

# WEEKLY NEWSLETTER

## TYLDEN PRIMARY SCHOOL

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Term 1 Week 7

Friday 13th Mar 2026

### IMPORTANT DATES

#### MARCH

##### Wed 11th—Thur 19th

Naplan Testing Yr 3&5

##### Saturday 14th

Working Bee (2)

##### Thursday 19th

German Incursion

##### Saturday 21st

School Fair 10am-3pm

##### Tuesday 31st

Junior Excursion

#### APRIL

##### Thursday 2nd

Last day of term 1

Final assembly at 1.45pm

Early dismissal 2.30pm

##### Monday 20th

Start of term 2

#### MAY

##### Wed 13th-Fri 15th

Gr6 Urban City Camp

##### Thursday 21st

School Photos

### Principal's Message

Dear parents and carers,

There is only one week until our school fair. **Please** add your name to the roster to help on the day. **We need every family to help** and there are still some gaps waiting for volunteers.

Spend some time this coming week making mystery jars, inviting all friends and relatives to come along, making curries, cakes, sell raffle tickets, bringing in your good quality items for the Trash & Treasure and book stalls, sending in your class hamper donations or anything else you can think of that will add to the success of the day. There is information in the newsletter again this week that will give details of what is needed.

Preparations for the fair will start after school on Friday afternoon. If you are available to assist we would appreciate your help. Children are welcome but must be supervised.

The grade 3 & 5 students have nearly completed their NAPLAN testing. It has been very pleasing to see them approaching the tests calmly and with confidence. The testing will be completed early next week with any catch-up sessions being held throughout next week. We were lucky enough to only be slightly affected by the NAPLAN technical issue with the national assessment platform on Tuesday. This has resulted in a couple of our Grade 5 students having to complete their writing test next week.

It was wonderful to see so many of our school community come out to support our Whole School Cross Country and Junior Walk last Wednesday morning. The sun was shining and so were our students. A big congratulations to everyone who ran and / or walked the course. We have several students who have progressed to the next round of Cross Country that will be held at Hanging Rock on the 5<sup>th</sup> of May. More information will be communicated to these students and their families.

Next Thursday, the Grade 1-6 students will be participating in a German Incursion. This will be a fun event for the students, where they will get to explore some science experiments and further develop their German language!

There will be no assembly this coming Friday due to fair preparations. Assembly will resume the following week at 3pm in the Big Shed.

Have a happy time preparing for our upcoming fair and a great weekend

Bree Sliwczynski

Principal

[breeana.sliwczynski@education.vic.gov.au](mailto:breeana.sliwczynski@education.vic.gov.au)

### STUDENTS OF THE WEEK



Leonardo

Rupert

Annabelle F

Hunter

Owen M

Rosalie



Pictured: L-R Back Lilia, Riley, Will & Xavier Front: Ollie & Annabelle

## STUDENTS OF THE WEEK

**Annabelle F**– For demonstrating the school value of ‘Personal Best’! You read the class sentence so clearly. Well done!

**Riley A**—Riley you are working hard and showing the others how to be a Tylden Kid. Well done on a great start.

**Lilia**-For showing resilience and persistence when completing coordinate challenges in maths. Well done and keep up the great work.

**Will S**– For being a fantastic role model and leader in ‘Breakfast Club’. You have really stepped up and taken on the responsibility. Keep it up!

**Xavier**– For always being such a positive class presence and always putting in your personal best! Keep up the amazing work!

**Ollie**– You frequently ask questions during show and tell which shows you are working on your speaking and listening skills. Keep up the great work!

## HEAD LICE

Head lice infection has been reported this week. If your child seems to be scratching his/her head or complaining about feeling itchy, then a thorough check is warranted!

Please check your children’s hair carefully and treat them if necessary. Head lice are spread easily, so it is important to act immediately they are discovered. Remember that a second treatment after 7 days is essential.

Head lice are annoying, but their spread can be minimised if every family is vigilant about checking for them and thorough when treating an infection. Please make sure long hair is tied back off their face as this helps minimise the spread.

**It is important to advise the school if headlice are detected. Thank you for your cooperation with this matter.**

## HARMONY DAY

Next week, we celebrate Harmony Day (week) between Monday 16th - Sunday 22nd March. Harmony Day is the celebration that recognises our diversity and brings together Australians from all different backgrounds. It’s about inclusiveness, respect, and a sense of belonging for everyone. Students will be discussing Harmony Day in their classrooms and participating in different activities on Friday. Wear a splash of orange on Friday to celebrate this important week / day. This could include an orange ribbon, socks, hat etc. Thank you to Sarah Hughes for organising this.

## WORKING BEE TOMORROW 14-3-26 9am-11am

We will be focusing on the grounds, getting them ready for the fair Please bring along Wheelbarrows, rakes, shovels, whipper snipper and if someone has a ride on mower and would like to mow that would be great! We have a list of rostered families, however if you would like to join us we would appreciate your support. Please also remember to bring **gloves, a hat, and a drink bottle.**

The school will provide **morning tea** for everyone. Kids are welcome but must be supervised.

**The following families are down to assist at the working bee tomorrow: Aldridge (E&R), Butcher, Carmichael, Fidler, Gibbs, Hildreth, Johnson, Lowe, Mattocks, McCashney, Monaghan, Neal, O’Brien, Ormerod, Robins, Sherrard**

## ERROR (Fair Rides)

In the document that was sent home yesterday regarding all things fair. It was noted the wristband includes, but it doesn't.

**DOES NOT INCLUDE: Crazy hair, Tie dye t-shirts, Craft & Activities, Mystery Jars or Face Painting**

WRISTBAND: For all ages (including preschooler)

**\$35.00** if purchased by 5PM ON 20/3/26 OR **\$30.00** each for 3 or more for the same school family

**\$40.00** on the day (fill out the form later in this newsletter)  
**Pre-purchased wristbands will be available for collection on fair day at the ticket booth.**

TICKETS ARE NON REFUNDABLE

**WRISTBAND INCLUDES: Ninja Warrior, Rockwall, Camels, Junior Jumping Castle, Chair O Plane, Petting Farm, Reptile Show & Trackless Train**

## VISITING AUTHOR



We were lucky enough to have a visit from Kyneton author and Illustrator Rebecca Mignone from Kyneton. This is her first written piece as an author called ‘Spaghetti’.

Rebecca told us its ‘a bold, vibrant children's picture book celebrating Spaghetti and all the wonderful, unique, funny, wacky and sometimes strange ways we can celebrate this Italian dish. A book for all ages!’ **Rebecca is pictured with two of our student leaders Harper & Freya**

### OUR 2026 LEADERS



Vice Captain Julian, Captains Lewis & Heidi & Vice Captain Freya



Wellbeing Leaders: Eliza & Haylee



House Captains: Ryan, Harper, Lachlan, Hugo, Oscar & Willow



JSC: Emelia, Evan, Archie, Ethan, Tom, George, Ella & Annabelle



Breakfast Club: Manny, Miles, Will, Tyler & Jasper

### IN THE KITCHEN LAST WEEK



Tomatoes are in season and we made the most of this and we made a Tomato, Onion and Basil Tart today. We also made the very colourful and nutritious Rainbow Power salad and to finish off, fresh fruit skewers.



## ANNUAL SCHOOL FAIR 21-3-26

Families, we are now a week out from our annual fair and we are still approximately **25 volunteers** short for helping out on our various stalls. We particularly need support in the afternoon. We need the support of every family in our school to make this day a success, so if you can give some time, please write your name on the board in the office or call into the office. If you are pledging food or any other goods such as a curry, bringing a cake or jams, etc. please fill out the slip in the handout drop in to the office to fill out a pledge ASAP, so we know what we're working with.

### VOLUNTEERS STILL REQUIRED : CURRY-SPUD CO-ORDINATOR

- **BBQ**  
2 Volunteers 11am-2pm  
1 Volunteers 12-3pm
- **Crafts & kids activities**  
1 volunteer 9-12  
2 volunteers 12-3pm
- **Sell hotdogs, noodle salad & ice cream**  
1 volunteer 9-12
- **Ticket booth**  
1 Volunteer 11-2
- **Trash & Treasure**  
2 Volunteers 8.30-12pm
- **Sell Raffle tickets**  
2 Volunteers 12-2.30pm
- **Devonshire Tea**  
8 Volunteers various time  
2hour shift
- **Curry & Baked Spuds**  
2 volunteers for the kitchen

### Trash and Treasure Books

Items can taken to the 'Big Shed' at 8.45am-9.30am & 3pm-3.45pm Monday-Friday.

All items are to be in good clean condition.

## YES

- Clothes/Shoes
- Crockery & Homeware
- Bric a Brac
- Sporting Goods
- Toys & Games
- Books & Magazines

Makes sure the are in good clean condition.

## NO

- Electrical Items
- Old cookware
- Knives
- Furniture
- Bike helmets
- Car seats or Prams
- Inappropriate books and DVD's

### ITEMS OR GOODS FOR THE FAIR

Please send to school now:

**Mystery Jars, Craft items, Silent Auction items, Class hamper items**

**The week leading up to the fair: (16th-20th March)**

Trash & Treasure, Books, Rice cookers, Slow cookers, Marquees and Trestle Tables

Friday 20th or Saturday the morning of the fair: Cakes, slices etc, Curries, plants

**Raffle tickets & Wristbands:**

Raffle tickets: Paper raffle tickets-anytime until 10am 21/3/26, Online raffle tickets close Friday 5pm 20/3/26

Wristbands: Can be purchased anytime for \$35 each, 3 siblings at school \$30 by Friday 5pm 20/3/26 or \$40 on the day

## **Top 10 Healthy Sleep Habits for Children & Teens**

From the American Academy of Sleep Medicine

Sleep is an important part of a healthy lifestyle. It helps you feel, think and perform your best. So it is critical for you to get a good night of sleep every night. These Top 10 healthy sleep habits will help you fall asleep faster and sleep well.

1. Only use your bed for sleeping.
2. Avoid drinking caffeine in the afternoon and at night.
3. Avoid taking naps in the late afternoon or in the evening.
4. Avoid large meals right before bedtime.
5. Dim household lights at night and let in plenty of sunlight in the morning.
6. Create a healthy sleep environment in your bedroom with:
  - ↳ Dim lighting
  - ↳ A comfortable temperature
  - ↳ Soothing sounds
  - ↳ No TV or computer
7. Turn off all of these items at least 30 minutes before your bedtime:
  - ↳ Computer
  - ↳ TV
  - ↳ Movies and videos
  - ↳ Video games
  - ↳ Cell phone
8. Develop a bedtime routine that helps you relax by:
  - ↳ Eating a healthy snack or light dessert
  - ↳ Brushing your teeth
  - ↳ Taking a warm bath or shower
  - ↳ Reading
  - ↳ Listening to relaxing music
9. Go to bed at or near the same time every night, even on weekends.
10. Discuss any ongoing sleep problems with your parent or doctor.

COMMUNITY NEWS



## DOMESTIC BASKETBALL

**JUNIOR BASKETBALL – PLAYERS WANTED!**

THE MACEDON RANGES BASKETBALL ASSOCIATION IS WELCOMING NEW AND RETURNING PLAYERS TO OUR JUNIOR DOMESTIC MID-WEEK COMPETITION.

WE'RE CURRENTLY LOOKING FOR PLAYERS IN:  
 GIRLS (MONDAYS) UNDER 10-14 FROM 5:00PM  
 BOYS (TUESDAYS) UNDER 10 AT 4:30PM  
 BOYS (TUESDAYS) UNDER 12 & 14 FROM 5:00PM

LOCAL VENUES:  
 MACEDON RANGES SPORTS PRECINCT & WILLOWBANK PRIMARY SCHOOL  
 MRBA HAS PROUDLY SUPPORTED BASKETBALL IN OUR COMMUNITY FOR 40+ YEARS AND IS AFFILIATED WITH BASKETBALL VICTORIA AND BASKETBALL AUSTRALIA.

WE ALSO OFFER:

- ✓ AUSSIE HOOPS BEGINNER PROGRAM
- ✓ SATURDAY SKILLS SESSIONS
- ✓ VIBL REPRESENTATIVE TEAMS
- ✓ SENIOR COMPETITIONS

✦ COME AND START YOUR BASKETBALL JOURNEY WITH US!

Register at  
[www.playhq.com/basketball-victoria/register/9adae9](http://www.playhq.com/basketball-victoria/register/9adae9)  
 email: [domestic@mrba.org.au](mailto:domestic@mrba.org.au)




"Celebrating 150 years in 2026"

### SCHOOL HOLIDAY ACTIVITY

The Kyneton Croquet Club will be holding **'COME AND TRY SESSIONS'** for students at the following times:  
 Thursday 9<sup>th</sup> April 10 am – 11.30 am  
 Wednesday 15<sup>th</sup> April 10am – 11.30 am

Sessions are aimed at students from grade 3 – 12. Participants will learn the basic skills required for croquet through game based activities. The session will conclude with a game of croquet.

Cost is \$5 per student. Younger students may wish to be accompanied by an adult who is welcome to participate for free. Limited refreshments available to purchase. All helpers hold current WWC certification.

For further information or to book, please contact Jenny: 0414371262 or [kynetoncroquetclub@gmail.com](mailto:kynetoncroquetclub@gmail.com).

# Learn Karate

Where: The Mechanics Trentham

When: Tuesday and Thursday

Beginners and kids class (under 12yo)

6:00pm – 7:00pm

Teens and Adults

6:45pm – 8:15pm

Contact: Mark Stephens – 0427945245

To register visit [www.junseikan.com.au](http://www.junseikan.com.au)



**日本伝拳法剛柔流順晴館**

NIPPON DEN KEMPO GOJU RYU JUNSEIKAN INTERNATIONAL

For ages 6 years and older  
 Families Welcome!

- Confidence & self-defence
- Fitness, strength & flexibility
- Discipline, focus & community



COMMUNITY NEWS



**ALL GIRLS GROUPS AVAILABLE**

**nab AFL Auskick**

**GOOD CLEAN FUN**

**PLAY.AFL/AUSKICK**

**WOODEND AUSKICK CENTRE**

Buffalo Sports Stadium Oval, Woodend

SATURDAYS 9:30-10:30

Starts 2nd May 2026




**Let Them Eat Cake Club**

Presented by Mort&Pestle



**A \$50 quarterly subscription box for the home baker.**

**More Information:**  
5427 4500  
hello@pestle.com.au



**JUNIOR INDOOR CRICKET**

**U12 • U14 • U16 6-A-SIDE COMPETITION**

**TERM 2 & TERM 3**  
**MONDAY NIGHTS**  
**\$265 PER PLAYER - NO WEEKLY PAYMENTS**

**REGISTER NOW**



**Bendigo Major League**

1-3 Waterson Court, Golden Square VIC 3555  
(03) 5447 1077 | 0428 471 077

bendigomajorleague.com.au  
admin@bendigomajorleague.com.au

**Help us raise \$7,000 for Cancer Research with Box Rallies**

**Running on Empathy**  
Steven Walker & Breeana Sliwczynski are fundraising for the Cancer Council



Shitbox Rally 2026 Autumn is not a race, rather a challenge to achieve the unthinkable... To drive cars worth just \$1,500 across Australia via some of its most formidable roads, all in the name of charity



**Why we are rallying**

We're thrilled to announce that we're taking part in Shitbox Rally 2026 - Autumn! We'll be hitting the road in our \$1,500-or-less Shitbox, driving from Port Douglas to Melbourne on an unforgettable 7-day adventure. It's not just about the drive—it's about making a real difference in the fight against cancer.

Every participating team is required to raise a minimum of \$5,000. Every dollar raised goes directly to Cancer Council and helps fund vital cancer research, which is why we're doing everything we can to hit our goal. Your support, whether big or small, will have a real impact.

Scan the QR code to donate




SCHOOL'S  
**OUT!**

# HOP INTO AUTUMN



## AT SCHOOLSOUT! TYLDEN

 MONDAY 6 APRIL <b>EASTER MONDAY CLOSED</b>	 TUESDAY 7 APRIL <b>EASTER EXCITEMENT</b> Egg Hunt Easter Crafts Easter Bonnets	 WEDNESDAY 8 APRIL <b>PLAY IN THE PARK</b> Visiting our local Tylden Park for ENDLESS FUN!	 THURSDAY 9 APRIL <b>MARIO MOVIE MANIA</b> The Super Mario Bros at Reading Cinemas Senburg	 FRIDAY 10 APRIL <b>2000S THROWBACK</b> Step into the 'olden day' & wear your best early 2000s outfit
 MONDAY 13 APRIL <b>DIY MAKERS</b> What can you make using some SPECIAL resources?	 TUESDAY 14 APRIL <b>SENSORY SCIENCE SPECTACULAR</b> Step into the natural world and make potions, slime and MORE	 WEDNESDAY 15 APRIL <b>FEAR FACTOR</b> Will you make it through the challenges today...?	 THURSDAY 16 APRIL <b>SPORTS STARS</b> Incursion with a local football club!	 FRIDAY 17 APRIL <b>CIRCUS SHOWDOWN</b> Bring out your inner clown, acrobat or silliness!

**BOOKINGS OPEN 2ND MARCH**

**[schoolsout.net.au](http://schoolsout.net.au)**

**1300 329 106**



## EASY BUTTER CHICKEN

### Ingredients:

- 2 tablespoons oil
- 50g butter
- 1 medium onion
- 1 small can of tomato paste
- 1 ¼ cups tomato puree (pasata)
- 1 cup heavy cream (can substitute coconut cream)
- 1 teaspoon fresh ginger (minced or grated)
- 2-3 cloves finely minced garlic
- 1.6kg boneless, skinless chicken thighs
- 2 teaspoons garam masala
- 1 teaspoon chilli powder
- 3 teaspoon ground coriander
- 2 teaspoon ground fennel
- 3 teaspoon cumin 1 teaspoon salt
- ¼ teaspoon black pepper

### Method:

1. Heat a large skillet or medium saucepan over medium to high heat. Add oil, butter and onions and cook onions down until lightly golden (3-4 minutes)
2. Add spices, garlic and ginger - cook for 20 seconds
3. Add the chicken, tomato paste, tomato puree. Cook for 5-6 minutes or until everything is cooked through.
4. Add the heavy cream, salt and pepper and simmer for 8-10 minutes stirring occasionally.

## BEEF KORMA WITH POTATO

### Ingredients: (serves 6)

- 1.5 kg beef, cut into 4cm chunks
- 2 tbs oil
- 2 onions, sliced
- 3 garlic cloves, chopped
- 5cm piece of ginger, peeled and chopped
- 1 tsp ground cumin
- 1 tsp ground nutmeg
- 1 tsp ground cinnamon
- 1 tsp garam masala
- 1/2 tsp red chilli powder 3 bay leaves
- 2 dried red chillies
- 2/3 cup MASSEL chicken stock
- 1 cup thick Greek style yogurt
- 250 grams sour cream
- 500 g potatoes, peeled and cut into 3 cm pieces

### Method

1. Preheat the oven to 160 degrees. Season the beef with salt.
2. Heat oil in a casserole dish over medium heat. Cook batches of beef until browned all over, then remove from pan.
3. Reduce heat to medium, add onion and cook, stirring, for 3-4 minutes until softened.
4. Add garlic and ginger and cook for another minute. Add spices. Bay leaves and chillies and cook for another 30 seconds. Add yogurt, stock and sour cream then stir to combine.
5. Return beef to the casserole dish, season with salt and pepper and bring to a simmer over medium heat.
6. Cover surface with baking paper cut to size, then pop on a lid and place in an oven for 2 hours or until the meat is tender.
7. Meanwhile, place potatoes in a saucepan of salted water, boil for 12-15 minutes until tender, then drain.
8. Add potatoes to the curry and stir to combine.

## RED LENTIL, TOMATO & PUMPKIN

### Ingredients: (serves 6)

- 450 g pumpkin or sweet potato
- 6 medium tomatoes
- 500g dried red lentils
- 3cm knob ginger
- 3 garlic cloves
- 2 red chillies
- 3 tablespoons olive oil
- 3 litres MASSEL vegetable stock
- 1 1/2 teaspoon garam masala
- 300 ml tomato puree
- 1 1/2 teaspoon sugar
- Salt to taste

### Method:

1. Dice pumpkin or sweet potato into 3cm squares. Chop tomatoes roughly and finely chop the ginger, chillies and garlic.
2. Rinse and drain the lentils.
3. Add olive oil to a large saucepan over medium heat. Add ginger and garlic and fry until aromatic, then add lentils, chilli and garam masala and stir through to coat.
4. Add 2 1/2 litres of stock, bring to boil and simmer for 30 minutes or until the lentils have broken down.
5. Add remaining stock if the lentils become too thick.
6. Add fresh tomatoes and tomato puree and simmer for a further 15 minutes
7. Add sugar, stir to combine, then taste for seasoning and add salt if required.