





You'll begin with morning tea at Blueberry Barn Café in Frankford, a charming, family-run tearoom nestled in the picturesque Tamar Valley that is known for its homemade country-style food and cakes. For lunch, you are booked at the Lighthouse Hotel in Ulverstone, a central North West coastal spot famous for its bistro dining, which features local Tasmanian seafood and pub favourites.

**Activity level:** Light

Morning Tea cost: \$10-\$30 average Lunch cost: \$20-\$40 average

## **Tuesday 3 February - Bridport & Scottsdale**

You will begin with morning tea in Bridport, a charming seaside village on Anderson Bay with sheltered beaches and great coastal views, with a choice of many cafés. Moving onto Scottsdale, the service hub of North East Tasmania nestled in a beautiful farming area, you will have your choice of numerous restaurants and cafes for lunch.

**Activity level:** Light

**Morning Tea cost:** Consumer choice of venue **Lunch cost:** Consumer choice of venue

# Tuesday 17 February Cressy Rustic Bakehouse & Launceston CBD

You can enjoy morning tea at Cressy Rustic Bakehouse, famous for baking goods in its original 1926 wood-fired oven. For lunch, choose from the diverse, modern, and traditional dining options across the Launceston CBD.

**Activity level:** Light

**Morning Tea cost:** \$15-\$35 average **Lunch cost:** Consumer choice of venue

#### Tuesday 3 March -The Hub Café & Elizabeth Town

You will enjoy a fresh morning tea at Hub Café Westbury, a family-owned establishment known for its great coffee and delicious handmade cakes. Moving onto Elizabeth Town, located in a rich agricultural area famous for its dairy and berry farms, you will have your choice of multiple specialty cafés and restaurants for lunch.

**Activity level:** Light

**Morning Tea cost:** \$20-\$40 average **Lunch cost:** Consumer choice of venue











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#### Tuesday 17 March - Exeter Bakery & Devonport

You will enjoy a tasty morning tea at Exeter Bakery Exeter, a local institution on the West Tamar renowned for its delicious baked goods. For lunch, visit Devonport, a major port city on the Mersey River where you can find plenty of dining options, many with beautiful waterfront or coastal views.

**Activity level:** Light

Morning Tea cost: \$10-\$30 average Lunch cost: Consumer choice of venue

#### Tuesday 31 March - Mumma Buzz Café & Sheffield Hotel

You will enjoy a satisfying morning tea at Mumma Buzz Café Deloraine, known for its homemade pastries, great coffee, and lovely views from the back deck. For a traditional country lunch, you are booked at the Sheffield Hotel Sheffield, a legendary pub known for its hearty country cooking.

**Activity level:** Light

Morning Tea cost: \$10-\$30 average

Lunch cost: \$20-\$40 average

### Plan your own private social outing!

Did you know that you can book your own day trip with CTST? Our team can work with you to put together an itinerary for you and a minimum of 5 others who have a Commonwealth Home Support Package (CHSP) or are part of the Home & Community Care Program (HACC). The cost is \$13.10 per person, per trip just as it is with our scheduled Social Outings, so is an affordable option for a self-led outing with friends.











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