

CTST SOCIAL OUTINGS SPRING 2026

Burnie

Thursday 1 October - Mumma Buzz Café (Deloraine)

Catch up with friends over morning tea at Mumma Buzz Café (Deloraine). This is a morning tea only outing, with transport costing just \$5.

Activity level: Light

Morning tea cost: \$10-\$30 average

Friday 2 October - Mackey's Royal Hotel (Latrobe)

Spend the morning at morning tea of the groups choice before we move on to Mackey's Royal Hotel in Latrobe.

Activity level: Light

Morning tea cost: Consumer choice

Lunch cost: \$20-\$45 average

Wednesday 7 October - Spreyton Cider (Spreyton)

Morning tea at the Leaping Goat Coffee, before enjoying lunch with your friends at the Spreyton Cider Co.

Activity level: Light

Morning tea cost: Consumer choice

Lunch cost: \$10-\$35 average

Thursday 8 October - Thirty Three Cups Café (Ulverstone)

Settle in for a friendly morning tea with the group at Thirty Three Cups Café (Ulverstone). This is a morning tea only outing, with transport costing just \$5.

Activity level: Light

Morning tea cost: \$15-\$30 average

Friday 9 October - Elimatta Hotel (Devonport)

Today's outing begins with a stop of the group's choice in Latrobe for morning tea before lunch at Elimatta Hotel (Devonport)

Activity level: Light

Morning tea cost: Consumer choice

Lunch cost: \$20-\$40 average

Wednesday 14 October - Belly's Bar and Grill (Latrobe)

Morning tea of the groups choice before lunch at Belly's Bar & Grill.

Activity level: Light

Morning tea cost: Consumer choice

Lunch cost: \$30-\$60 average



Thursday 15 October - Information Session (Devonport)

Join us to hear from Beyond Blue volunteer, Lindsay, at the CTST Devonport office. Since 2014, Lindsay has shared his experience of living with depression to help others who may be struggling and encourage conversations about mental health.

Activity level: Light

Morning Tea cost: Free event & morning tea

Transport cost: \$5

Friday 16 October - Penguin Country Bakehouse (Penguin) & River Arms Hotel (Ulverstone)

You and your friends are off to Penguin Country Bakehouse (Penguin) for morning tea before heading to River Arms Hotel (Ulverstone) for lunch.

Activity level: Light

Morning tea cost: \$10-\$30 average

Lunch cost: \$20-\$40 average

Wednesday 21 October - Latrobe & Drift Restaurant (Devonport)

Your morning tea destination is Latrobe before the group heads to Drift Restaurant for lunch.

Activity level: Light

Morning tea cost: Consumer choice

Lunch cost: \$15-\$30 average

Thursday 22 October - Waterfront Café (Devonport)

Enjoy a leisurely morning outing with the group, stopping at Waterfront Café for morning tea. This is a morning tea only outing, with transport costing just \$5.

Activity level: Light

Morning tea cost: \$15-\$30 average

Friday 23 October - Banjo's (Latrobe) & Empire Hotel (Deloraine)

A morning tea stop at Banjo's (Latrobe) comes first, followed by lunch at Empire Hotel (Deloraine).

Activity level: Light

Morning tea cost: \$15-\$30 average

Lunch cost: \$15-\$25 average

Wednesday 28 October - Bossimis (Sheffield) Mole Creek Hotel (Mole Creek)

Morning tea will be at Bossimi's in Sheffield before travelling to Mole Creek Hotel for lunch (Mole Creek)

Activity level: Light

Morning tea cost: \$15-\$35 average

Lunch cost: \$20-\$40 average

Thursday 29 October - Information Session (Devonport)

Join us at the CTST Devonport office for an informative talk by Senior Assist. Senior Assist provides free legal advice, help and support to seniors who are experiencing, or are at risk of elder abuse.

Activity level: Light

Morning Tea cost: Free event & morning tea

Transport cost: \$5

Friday 30 October - Seekers Bar & Café (Boat Harbour) & The Bridge Hotel (Smithton)

Enjoy a social morning tea at Seekers Bar (Boat Harbour) before sitting down to lunch at The Bridge Hotel (Smithton).

Activity level: Light

Morning tea cost: \$15-\$30 average

Lunch cost: \$20-\$50 average



Wednesday 4 November - Wynyard & Seekers Bar and Café (Boat Harbour)

Morning tea will be in Wynyard today with Seekers Bar and Cafe (Boat Harbour) as the destination for lunch.

Activity level: Light

Morning tea cost: Consumer choice

Lunch cost: \$15-\$35 average

Thursday 5 November - Sanctuary Corner Café (Shearwater)

Meet up with friends for a friendly morning tea at Sanctuary Corner Café. This is a morning tea only outing, with transport costing just \$5.

Activity level: Light

Morning tea cost: \$10-\$30 average

Friday 6 November - Caffeine Method (Burnie) & Sheffield Hotel (Sheffield)

The group will stop at Caffeine Method (Burnie) for morning tea, with lunch to follow at Sheffield Hotel (Sheffield).

Activity level: Light

Morning tea cost: \$15-\$30 average

Lunch cost: \$20-\$40 average

Wednesday 11 November - Penguin Bakery (Penguin) & Gateway Hotel (Devonport)

Morning tea will be at the Penguin Bakery, then settle in for lunch at Gateway Hotel.

Activity level: Light

Morning tea cost: \$15-\$35 average

Lunch cost: \$20-\$40 average

Thursday 12 November - Beach Hut Café (Ulverstone)

Join your friends for a relaxed morning tea at Beach Hut Café (Ulverstone). This is a morning tea only outing, with transport costing just \$5.

Activity level: Light

Morning tea cost: \$20-\$40 average

Friday 13 November - Thirty Three Cups Café (Ulverstone) & Kaydale Lodge (Nietta)

Today's outing begins with a stop at Thirty Three Cups Café (Ulverstone) for morning tea before lunch at Kaydale Lodge (Nietta).

Activity level: Light

Morning tea cost: \$15-\$30 average

Lunch cost: \$10-\$25 average

Wednesday 18 November - Deloraine Delight (Deloraine) & Op Shopping

Start with a group-selected morning tea in Deloraine before heading into Launceston for a relaxed op-shopping outing.

Activity level: Medium

Morning tea cost: Consumer choice

Thursday 19 November - Windows on Westella (Ulverstone)

Share a relaxed morning tea and some good company at Windows on Westella (Ulverstone). This is a morning tea only outing, with transport costing just \$5.

Activity level: Light

Morning tea cost: \$10-\$35 average

Friday 20 November - Penguin Country Bakehouse & Shearwater Resort and Tavern (Port Sorell)

Start the day with morning tea at Penguin Country Bakehouse (Penguin), then travel to Shearwater Resort and Tavern (Port Sorell) for lunch.

Activity level: Light

Morning tea cost: \$10-\$30 average

Lunch cost: \$20-\$40 average

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Wednesday 25 November - Ulverstone & Belly's Bar and Grill (Latrobe)

Start with morning tea in Ulverstone, then enjoy lunch at Bellys Bar and Grill (Latrobe).

Activity level: Light

Morning tea cost: Consumer choice

Lunch cost: \$30-\$60 average

Thursday 26 November - Bossimis Bakery (Sheffield)

Spend the morning in good company over tea or coffee at Bossimis Bakery (Sheffield). This is a morning tea only outing, with transport costing just \$5.

Activity level: Light

Morning tea cost: \$20-\$40 average

Friday 27 November - Secret Serenity Café (Park Grove) & Tullah Lakeside Lodge (Tullah)

A morning tea stop at Secret Serenity Café (Park Grove) comes first, followed by lunch at Tullah Lakeside Lodge.

Activity level: Light

Morning tea cost: \$20-\$40 average

Lunch cost: \$20-\$45 average

Wednesday 2 December - Wynyard & Lanigan's (Rocky Cape)

Morning tea will be in Wynyard today before lunch at Lanigan's (Rocky Cape).

Activity level: Light

Morning tea cost: Consumer choice

Lunch cost: \$20-\$30 average

Thursday 3 December - Ashgrove Cheese (Elizabeth Town)

Start the day with good company and morning tea at Ashgrove Cheese (Elizabeth Town). This is a morning tea only outing, with transport costing just \$5.

Activity level: Light

Morning tea cost: \$15-\$35 average

Friday 4 December - Seekers Bar and Café (Boat Harbour) & Hurseys Seafood (Stanley)

Enjoy a social morning tea at Seekers Bar and Café (Boat Harbour) before sitting down to lunch at Hurseys Seafood (Stanley)

Activity level: Light

Morning tea cost: \$15-\$35 average

Lunch cost: \$30-\$60 average

Wednesday 9 December - Penguin and Top of the Town (Burnie)

Morning tea at the Penguin Bakery before heading to the Top Of the Town (Burnie) for lunch.

Activity level: Light

Morning tea cost: \$10-\$30 average

Lunch cost: \$20-\$45 average

Thursday 10 December - Trend Shed (Port Sorell)

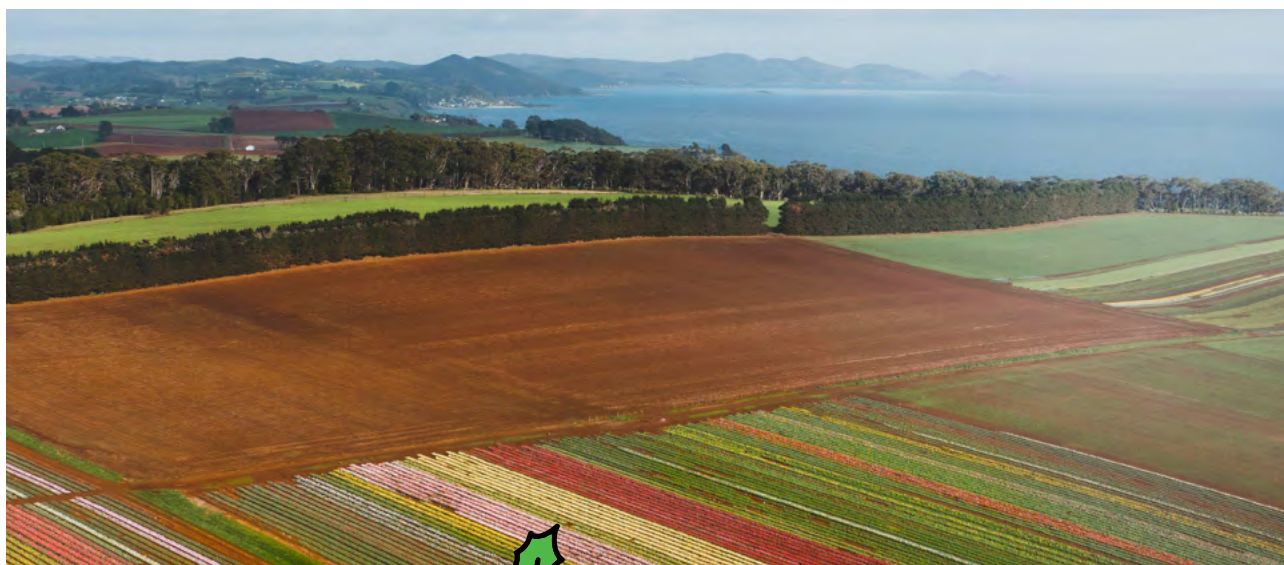
Enjoy an easy-going morning with friends and a stop at Trend Shed for morning tea. This is a morning tea only outing, with transport costing just \$5.

Activity level: Light

Morning tea cost: \$10-\$30 average

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Friday 11 December **OR** Wednesday 16 December - Devonport Country Club

Join us for a festive Christmas lunch at the Devonport Country Club. Book now as seating is limited. This is a set menu \$40 per person.

Christmas Lunch Menu

Main Roast Turkey Breast and Honey Glazed Ham with Sage and Onion Stuffing – Served with Roast Vegetables, Minted Peas, Pan Gravy and Cranberry Sauce.

Dessert Steamed Christmas Pudding with Vanilla Custard and Ice Cream.

Note: Alterations can be made by the venue for those with dietary requirements. Venue payment not required on the day, CTST will invoice you the \$40 separately. Drinks not included.

Activity level: Light

Morning tea cost: Consumer choice

Lunch cost: \$40 per person

Thursday 17 December - Oliver's Bakery and Café (Ulverstone)

Enjoy a leisurely morning outing with the group, stopping at Oliver's Bakery and Café for morning tea. This is a morning tea only outing, with transport costing just \$5.

Activity level: Light

Morning tea cost: \$10–\$30 average

Wednesday 23 December - Christmas Lights Evening Outing

Christmas Lights Evening Outing 8:30pm pickups. Wraps up around 11:00pm. Please provide your expression of interest early. Seats will be limited.

Activity level: Medium

Outing transport cost: \$5

Plan your own private social outing!

Did you know that you can book your own day trip with CTST? Our team can work with you to put together an itinerary for you and a minimum of 5 others who have a Commonwealth Home Support Package (CHSP) or are part of the Home & Community Care Program (HACC). The cost is \$13.50 per person, per trip just as it is with our scheduled Social Outings, so is an affordable option for a self-led outing with friends.

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