

# WEEKLY NEWSLETTER

## TYLDEN PRIMARY SCHOOL

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Term 3 Week 3

Fri 31st July 2026

### IMPORTANT DATES

#### AUGUST

##### Thursday 13th

Science week activity

##### Friday 14th

Interschool Athletics

##### Friday 21st

Book week Dress Up Parade

##### Friday 28th

#### SCHOOL CONCERT

##### Monday 31st

Curriculum Day

#### SEPTEMBER

##### Saturday 5th

Working Bee (3)

##### Sunday 13th

Kyneton Daffodil Parade

##### Mon 14th-Wed 16th

Gr4/5 Lady Northcote

### Principal's Message

Dear parents and carers,

As many of you would have noticed, winter certainly reminded us it has arrived this week! With some very chilly mornings across Tylden, our students have shown great resilience, arriving at school rugged up and ready to learn. While the temperatures have been low, the enthusiasm and excitement around our school have certainly kept spirits high this week.

It has been another busy and memorable week of learning, with our Prep students celebrating the wonderful milestone of **100 Days of School**. The celebrations provided a fantastic opportunity for students to reflect on how much they have grown and learned throughout their first 100 days of school.

As part of their learning, our Prep students took a walk through our local township to discover what Tylden may have looked like 100 years ago, exploring the history of our community and making connections between the past and present. It was wonderful to see the incredible effort students made in dressing up as children from 100 years ago. The costumes were creative, authentic and added so much fun to the day.

The celebrations continued with a fascinating incursion where students explored old-fashioned toys and games, gaining an appreciation for how children entertained themselves before the technology we know today. There were plenty of smiles, curiosity and excitement as students experienced a glimpse into childhood from generations past.

On Wednesday, our Grade 3/4 students travelled to the Melbourne Zoo for an engaging day of learning. Despite the cold and wintry weather, students embraced every opportunity to explore the exhibits, learn about wildlife and conservation, and enjoy the many experiences the zoo has to offer. They represented our school with pride and should be congratulated on their excellent behaviour throughout the excursion.

A huge thank you to our staff and families for helping make these experiences possible. Opportunities such as these enrich our students' learning and create lasting memories that extend well beyond the classroom.

Another friendly reminder that with the colder weather continuing, please ensure your child comes to school each day with a warm, clearly named jacket. Being dressed appropriately for the weather helps students stay comfortable and enjoy outdoor learning and play throughout the day. If you're looking for an extra layer, don't forget that our very own Tylden Primary School beanies are available for purchase from the school office. They are a great way to keep warm while showing school pride!

Have a wonderful weekend.

Bree Sliwczynski

Principal

[breeana.sliwczynski@education.vic.gov.au](mailto:breeana.sliwczynski@education.vic.gov.au)

### STUDENTS OF THE WEEK



Ivy P

Jasper

Archie M

Johnnie

Ollie

Elizabeth

Georgia

Sadie



Pictured: L-R Back Roy, Isla, Harper, Abby Front: Byron & Odessa

## SCHOOL CONCERT 'ALICE IN WONDERLAND'

### Dear Parents and Caregivers,

As we prepare for our school concert on **Friday 28 August**, I would like to provide you with information about the costume requirements for your child's performance. Please refer to the costume list below.

When sourcing clothes/costumes, please ensure that **no singlet tops or crop tops are worn**. All students are required to wear **runners/sneakers** for their dance performance to ensure they can participate safely and comfortably.

Thank you for your continued support. I am grateful for the opportunity to work with your child and look forward to sharing their talents and hard work with you at the concert.

If you have any questions regarding costumes or the concert, please do not hesitate to contact me.

Warm regards,

**Louise Farrelly (Performing Arts Teacher)**

### Class Costumes

#### **Grade Prep –**

Zoo animals - costume provided by the school, dark coloured pants and top to be worn to the theatre.

**Year 1/2 C** – Party clothes, bright colours

**Year 1/2 S** – Sparkly or bright disco clothes

**Year 3/4** – Pink and or purple top (no logos), black pants

**Year 4/5** – Mismatched clothing (odd socks etc), messy or crazy hair

**Year 6** – Character costumes

### Concert ticketing information

Our Annual Concert will be held at **Sacred Heart College Kyneton – Mary Moloney Theatre** on **Friday 28 August** at 7pm. Door will open at 6.30pm.

Each family will be allocated **three (3) tickets**. There is **no cost** for tickets, and seating is **unallocated**.

**Ticket bookings are essential** -We will send out the information and link early next week.

In addition to this we will be holding a Matinee performance at 11.30am on Friday 28th August. (No early birds) This will be a great opportunity for other family members and friends to see the concert. You will need to keep in mind, that the Matinee will double up as a whole school run through before the actual concert night, so please be patient! We will also be filming the concert in the evening, so families will have the opportunity to purchase a copy.

Bookings close at **4:00 pm on Wednesday 26 August**. No bookings or tickets will be available on the night.

If additional tickets become available after bookings close, they will be offered to **Grade 6 families** in the first instance.

This is strictly a non alcohol event and if you have any questions, please contact the school office.

### Concert raffle

Each year, we hold a raffle at our Annual Concert featuring a wonderful selection of hampers, gift packs, and other prizes generously donated by our school families. We would greatly appreciate any donations of non-perishable goods, gift items, or vouchers. Donations can be dropped off at the school office at your convenience.

Thank you for your generosity and continued support. Your contributions help make our Annual Concert a memorable experience for all of our students.

All funds raised from the raffle help support our concert by contributing to the cost of buses for rehearsal, subsidising the professional filming of the concert, and assisting with the hire of our choreographer.

**On the night we ask for a gold coin donation and raffle tickets will be available for \$2 each or 3 for \$5.00**



## CELEBRATING 100 DAYS OF PREP

### What a fantastic day we had celebrating 100 Days of Prep!

Part of 100 days celebration the children walked around the local area to visit some of the historic building in Tylden. The Old Post office near the park, the Uniting Church and the Old Junction Hotel, all building are over 100 years old.

We were thrilled to welcome our very special visitor, Rae Good from the Goldfields Library. Rae shared a wonderful collection of old toys and school supplies from years gone by, giving us a fascinating glimpse into the past. She even taught us some traditional games using a simple piece of string, which everyone loved learning.

Throughout the day, we counted to 100 in lots of fun and creative ways before enjoying some delicious cupcakes to mark the occasion. Well done to all of our Prep superstars on reaching this exciting milestone! You all looked fantastic in your olden days outfits. We are so proud of everything you have achieved in your first 100 days of school.





## STUDENTS OF THE WEEK

**Isla**– You have been working hard on your reading and it is really showing. You are also putting in a lot of effort to be organised and speak kindly to others. Keep up the brilliant work!

**Odessa**– For demonstrating amazing focus and desire to continually improve in your writing and maths! Keep up the brilliant work.

**Roy**– Having a brilliant week this week! You have put in your best effort in your learning and consistently shown our school values. Well done!

**Abby**–Well done on working hard. You are curious, hardworking and you put your best into all areas of your classwork. Well done!

**Harper B**–For putting in a tremendous effort during Spelling Mastery. Your hard work is shining through in your writing keep it up!

**Byron**– For your consistent hard work and positive attitude. You have kicked term 3 off in a fantastic fashion. Well done!

## STEPHANIE ALEXANDER KITCHEN GARDEN

Over the last two week the students made their own spaghetti. They used the pasta machines to churn out amazing spaghetti and made a bolognese sauce and accompanied it with a green salad. It was delish!



## FROM THE OFFICE

**Grade 4/5 Camp** Forms were sent home today. Could we have all paper work back at school by the 3rd September. If your child needs to take medication whilst on camp, please collect a Medication Authority form from the office.

**School statements**– Last week I sent home school statements and Building & Library contribution receipts. Please check your child's bag if you have not received them and call in to the office if you have queries.

**Lost Property** Has your child misplaced something at school? It's worth checking our Lost Property box, as we currently have a large collection of jumpers, jackets, lunch containers and drink bottles waiting to be reunited with their owners. Please remember to **label all clothing, lunch boxes and drink bottles** with your child's name. Clearly labelled items can be returned quickly and easily.

**Second-Hand Uniform Donations** Our second-hand uniform rack is running very low. If you have any clean, good-quality uniform items your family no longer needs, we would greatly appreciate your donation. Thank you for helping support other families in our school community.



## GR 3/4 VISIT TO THE ZOO





## WELLBEING FOR LEARNING

This year at Tylden Primary School students in grades 1-6 are using the survey program Wellbeing for Learning. The program monitors and supports student mental and emotional health through short weekly surveys which measure general wellbeing, safety, resilience, and belonging at both school and home. The data collected enables us to measure, track and support students by identifying areas of focus in student wellbeing



Last term's data showed students in years 3-6 reporting issues with their sleep health. In response to this, this term classroom teachers will be covering sleep hygiene during weekly wellbeing sessions – addressing why we need sleep, how much we need, and what can be done to ensure we get the best sleep possible. There is also some information on sleep health and hygiene below that you may find helpful.

### **Creating a Healthy Sleep Environment**

You can help your child build healthy sleep habits by providing a calm and comfortable sleep space to make it easier for them to relax and drift off.

Tips for creating a good sleep environment:

- Keep your child's room quiet, comfortable, and dark to help them fall asleep. A night light should have a dim, warm glow (red or orange) which is less likely to disrupt Melatonin, the natural hormone that helps them sleep.
- Watch the room temperature - most children sleep best between 20°C and 22°C.
- Use other rooms for play and screen time so your child sees their bedroom as a place for rest.

### **How Much Sleep Does My Child Need?**

As a guide:

- Children aged three to six years old need 10 to 12 hours
- Children aged seven to 12 years old need 10 to 11 hours.

### **Sleep Hygiene**

Sleep hygiene means building healthy habits and setting up a calm space to help your child sleep well. If your child struggles to fall asleep or stay asleep, improving their sleep hygiene can make a difference.

### **Sleep Hygiene Tips**

#### **Follow a regular bedtime routine**

A calm routine before bed helps your child wind down and signals that it's almost time for sleep. Things like a bath, brushing teeth or reading a book can all help.

#### **Stick to a sleep schedule**

Try to keep bedtime and wake-up times roughly the same every day, even on weekends. This helps set your child's internal body clock.

#### **Turn off screens before bed**

Switch off TVs, phones, tablets, and gaming devices at least one hour before bedtime. Screens give off blue light which blocks the sleep hormone Melatonin.

#### **Avoid caffeine**

Caffeine keeps the brain and body alert, affecting your child's sleep. Stop caffeine at least 4–6 hours before bedtime.

#### **Encourage daily physical activity**

Daily movement is good for your child's body, mind, and sleep. Being active helps them fall asleep more easily and stay asleep longer. But avoid intense activity right before bed.

#### **Offer a balanced diet**

Healthy meals and snacks support good sleep. Try to finish dinner a few hours before bedtime. Heavy meals too close to sleep can affect digestion and rest.

#### **Get natural light during the day**

Spending time in natural light during the day helps keep your child's body clock in balance. This makes them feel more awake and focused in the daytime and helps their body know when it's time to rest at night.

#### **Reassure your child**

Some children feel anxious at bedtime. Reassure them that they're safe, you're nearby, and the house is secure. Avoid scary games or shows before bed.

For more information and helpful tips visit:

The Royal Children's Hospital Melbourne

[https://www.rch.org.au/kidsinfo/fact\\_sheets/Bedtime\\_problems/](https://www.rch.org.au/kidsinfo/fact_sheets/Bedtime_problems/)

The Sydney Children's Hospitals Network

<https://www.schn.health.nsw.gov.au/kids-health-hub/healthy-sleep-children/creating-healthy-sleep-environment>

PLEASE NOTE

THE GENERAL STORE NO LONGER SUPPLIES DONUTS & MUFFINS &  
HOT DOGS HAVE INCREASED TO \$4.90

Subway-Wednesday, Sushi Thursday, General Store-Friday

**2026 LUNCH ORDER OPTIONS**

(please note as some of the prices have changes)

**TYLDEN GENERAL STORE— FRIDAY ONLY**

PLACE YOUR ORDER IN AN APPROPRIATE SIZE BIG OR BROWN PAPER BAG, NAME, ROOM & CASH ONLY,

PLACE BAG IN THE TUBS NEAR THE OFFICE

Sandwiches/Rolls—\$6.00

Ham & Cheese or Chicken, Cheese & Mayo

Pie—4n20—\$5.50

Pie— Mrs Mac—\$5.50

Mrs Mac Sausage Roll—\$4.90

Hot Dog —\$4.90 (sauce or cheese available)

Pizza Single—\$4.90

Chicken Nuggets \$1.00

30c for extra sauce

Snacks

YoYo biscuit, Smartie Cookie, Florentine \$3.50

Packet chips 45g—\$2.50

Zooper Dooper—\$1.50

Icy pole—\$3.00

Drinks

Nippy's milk—Strawberry, Chocolate,  
Banana—\$4.00

Cool Ridge plain water—\$3.00

Mt Franklin sparkling water \$3.50

Pop Tops

Apple, Apple & Black Currant \$3.00

**SUPER SUSHI—THURSDAY LUNCH Orders**

Payment online using Flexischools by 9.30am on the day or cash to the office the day before by 4pm

**VEGETARIAN: Avocado, Tofu, Seaweed, Mixed Veg—\$4.00**

**FISH: Tuna, Tuna—Avocado, Tuna-Cucumber, Fresh Salmon—\$4.50**

**CHICKEN—Crispy Chicken, Chicken-Avocado, Teriyaki Chicken,  
Sweet Chilli Chicken - ALL \$4.50**

**HOT FOOD OPTION AVAILAIBLE ONLINE**

**\*All options are GF\***

**SUBWAY—WEDNESDAY (orders in no later than 9.30am)**

**SUPER SUSHI —THURSDAY (orders in no later than 9.30am)**

**Orders and payment online using Flexischools**

**Download the Flexischools App from the Apple or Google stores.**

**You can also signup through the Flexischools website [flexischools.com.au](https://flexischools.com.au)**



PRESENTS

# Comedy *for a* Cause

[COMEDYFORACAUSE.NET/EVENT/LH26](https://COMEDYFORACAUSE.NET/EVENT/LH26)

LYONVILLE HALL

SATURDAY, 01 AUGUST, 2026

DOORS: 6:30PM / SHOW: 7PM / 18+

ADULT GENERAL ADMISSION: \$30

PROCEEDS GO TO: LYONVILLE TOWNSHIP PROJECTS

