



NTSCH October Presentation

LEARN • CONNECT • GROW
NORTH TEXAS SOCIETY OF CLINICAL HYPNOSIS
CLINICAL EDUCATION • COMMUNITY • LASTING IMPACT

PEOPLE.
PURPOSE.
POSSIBILITY.

FEATURED SPEAKER

Nubia Ballesteros M.S., LPC

“Between Memory and Marigolds”

The Cultural Component
of Mexican Día de los Muertos
with Treating Grief Using
Hypnosis

*Honoring the past.
Healing the present.
Living with meaning.*
♡

A CULTURALLY RESPONSIVE APPROACH TO GRIEF HEALING

This experiential presentation explores the rich cultural traditions of Mexican Día de los Muertos and how hypnotic interventions can support grief processing, meaning-making, and continuing bonds. Discover how symbolism, ritual, and imagery can be integrated into clinical hypnosis to help clients honor their loved ones while moving forward with hope and resilience.

KEY TAKEAWAYS



Explore the cultural significance of Día de los Muertos and its relevance in grief work.



Learn a hypnotic intervention using imagery, symbolism, and ritual.



Gain practical strategies to incorporate cultural elements into your clinical practice with sensitivity and ethical care.

All are welcome!



Wednesday
October 7, 2026
12:00 PM – 1:00 PM

**1.0
CEU**
(ASCH
(APPROVED))



Live via Zoom

A link will be provided
after registration.



Open to all clinicians
and students interested
in hypnosis, grief work,
and cultural responsiveness.

REGISTER NOW!

northtexashypnosis.org

*Hope
Healing
Connection*
♡

NORTH TEXAS SOCIETY OF CLINICAL HYPNOSIS
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