

# NTSCH 2026 Fall Workshop September 11-12, 2026

## Keynote Speaker Announcement

**Ciara Christensen, Ph.D.**

### Curious Minds: Psychedelic Therapy Meets Clinical Hypnosis



Ciara Christensen, PhD,

is a licensed psychologist who earned her doctoral degree from Washington State University in 2012. She is licensed in Idaho, Colorado, Wisconsin, and Washington and has practiced in both hospital-based and private practice settings. Dr. Christensen has held leadership roles in the field of clinical hypnosis, including serving as President of the Society for Clinical and Experimental Hypnosis (SCEH) and she is the current President of the American Psychological Association's Division 30, Society of Psychological Hypnosis. She is recognized for her contributions to hypnosis research, education, and clinical practice, with publications in peer-reviewed journals and presentations and workshops delivered nationally and internationally. Her advanced training includes Psychedelic-Assisted Therapy through the Integrative Psychiatry Institute, including the first phase of MAPS MDMA-assisted therapy training, as well as advanced experiential training in the Netherlands with an emphasis on psilocybin and ketamine. Dr. Christensen is also certified in breathwork, informed by approaches similar to Stanislav Grof's Holotropic Breathwork. and attachment disorders.

hypnotic principles and interventions that clarify intention, facilitate navigation of expanded states, and promote integration of insights. The workshop will highlight how hypnosis can evoke transformative and "mystical" experiences and support emotional and behavioral change, all grounded in the latest neuroscience and clinical research.

Join us to deepen your understanding of this emerging field and expand your therapeutic skills for working with clients interested in or undergoing psychedelic-assisted therapy.

**The workshop will be a hybrid of in person with virtual access.**

***\$350- includes 16 hours of CEU's, a year membership with free webinars throughout the upcoming year.***

**Location: 12700 Preston Road, Dallas, TX 75230, Ste. 130**

**Friday: Check in 7:30am- 5:00PM**

**Saturday: 8:00am- 5:00PM**

**Register at : [northtexashypnosis.org](http://northtexashypnosis.org)**

**Contact: [tracypaytonwatson@gmail.com](mailto:tracypaytonwatson@gmail.com)**

Through this 16 hour workshop consisting of a blend of presentations, group discussions, and experiential exercises, attendees will explore