca Arts Centre – browsing galleries and studios in the heart of Hobart before enjoying morning tea at one of the nearby cafés. Later, we cross the river to the Beltana Hotel on the Eastern Shore for a relaxed lunch with a mix of classic pub meals and fresh, vibrant flavours.

**Activity level:** Medium

**Morning Tea cost:** Estimated prices are dependent on your choice of venue

**Lunch cost:** \$15–\$40 average

## Monday 10 November – Brighton Bakehouse & Barilla Bay Oyster Farm

We are heading first to morning tea at Brighton's Best Bakehouse, a cozy spot in Brighton offering a variety of baked goods and hot beverages. Afterward, take a scenic drive to Barilla Bay Oyster Farm in Cambridge, where you can enjoy a relaxed lunch featuring fresh Tasmanian oysters and other local seafood, all while overlooking the picturesque Barilla Bay.

**Activity level:** Light

**Morning Tea cost:** \$10–\$30 average

**Lunch cost:** \$20–\$35 average

## Wednesday 19 November – Lēoht Café & Huntington Tavern

Start your day with morning tea at Lēoht Café in Battery Point, a charming spot set in a Georgian cottage, serving fresh seasonal fare and specialty coffee. We then take a scenic drive north to Huntington Tavern in Kempton to enjoy a relaxed lunch and warm country hospitality.

**Activity level:** Light.

**Morning Tea cost:** \$15–\$40 average

**Lunch cost:** \$30–\$40 average

## Monday 24 November – Kettering & Cygnet

Our first destination is Kettering, a peaceful coastal town nestled on the Channel. Then, take a scenic drive to Cygnet for lunch of your choice in the area, enjoying the relaxed atmosphere and local charm of this creative Huon Valley town.

**Activity level:** Light

**Morning Tea/Lunch cost:**

Estimated morning tea and lunch prices are dependent on your choice of venue

## Wednesday 3 December – Saigon Art Cafe & Bothwell

Start your day with morning tea at Saigon Art Café in Glenorchy, a cosy spot known for its warm service and creative flair. Then enjoy a relaxed drive through the countryside to Bothwell, where you can take in the historic charm and peaceful rural setting.

**Activity level:** Light

**Morning Tea cost:** \$10–\$30 average

## Monday 8 December – Last Minute Christmas Shopping

Get your last-minute Christmas shopping sorted at Eastlands Shopping Centre in Rosny Park, home to major retailers like Big W, Kmart, JB HI-FI, and over 90 more specialty stores. Whether you're after gifts, groceries, or festive supplies, Eastlands offers everything you need in one convenient location. You don't have to worry about parking. Seats limited to 8 people per bus.

**Activity level:** Light to medium depending on amount of shopping.

**Morning tea/lunch cost:** estimated prices are dependent on your choice of venues.

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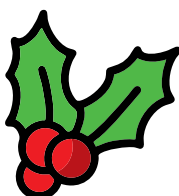
## Monday 15 December – End-of-Year Christmas Lunch at The Grand Hotel

Join us at the Grand Hotel in Huonville for our annual end-of-year festive Christmas lunch. It is a relaxed and elevating venue perfect for celebrating.

### Christmas Lunch Menu

**Main** Christmas Trio of meats  
(Turkey, Chicken & Ham)  
with roast vegetables

**Dessert** Choices of Christmas Pudding or  
Pavlova with Mixed Berries or  
Sticky Date Pudding



**Activity level:** Light

**Lunch cost:** \$35 per person

## Christmas Lights

We're excited to share that we'll be enjoying Christmas lights again this year! More details will be provided as we get closer to December.

**Activity level:** Please note this activity is of moderate intensity and will involve frequent stopping.

## Plan your own private social outing!

Did you know that you can book your own day trip with CTST? Our team can work with you to put together an itinerary for you and a minimum of 5 others who have a Commonwealth Home Support Package (CHSP) or are part of the Home & Community Care Program (HACC). The cost is \$13.10 per person, per trip just as it is with our scheduled Social Outings, so is an affordable option for a self-led outing with friends.

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