



North Texas Society of Clinical Hypnosis

February Webinar

2/25/26 6-7:30 PM CST



February 25, 2026

Program Title: Parts Work is the Whole Work: Ego-State Therapy and IFS as Hypnotic Intervention for Trauma and How We Human

1.5. CEU's

Christian Skoorsmith, MA, PsyD(c), is an award-winning hypnotherapist and a sought-after international speaker on hypnosis. He is the author of six books on hypnosis and more than 50 articles in academic and professional journals. Titles include "The Sound of Silence: Working with Tinnitus in Hypnosis," "Trance-Gender: Working with Transgender Clients in a Professional Hypnosis Practice," and most recently "Depth Sounding: the Practice and Psychology of Hypnospection - Hypnotically Enhanced Introspection." He is a Fellow of the National Guild of Hypnotists. In 2022, the NGH awarded

Christian the Hypnotism Research Award, and in 2024, honored him with the Hypnotism Hallmark Award. This past year, Christian headlined the ASCH ASMW convention, alongside Michael Yapko. A vocal advocate for continuing excellence in the field of hypnotherapy, The Seattle Times has called his practice in Seattle, Washington, "the best mental health service in the Pacific Northwest."

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