



Monday 19 January -Scamander & Coles Bay

Today you are going to Scamander for morning tea, a coastal town known for its beaches and river mouth. Moving onto Coles Bay, the scenic gateway to Freycinet National Park and the stunning Hazards mountain range. Lunch of your choice in the area.

Activity level: Light

Morning tea cost: Consumer choice of venue

Lunch cost: Consumer choice of venue

Monday 2 February - St Mary's Coach House & Lake Leak Inn

You will enjoy a delicious morning tea at St Marys Coach House St Marys, a popular spot on the main highway through the Fingal Valley known for its great cafe food and homemade pizzas. For a traditional country lunch, you are booked at the Lake Leake Inn Lake Leake, a historic pub located by one of Tasmania's premium trout fishing lakes, famous for its hearty meals and cozy log fires.

Activity level: Light

Morning tea cost: \$10-\$30 average

Lunch cost: \$20-\$40 average

Monday 16 February -Ampol Epping Forest & Carrick Inn

You will stop for morning tea at Ampol Epping Forest, a convenient roadhouse on the Midland Highway known for its barista coffee, hot food, and being truck and caravan friendly. For lunch, you are booked at the Carrick Inn Carrick, a historic 1833 hotel in the heart of the village, which maintains its classic Australian roots and offers a decadent menu with pub classics and innovative specials.

Activity level: Light

Morning tea cost: \$10-\$20 average Lunch cost: \$20-\$40 average

Monday 2 March -Scamander & Bicheno

You will begin your day with morning tea in Scamander, a picturesque coastal town known for its river mouth and long, beautiful beaches. Moving onto Bicheno, a popular seaside resort famous for the Bicheno Blowhole and its stunning turquoise waters, you will have your choice of numerous restaurants and cafes for lunch, many featuring fresh local seafood.

Activity level: Light

Morning tea cost: Consumer choice of venue

Lunch cost: Consumer choice of venue

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Monday 16 March - St Helens & Pub in the Paddock

You will begin your day with morning tea in St Helens, the largest town on Tasmania's East Coast, known for Georges Bay and coastal cafés. For a truly unique country lunch, you are booked at the Pub in the Paddock Pyengana, one of Tasmania's oldest pubs, nestled in a valley and known for its hearty meals and resident beer-drinking pig, Priscilla.

Activity level: Light

Morning tea cost: Consumer choice of venue

Lunch cost: \$20-\$40 average

Monday 30 March - Campbell Town & Launceston CBD

You will begin with morning tea in Campbell Town, a historic midlands town famous for its Georgian architecture and the convict-built Red Bridge. For lunch, you can choose from the diverse, modern, and traditional dining options across the bustling Launceston CBD.

Activity level: Medium

Morning tea cost: Consumer choice of venue **Lunch cost:** Consumer choice of venue

Plan your own private social outing!

Did you know that you can book your own day trip with CTST? Our team can work with you to put together an itinerary for you and a minimum of 5 others who have a Commonwealth Home Support Package (CHSP) or are part of the Home & Community Care Program (HACC). The cost is \$13.10 per person, per trip just as it is with our scheduled Social Outings, so is an affordable option for a self-led outing with friends.











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