

CTST SOCIAL OUTINGS SPRING 2026



Kingston

Thursday 1 October - Information Session (Glenorchy)

Join us for an informative talk at the CTST Glenorchy office, presented by Senior Assist. Senior Assist provides free legal advice, help and support to seniors who are experiencing, or are at risk of elder abuse..

Activity level: Light

Morning Tea cost: Free event & morning tea

Transport cost: \$5

Monday 5 October - York Hotel (Granton)

Morning tea is yours to choose today, followed by a leisurely lunch at the York Hotel.

Activity level: Light

Morning Tea cost: Consumer choice

Lunch cost: \$20-\$40 average

Thursday 8 October - Information Session (Glenorchy)

Join us at the CTST office to hear from Beyond Blue volunteer, Katherine. Katherine is passionate about challenging the misconception that people experiencing mental health conditions aren't also capable, talented contributors to society.

Activity level: Light

Morning Tea cost: Free event & morning tea

Transport cost: \$5

Wednesday 14 October - Zhen Bao Chinese Restaurant (Sorell)

You will have the freedom to choose your morning tea stop before continuing to Zhen Bao Chinese Restaurant for lunch.

Activity level: Light

Morning Tea cost: Consumer choice

Lunch cost: \$20-\$40 average

Monday 19 October - Grape Food and Wine Bar (Hobart)

Enjoy a social morning tea selected by the group before making your way to Grape Food and Wine Bar in Hobart for lunch.

Activity level: Light

Morning Tea cost: Consumer choice

Lunch cost: \$20-\$40 average

Wednesday 28 October - Star and Garter Hotel (New Norfolk)

Choose a favourite spot for morning tea, then settle in for lunch at the Star and Garter Hotel in New Norfolk.

Activity level: Light

Morning Tea cost: Consumer choice

Lunch cost: \$20-\$40 average



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Monday 2 November - Salamanca Arts Centre (Battery Point)

As a group you will choose somewhere for morning tea, then visit Salamanca Arts Centre in Battery Point and enjoy lunch nearby.

Activity level: Medium

Morning Tea cost: Consumer choice

Lunch cost: Consumer choice

Wednesday 11 November - Beltana Hotel (Lindisfarne)

Begin the day with morning tea somewhere the group selects, then enjoy lunch at the Beltana Hotel in Lindisfarne.

Activity level: Light

Morning Tea cost: Consumer choice

Lunch cost: \$20–\$40 average

Thursday 12 November - Spencer's (Lindisfarne)

Enjoy a change of scenery and morning tea at Spencer's in Lindisfarne. This is a morning tea only outing, with transport costing just \$5.

Activity level: Light

Morning Tea cost: \$20–\$25 average

Monday 16 November - Dover RSL

Your outing starts with the group's choice of morning tea venue and continues with lunch at Dover RSL.

Activity level: Light

Morning Tea cost: Consumer choice

Lunch cost: \$20–\$40 average

Wednesday 25 November - Castle Hotel (Bothwell)

Enjoy a social morning tea selected by the group before making your way to the Castle Hotel in Bothwell for lunch.

Activity level: Light

Morning Tea cost: Consumer choice

Lunch cost: \$20–\$40 average

Thursday 26 November - Information Session (Glenorchy)

Join us at the CTST Glenorchy office for an Online Safety and Scams information session presented by Tech Yeah. Learn to recognise scams and feel more comfortable online.

Activity level: Light

Morning Tea cost: Free event & morning tea

Transport cost: \$5

Monday 30 November - Oatlands

Your day starts with a group-chosen morning tea before you explore historic Oatlands and enjoy lunch in town.

Activity level: Medium

Morning Tea cost: Consumer choice

Lunch cost: Consumer choice

Wednesday 9 December - Constitution Dock (Hobart)

Start with morning tea at a venue chosen by the group, then take in the waterfront at Constitution Dock in Hobart and enjoy lunch nearby.

Activity level: Medium

Morning Tea cost: Consumer choice

Lunch cost: Consumer choice

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Transport

Monday 14 December **OR** Wednesday 16 December - Forcett Lakes Golf Club



Join us for a festive Christmas lunch at the Forcett Lakes Golf Club. Book now as seating is limited. This is a set menu \$40 per person.

Christmas Lunch Menu

Main Roast Turkey, Ham and Pork with Roasted Vegetables

Dessert Christmas Pudding or Pavlova

Note: Alterations can be made by the venue for those with dietary requirements. Venue payment not required on the day, CTST will invoice you the \$40 separately. Drinks not included.

Activity level: Light

Morning Tea cost: Consumer choice

Lunch cost: \$40 per person

Monday 21 December - Christmas Lights Evening Outing

Christmas Lights Evening Outing 8:30pm pickups. Wraps up around 11:00pm. Please provide your expression of interest early. Seats will be limited.

Activity level: Medium

Outing transport cost: \$5

Plan your own private social outing!

Did you know that you can book your own day trip with CTST? Our team can work with you to put together an itinerary for you and a minimum of 5 others who have a Commonwealth Home Support Package (CHSP) or are part of the Home & Community Care Program (HACC). The cost is \$13.50 per person, per trip just as it is with our scheduled Social Outings, so is an affordable option for a self-led outing with friends.

