

2025 IMPACT REPORT





A MESSAGE FROM OUR CEO

Adele Paterson

This year has been one of both challenge and change for International Health Partners. While demand for essential medical products has continued to rise, resources, supply chains and funding have become more constrained. For our partners, the patients we serve and our staff, the world has become more complex.

Against this backdrop, IHP's role has never been more important. Throughout the year, we have focused on strengthening what makes IHP distinctive: our ability to act as The Bridge. We have made decisions, invested resource, deepened partnerships and sharpened our strategic focus to continue delivering what far too many people affected by crises and conflict still lack — access to healthcare.

Our impact this year is not only measured in volumes delivered, but also in strengthened relationships and the renewed focus on what we need to keep on working. While these inputs can't be counted, we are clear that without them we can't operate.

As global health challenges grow more complex, the need for credible, expert intermediaries increases. Looking back on 2025, I see that we have journeyed a difficult path well. Through this year's strategic review and organisational reshaping, we have also laid the foundations for a stronger Bridge as we move into 2026.

Thank you for your support and partnership this year.





International Health Partners (IHP) is a global health NGO based in the UK. We support people in some of the world's most challenging places to get the medicines they need, by coordinating the safe and responsible donation of long-dated medical products from the healthcare industry.

Working with our strong network of global healthcare, NGO and logistics partners we procure, pack and send shipments of treatments to help vulnerable people around the world.

OUR VISION

We want to see a world where all suffering due to a lack of healthcare is eradicated.





OUR MISSION

We serve those in need by providing donated healthcare products that are long-dated and of the best quality.

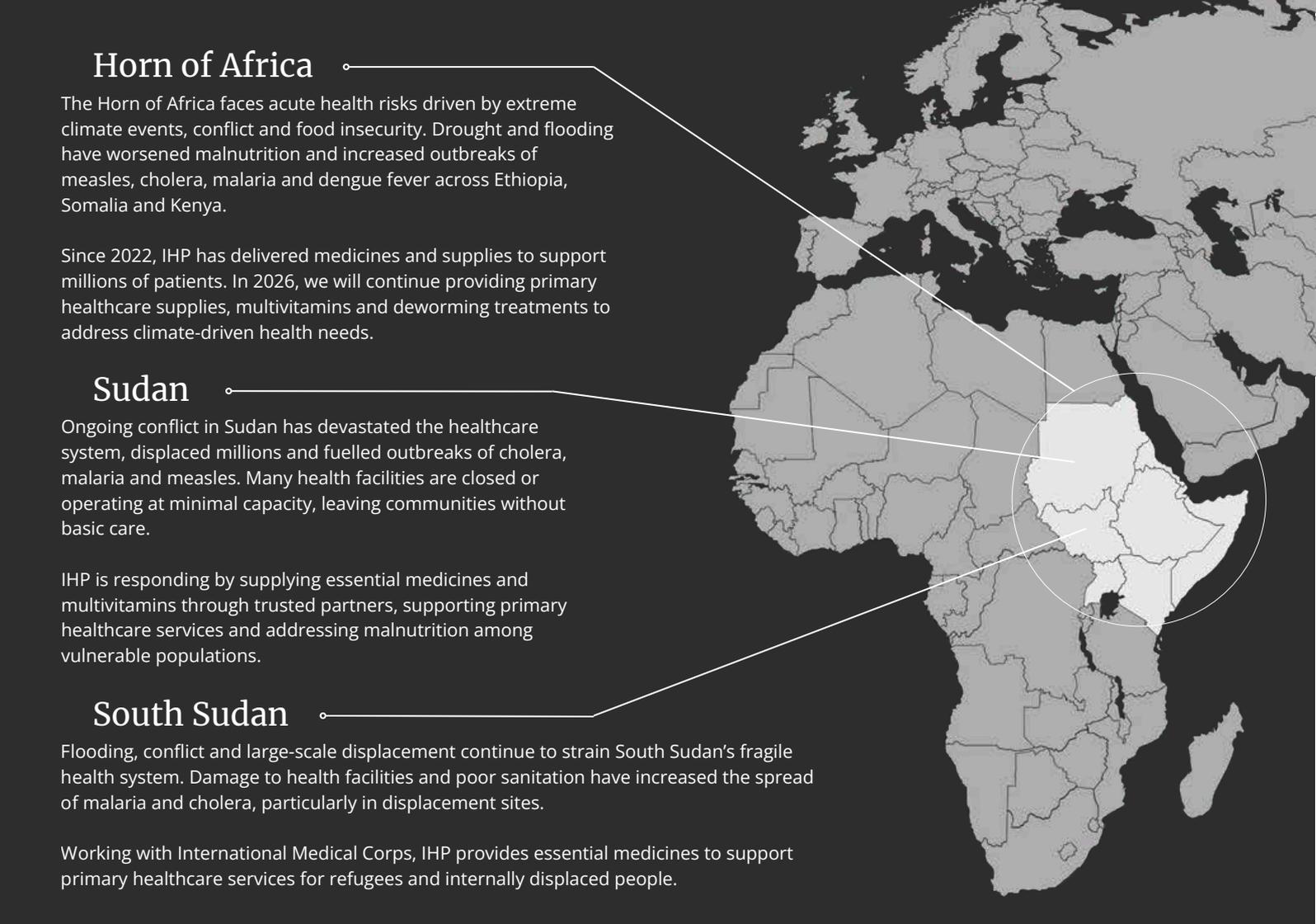


HEALTH CRISES WATCHLIST

Following a year of escalating political uncertainty, conflict, climate shocks and mass displacement, many of the world's most vulnerable communities enter 2026 facing ongoing health crises, with limited capacity to manage them.

These are some of the most significant global health situations we are monitoring and responding to this year.

Horn of Africa



The Horn of Africa faces acute health risks driven by extreme climate events, conflict and food insecurity. Drought and flooding have worsened malnutrition and increased outbreaks of measles, cholera, malaria and dengue fever across Ethiopia, Somalia and Kenya.

Since 2022, IHP has delivered medicines and supplies to support millions of patients. In 2026, we will continue providing primary healthcare supplies, multivitamins and deworming treatments to address climate-driven health needs.

Sudan

Ongoing conflict in Sudan has devastated the healthcare system, displaced millions and fuelled outbreaks of cholera, malaria and measles. Many health facilities are closed or operating at minimal capacity, leaving communities without basic care.

IHP is responding by supplying essential medicines and multivitamins through trusted partners, supporting primary healthcare services and addressing malnutrition among vulnerable populations.

South Sudan

Flooding, conflict and large-scale displacement continue to strain South Sudan's fragile health system. Damage to health facilities and poor sanitation have increased the spread of malaria and cholera, particularly in displacement sites.

Working with International Medical Corps, IHP provides essential medicines to support primary healthcare services for refugees and internally displaced people.

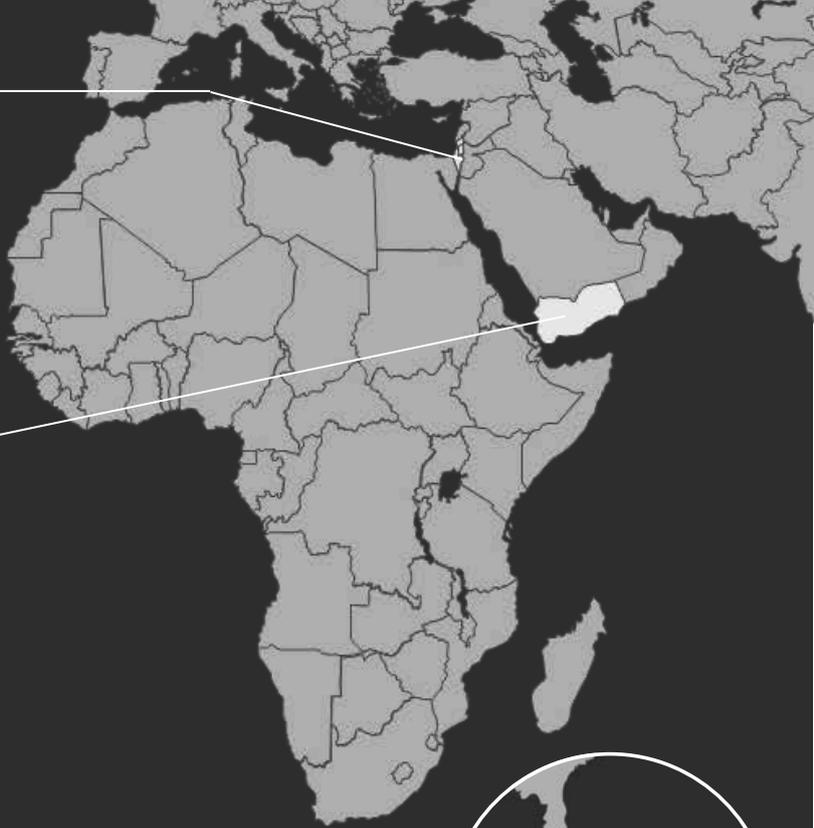
Gaza and the West Bank



Despite reduced hostilities, health needs across Gaza and the West Bank remain critical. Damaged infrastructure, supply shortages and access restrictions continue to limit care for trauma, chronic illness and routine health needs.

IHP works with partners including Anera, Project HOPE and International Medical Corps to supply essential medicines and support primary healthcare services.

Yemen



After more than a decade of conflict, Yemen's health system remains near collapse. Widespread facility closures, disease outbreaks and malnutrition continue to place children and mothers at severe risk.

While IHP is not currently active in Yemen, we have extensive experience delivering healthcare to the region in previous years. We remain open to exploring opportunities to support partners with essential medicines as access and delivery routes allow.

Haiti



Escalating violence and political instability have severely disrupted Haiti's health services. Hospital closures, staff shortages and supply disruptions have reduced access to care, while trauma injuries and food insecurity continue to rise.

IHP is preparing to support Haiti's health system with wound care and trauma supplies working with partners, including Hope International Development Agency, to reach communities amid ongoing insecurity.

WE BRIDGE



THE GAP

Between pharmaceutical innovation and frontline need -
we make connections possible.

Where medicines risk going unused and needs go unmet -
we bring expertise, trust and action.

When healthcare products fail to reach the people who need them, International Health Partners (IHP) bridges the gap.

We connect the healthcare industry with trusted in-country partners to turn shared intent into real access. This role is active and expert-led. It requires deep technical knowledge, strong relationships and robust systems to manage risk, complexity and accountability.



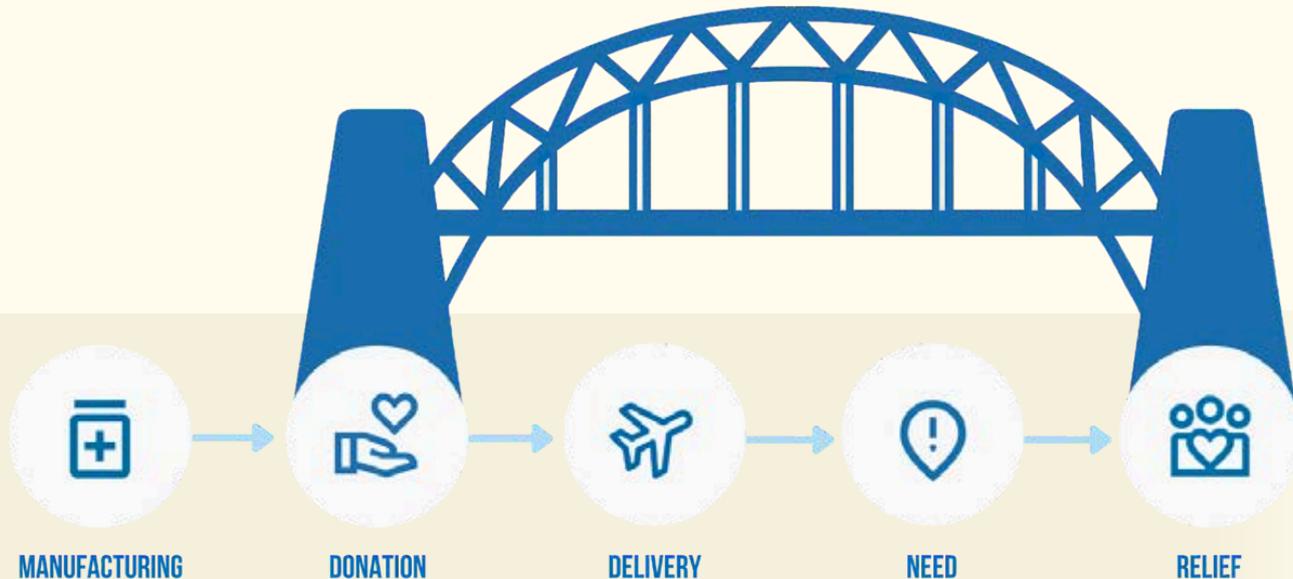
By working at the point where supply meets need, IHP's role as **The Bridge** converts good intentions into life-changing impact.

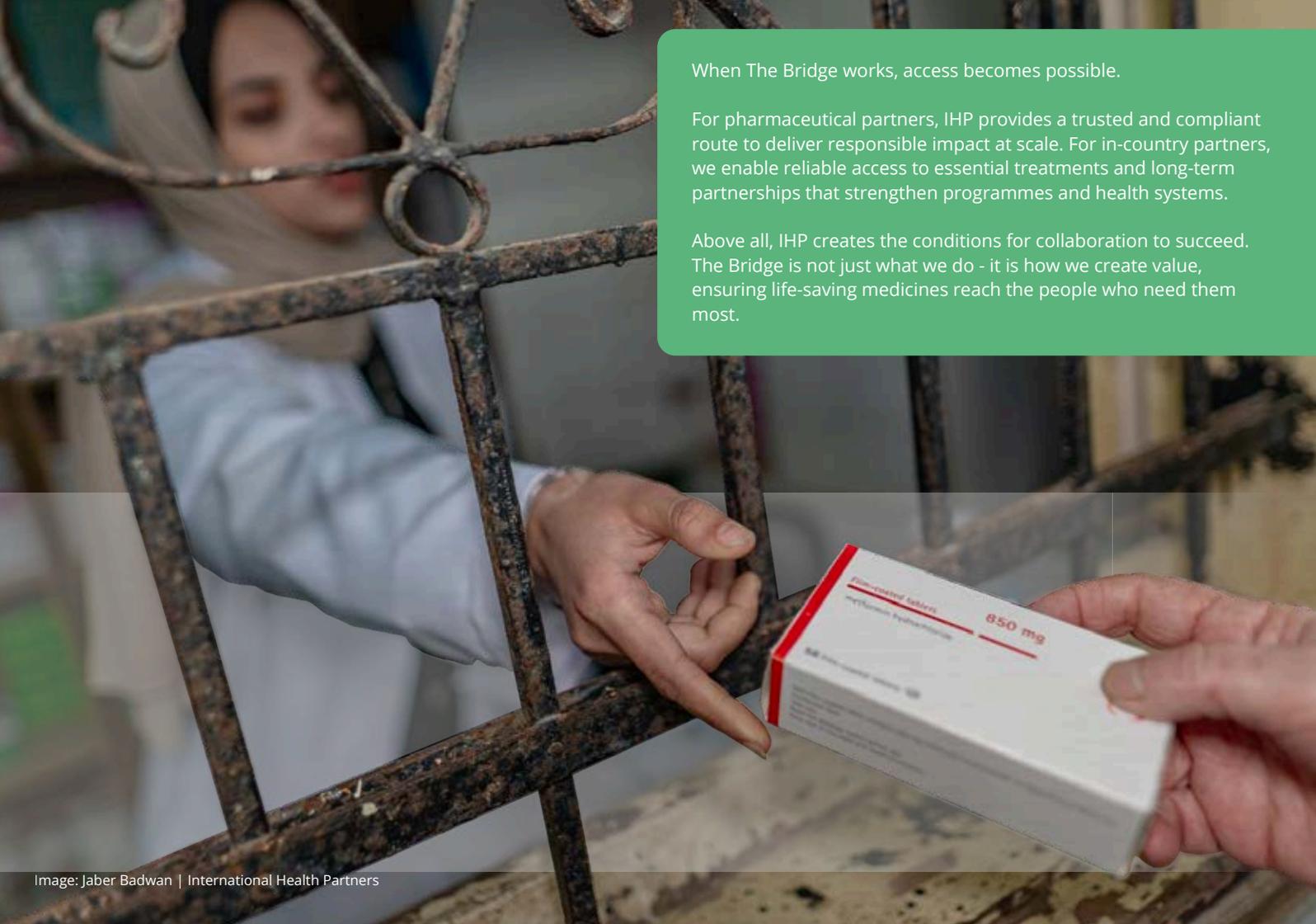


Medical donations are complex. As a neutral expert intermediary, IHP ensures every donation is appropriate, safe, compliant and effective.

We manage the full process - from assessing health needs and product suitability to regulatory compliance, logistics, documentation and coordination with local partners. Every donation is quality-assured, responsibly managed and fully traceable.

By absorbing risk and complexity, IHP enables partners to focus on what they do best. Medicines and healthcare products move with clarity and confidence—from manufacturer to patient—maximising their impact.





When The Bridge works, access becomes possible.

For pharmaceutical partners, IHP provides a trusted and compliant route to deliver responsible impact at scale. For in-country partners, we enable reliable access to essential treatments and long-term partnerships that strengthen programmes and health systems.

Above all, IHP creates the conditions for collaboration to succeed. The Bridge is not just what we do - it is how we create value, ensuring life-saving medicines reach the people who need them most.



2025 IN NUMBERS

OVER
 3
MILLION
PATIENTS
SUPPORTED

539

PALLET
SHIPPED

70

SHIPMENTS
SENT

83,463

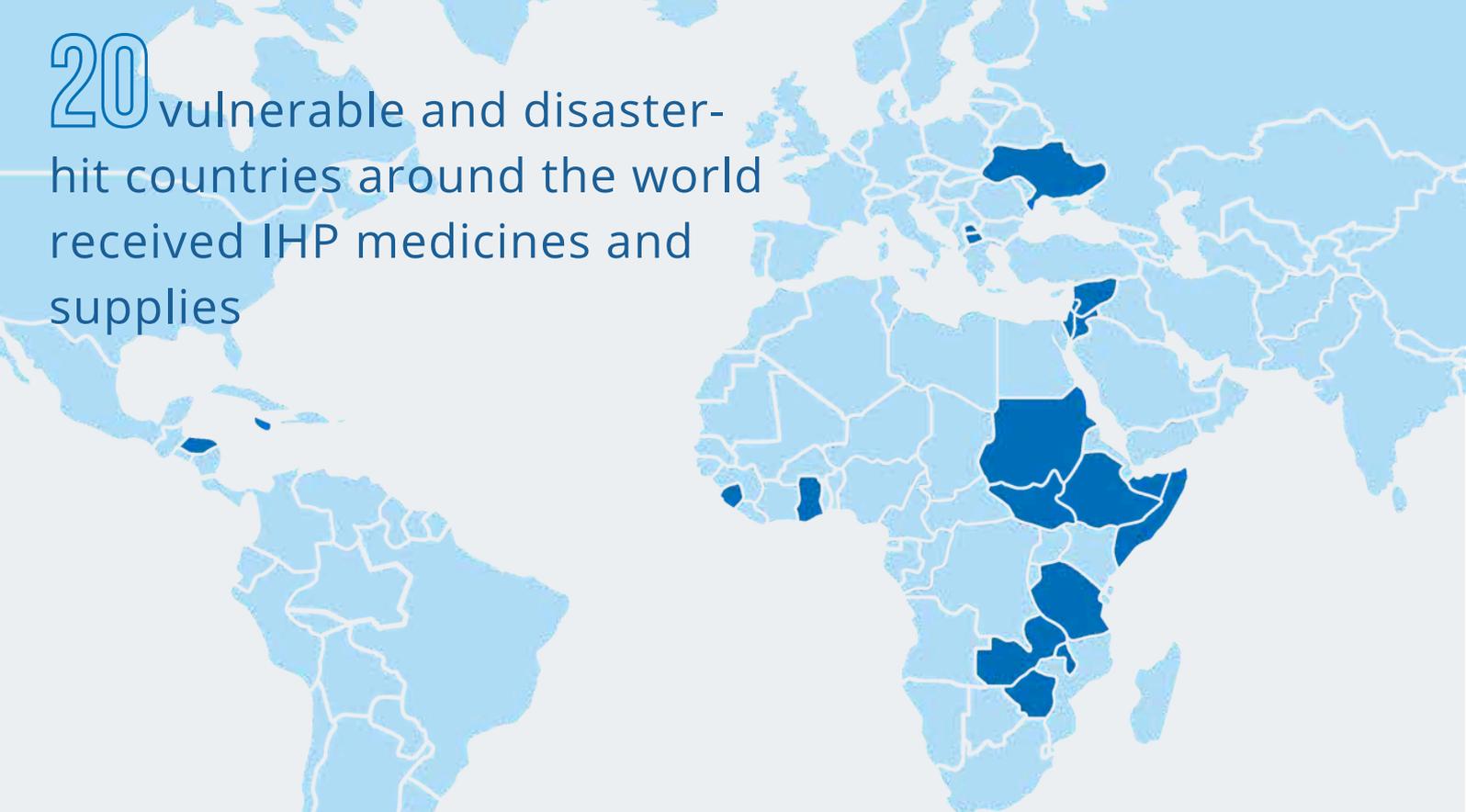
KG
OF PRODUCT
SHIPPED

£16.8
MILLION

VALUE OF
SHIPMENTS
SENT

OVER
1.2
MILLION
UNITS
SHIPPED

20 vulnerable and disaster-hit countries around the world received IHP medicines and supplies



 NON-COMMUNICABLE DISEASES

 PRIMARY HEALTHCARE

 CHILDHOOD AND ADULT CANCER

 INFECTION CONTROL

 EMERGENCY HEALTHCARE

 SEXUAL AND REPRODUCTIVE HEALTH

 INFECTIOUS DISEASES

 MATERNAL HEALTH

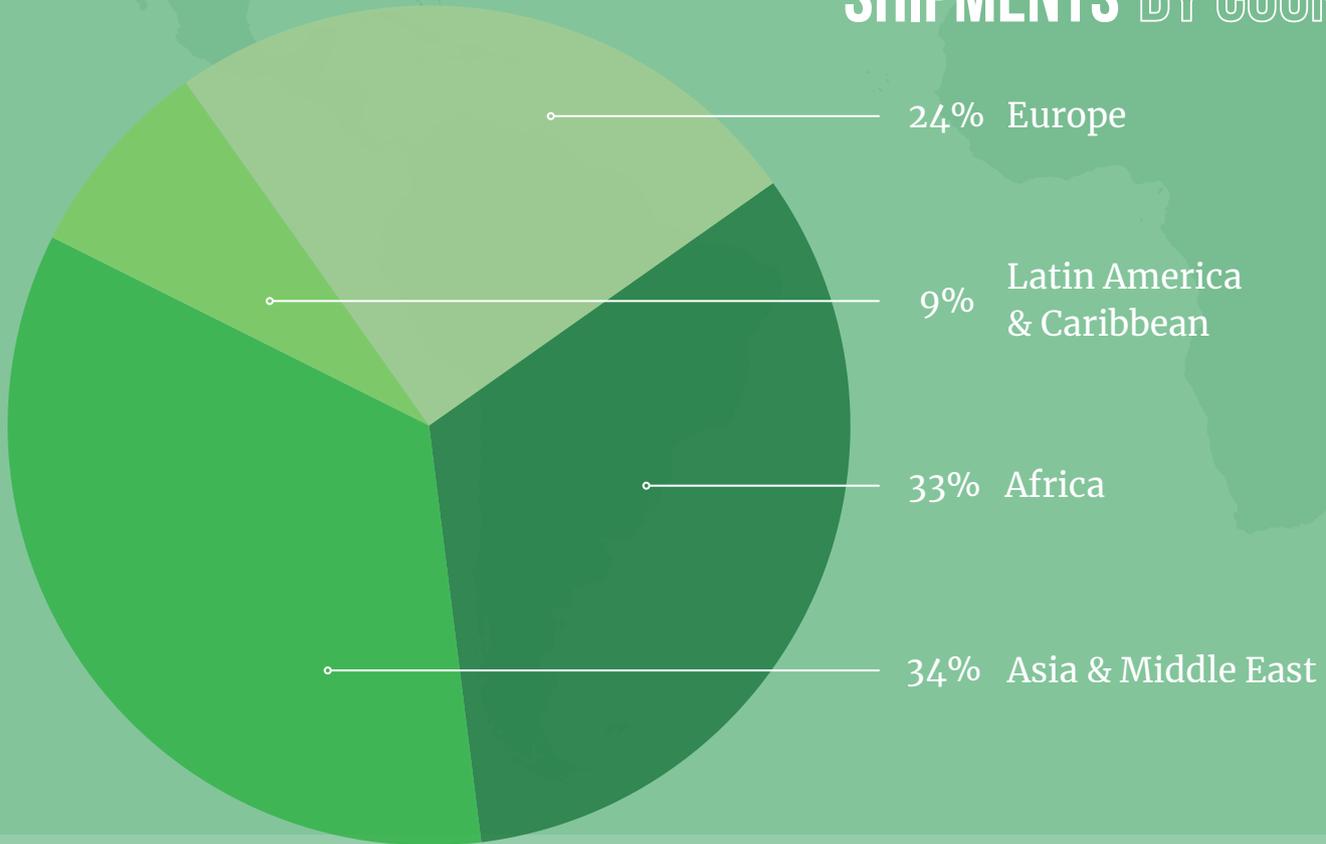
 DEWORMING

 CHILD HEALTH

 MENTAL HEALTH AND PSYCHOSOCIAL SUPPORT

 NEGLECTED TROPICAL DISEASES

SHIPMENTS BY COUNTRY



Europe

- Kosovo
- North Macedonia
- Ukraine

Latin America & Caribbean

- Honduras

Jamaica

Africa

- Ethiopia
- Ghana
- Malawi

- Sierra Leone
- Somalia
- Somaliland
- South Sudan
- Sudan

- Tanzania
- Zambia
- Zimbabwe

Asia & Middle East

- Jordan

- Lebanon
- Occupied Palestinian Territories
- Syria

NON-COMMUNICABLE DISEASES

Non-communicable diseases (NCDs) are typically long-term chronic conditions that are influenced by both external and genetic factors. These include diseases such as cancer, diabetes, asthma and hypertension.

NCDs disproportionately affect low- and middle-income countries, where limited access to medication and unaffordable long-term treatment increase the risk of health complications and mortality for the millions who live with these conditions.

Image: International Medical Corps



Image: Jaber Badwan | International Health Partners



113,421

patients
helped



14

countries
supported



£2.2m

worth of
medicines
donated



DISASTER RESPONSE

IHP was founded in the aftermath of a disaster in 2004 and we continue to respond when disaster strikes, ready to meet the greatest health needs across the world. Disaster response remains central to our work at IHP.

2025 saw both an escalation and onset of multiple disasters in a number of contexts. Alongside loss of life, life-changing injury and illness, we saw healthcare services overwhelmed, infrastructure destroyed and an intense and increased demand for medical assistance. We know that during disasters there is an exacerbation of existing health issues. 2025 underscored the critical need to strengthen, support and in some cases, rebuild health systems.



Image: Alloga



Image: Jaber Badwan | International Health Partners



827,756

patients
helped



7

disaster
responses

- Sudan
- Gaza
- Lebanon
- Syria
- Ukraine
- West Bank
- Jamaica

GAZA

After two years of relentless bombardments and immense suffering the agreed ceasefire, signed on 9th October 2025, provided a ray of hope for the people in Gaza, the West Bank and the wider Middle East. However, peace remains fragile and a long road to recovery is anticipated.

The humanitarian situation in Gaza is catastrophic. There is widespread malnutrition, mass displacement, the collapse of essential services and outbreaks of disease. After months of blockades, medical needs across Gaza remain immense and far more aid is urgently required. Respiratory infections, acute diarrhoea and skin infections are the most common illnesses. Hospitals, clinics and humanitarian organisations continue to face regular restrictions on the entry of essential medicines, medical supplies and equipment into Gaza. No hospital in the Gaza Strip is fully functional, while 50% remain only partially functional.

The need for essential medicines is urgent; pharmacies are running low on supplies as the need continues to grow. IHP is working to bridge this gap in Gaza and the Occupied Palestinian Territories. Through our Essential Health Packs, clinics and pharmacies across Gaza are equipped with vital medicines, enabling healthcare providers to maintain treatment for chronic conditions such as diabetes and hypertension and ensure antibiotics are available to treat infections before they become life-threatening.



50% of hospitals only partially functional



837 attacks against healthcare in Gaza since October 2023



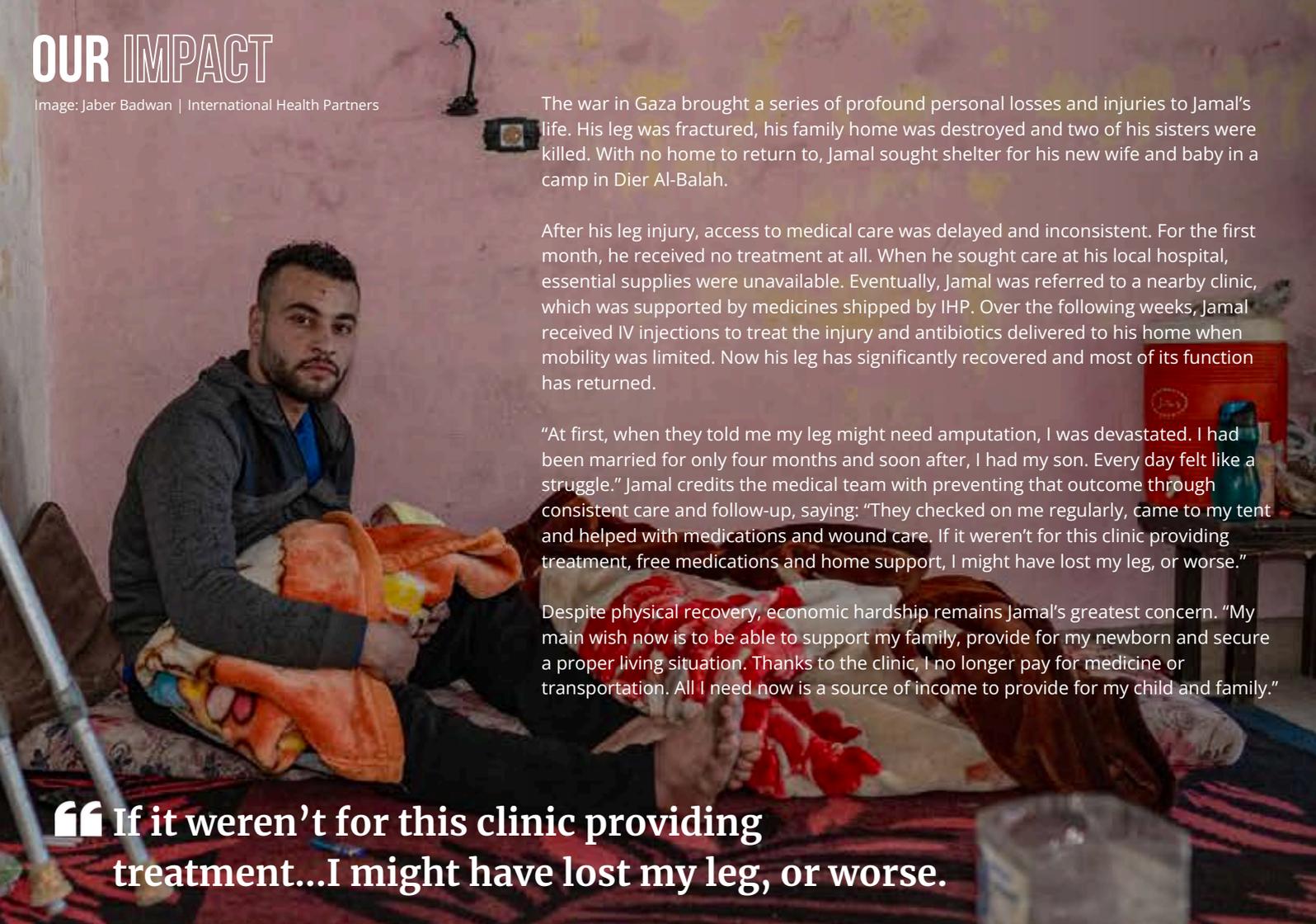
About 90% of Gaza's population has been displaced



Image: Jaber Badwan | International Health Partners

OUR IMPACT

Image: Jaber Badwan | International Health Partners

A man with a beard and short hair, wearing a grey hoodie, is sitting on a bed in a simple room. He is looking towards the camera. The room has a pinkish wall and a small table with a red box and a blue container. A metal frame, possibly for a bed or a chair, is visible in the foreground.

The war in Gaza brought a series of profound personal losses and injuries to Jamal's life. His leg was fractured, his family home was destroyed and two of his sisters were killed. With no home to return to, Jamal sought shelter for his new wife and baby in a camp in Dier Al-Balah.

After his leg injury, access to medical care was delayed and inconsistent. For the first month, he received no treatment at all. When he sought care at his local hospital, essential supplies were unavailable. Eventually, Jamal was referred to a nearby clinic, which was supported by medicines shipped by IHP. Over the following weeks, Jamal received IV injections to treat the injury and antibiotics delivered to his home when mobility was limited. Now his leg has significantly recovered and most of its function has returned.

"At first, when they told me my leg might need amputation, I was devastated. I had been married for only four months and soon after, I had my son. Every day felt like a struggle." Jamal credits the medical team with preventing that outcome through consistent care and follow-up, saying: "They checked on me regularly, came to my tent and helped with medications and wound care. If it weren't for this clinic providing treatment, free medications and home support, I might have lost my leg, or worse."

Despite physical recovery, economic hardship remains Jamal's greatest concern. "My main wish now is to be able to support my family, provide for my newborn and secure a proper living situation. Thanks to the clinic, I no longer pay for medicine or transportation. All I need now is a source of income to provide for my child and family."

“ If it weren't for this clinic providing treatment...I might have lost my leg, or worse.



www.ihpuk.org



www.ihpuk.org

HEALTH SUPPLIES

Medical supplies are vital to diagnose, prevent and treat illnesses safely and effectively so healthcare professionals can provide the best quality of care.

In low-resource settings, sub-standard medical supplies, such as needles or syringes, increase the risk of infection for healthcare workers and can compromise patient safety. Without adequate stock of medical supplies in healthcare facilities, healthcare workers struggle to provide basic care. They are unable to perform vital procedures and may be required to reuse supplies due to low stock.



Image: Children International



Image: Children International



137,069

patients
helped



6

countries
supported



£1.4m

worth of
product
donated

ZAMBIA

While the Zambian government has increased investment in healthcare in recent years, access to quality services remains uneven, particularly in high-density urban areas and rural communities.

With the support of partners such as the World Bank (2025), the Zambian government has launched initiatives to strengthen health systems, enhance service delivery and expand access to essential medicines and medical supplies in order to improve health outcomes. Despite this progress, shortages of essential consumables such as syringes, cannulas, catheters and IV giving sets persist, directly affecting frontline care. IHP is working to bridge this gap for hospitals and clinics in Zambia.

“Many times we face supply chain disruptions that leave us without basic but crucial items like syringes, cannulas, catheters and giving sets,” says Changala, Pharmacist at Kanyama Hospital in Lusaka, Zambia’s capital. “These shortages force us to ask patients to buy supplies just to perform procedures. These donated supplies have helped ease this burden, allowing us to provide timely treatment without pushing costs onto patients.”

National availability of essential medicines and supplies has shown signs of improvement, but Zambians still report challenges in accessing them at clinics. Recent health emergencies, including the 2023–2024 cholera outbreak, further highlighted the critical need for reliable access to basic health supplies to protect patients and support healthcare workers.



Current life expectancy: 61 years



Maternal mortality ratio of 135 per 100,000



One doctor or nurse per 1,000 people



Image: Children International



Image: Children International

SUSTAINABLE HEALTHCARE INITIATIVE

In Zanzibar, cardiovascular disease (CVD) remains a leading cause of death, with nearly 43% of adults affected by hypertension but only a fraction receiving effective treatment. Access to care is limited by economic constraints including travel costs, stock-outs and a shortage of skilled healthcare workers. In response, IHP, acting as The Bridge, partnered with Health Improvement Project Zanzibar (HIPZ) to pilot our first Sustainable Healthcare Initiative (SHI). A project was designed to strengthen health systems and create a lasting impact by training healthcare professionals, in addition to medical donations — ensuring that donations and equipment reach their full potential.

In practice, this meant targeted training of healthcare workers in CVD diagnosis and management, providing short-term intensive training at Jakaya Kikwete Cardiac Institute and embedding mentorship in local hospitals.

By bridging global resources and local expertise, IHP turned donated products into measurable, sustainable improvements in health outcomes. The SHI pilot illustrates how IHP as The Bridge creates value beyond the delivery of medicines—building skills, strengthening systems and expanding access where it is needed most.



Image: HIPZ

The SHI pilot in Zanzibar increased healthcare capacity, training 197 healthcare workers in early detection, diagnosis and management of cardiovascular diseases.

HIPZ measured outcomes including patient reach, clinical competency and decentralisation of services, ensuring that interventions strengthened local systems, supported long-term partnerships and maximised the Flow of essential healthcare products across the Bridge.

Over five months, a total of 14,505 consultations were provided, which is an average increase of over 50% prior to the start of the project. A total of 197 healthcare workers across eight hospitals in Unguja and Pemba received training on different

topics related to the management of cardiovascular disease (CVD). Services were decentralised to district hospitals and four health facilities started providing services for CVD for the first time, improving access for rural communities, while local ownership was embedded through collaboration with the Ministry of Health.

This approach demonstrates how The Bridge adds value at every step—linking supply with need, supporting partners to use resources effectively and creating enduring improvements in healthcare access.

We are [now able] to diagnose a lot of patients with heart failure [conditions] and we can start them on treatment to improve their situation

Dr. Khamis Suleiman Khamis
Radiologist - Abdulla Mzee Hospital, Pemba Island



Image: HIPZ





Every year, millions of medicines and healthcare products are donated to help people in crisis...

But without the right systems, these donations can arrive too late, in the wrong place, or go to waste.

Boaz is IHP's software platform that helps make sure donated healthcare products reach the right people, safely and on time.

Using Boaz, IHP connects companies that donate medicines with humanitarian organisations working on the ground. The platform tracks each donation from the moment it is offered to the moment it is delivered, ensuring full transparency and accountability at every step.

Built on more than 21 years of IHP's experience, Boaz follows World Health Organization guidelines to make sure donations are appropriate, safe, and based on real needs. This reduces waste, improves coordination and helps ensure patients receive the treatments they rely on.

Within IHP, Boaz supports the entire donations process — from matching donated products and urgent needs, to managing shipments across borders. Beyond IHP, leading global organisations such as Johnson & Johnson also use Boaz to run their own donation programmes, helping raise standards across the humanitarian sector.

By improving how healthcare donations are managed, Boaz helps turn generosity into real impact — strengthening health services and supporting communities around the world.





Boaz in 2025

920

Offers

20.6m

Units

71

Donor
Companies

54

NGO Partners

87

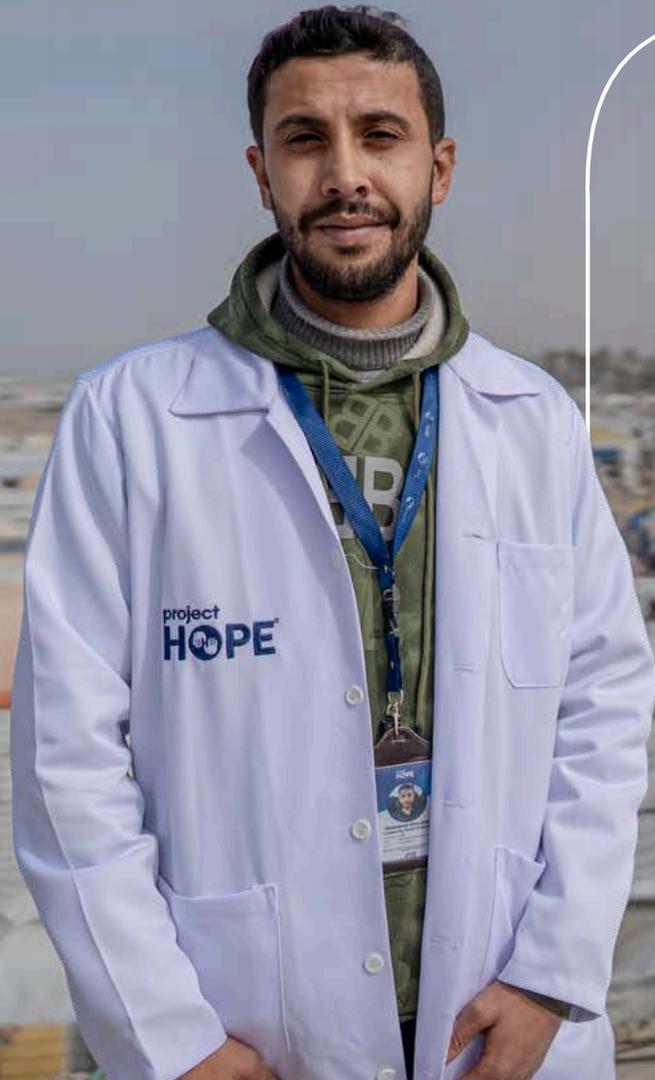
Distribution
Countries



Project
HOPE
Organizations
Leading Change

Primary Health
Facility (PHF)
عيادة صحية
📍

Image: Jaber Badwan | International Health Partners



THANK YOU

Your support has made the provision of these lifesaving services possible. Because of you, millions of people around the world received the medicines and health supplies they needed when they needed them.

Thank you for joining with us to improve access to healthcare for all.



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