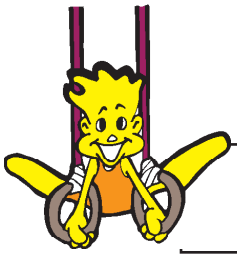

Aerials Fit'n'Fun Gymnastics 2025-26

Enroll Today, register online or call 610-983-9044 Today!

*** 2 month minimum payment for NEW STUDENTS^ enrollment due at sign up, then monthly billing thereafter. ***

Parent Participation

Tumble Time 6 months to 3 years
Come play & explore with us at Tumble Time! At Tumble Time, you and your child (and your friends) will have full use of our baby gym & equipment in a non-structured, come and go as you like, setting. What to expect at Tumble Time:
* Developmentally appropriate activities available
* A great opportunity for your child to explore
* All children must be supervised by an adult

SuperParents 2 - 3 Years
Our 45 minute 'SuperParent' child & parent class introduces children to the Aerials' environment. Children use mats, balls, parachutes, trampolines and more to discover the world around them, developing fundamental movement and problem-solving skills along the way.

GymKids pre school 3, and 4 - 5 years old
GK 3, 45 minutes and GK 4 - 5 program is a 55 minute class for boys and girls. We combine fundamental gymnastics skills and FUN to enable students to develop confidence and self-esteem. The GymKids program provides a balanced lesson plan of gross motor skills, fitness, coordination, flexibility, strength and muscle development while learning the foundations of multiple sports at a young age.

SuperStar, Advanced PreSchool For select 4–5-year-olds ready to soar, our invite-only Superstars class offers a 55-75-minute (depending on the class) blend of fun and focused gymnastics training. This advanced preschool program challenges strong learners with skill progression, preparing them for higher-level training without the commitment of a pre-team. With a small group size, your child receives personalized coaching to unlock their potential.

Fun · Independence · Challenge

Fun Children learn best when they are having FUN! Running, skipping, spinning, and going upside-down are more than just fine activities, they connect neurons for later academic success.

Independence No parents here! In order to encourage your child's growing independence, they will attend class without parents.

Challenge Our philosophy has been the same for over 40 years. Aerials' programs build confidence through success challenge. We believe that small success / challenges build confidence. That new-found confidence leads to bigger successes and an even higher level of confidence. Through this progressive "success - confidence - success" method, we help children understand how to set realistic goals and then achieve them.

School Age

School Age 1 & 2 6 + years old
Class begins with a vigorous warm up and stretch time and includes forward and backward rolls, basic jumps and locomotor skills for tumbling. On trampoline, correct bouncing and stopping, seat drops, front drops, back drops, jumps in different positions, half and full turns are taught. On apparatus, students will learn beginning support and suspension positions, the different hand grips that are used, and some beginning mounts and dismounts as well as correct landing technique.

Children with advanced skills, by evaluation, work on all Olympic events and trampoline for a well-rounded gymnastics experience. Skills include beginning swing movements, casts and glides, control and strength in handstands, cartwheels, roundoffs, development of flexibility needed for tumbling, and beginning of front and back handsprings.

Lil'Ninja & Ninja Zone
4 - 11 years
Lil Ninja's and Ninja Zone, A program that is skill based, fast-paced and geared just for little boys and girls on energy overload! Our Ninja program will combine military style obstacle courses to develop strength and speed, gymnastics tumbling, and 'Ninja' style moves just like you see in a video game or movie!

Private Lessons All Ages
Personal instruction is instrumental in developing skills and confidence. Aerials is an ideal environment for enhancing physical coordination, agility, endurance, strength, balance and motor skills. Lessons can be 30 or 60 minutes, private or semi private.

We are fully prepared to customize each session to meet the specific needs of each athlete. The Aerials Gymnastics Center is an ideal environment for enhancing physical coordination, agility, endurance, strength, balance and motor skills. Great for Cheerleaders, Martial artists, Parkour, Fitness competitors, and competitive team level athletes. Offered for all ages.

^ NEW STUDENTS - A family that has not enrolled in consecutive class for 6 months or more.

You can ENROLL ON LINE! visit aerialsgymnastics.com

1 **Pick an appropriate age and class time that suits your schedule, then register online or**

2 **Visit or call Aerials to check for class availability and for current family registrations.**

3 **Payment by Check, Cash or CREDIT CARD reserves your class. This is the only way to hold your class.**

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Monthly classes throughout the year

The Aerials' Promise

We're so sure that you will love being part of Aerials, that should you be unsatisfied, your membership fee and the balance of your tuition is fully refundable! Please note, you must request your refund within the first 15 days of signing up.

You can start anytime during the year!
. . . we will prorate your fee.

Classes are all year long, billed monthly.

Monthly Tuition per child: (what a value!)

SuperParents: Toddling-2 years, 2-3 years and 3 years.

	1st	2nd & 3rd	4th
45 minutes/week	$ 93	$ 74	***FREE***
		Save 20%	100%

For GymKids: 3 - 4 - 5 years to Kindergarten and School-Age children and Adv.: 1st grade and up

	1st	2nd & 3rd	4th
45 minutes/week	$ 93	$ 74	***FREE***
55 minutes/week	$ 105	$ 84	***FREE***
85 minutes/week	$ 169	$ 135	***FREE***
		Save 20%	100%

Annual Family Registration $65.
* 2 month minimum payment for NEW STUDENTS^ enrollment due at sign up, then monthly billing thereafter. *^ NEW STUDENTS - A family that has not enrolled in consecutive class for 6 months or more.

Simply no better place for children to learn gymnastics. Aerials is 15,000 square feet of the finest equipped facility in the area. No other comes close.

Enrollment Specials
✔ Same child, second class, **Pay 1/2 price.**
✔ Family discounts for multiple children. **4th child FREE**
Special Note: Class times may and can change!

No Saturday Classes in July and August.
Please see the Tuition and Policies page for more on that.
Gym Closed 8/25-29/ 2025. Summer Camp starts 6/8/2026

Serving Phoenixville for 26 years!

Monday	10:00	Girls School Age 55 minutes			
	1:00	Girls School Age 55 minutes			
	5:00	GymKids 3 45 minutes	GymKids 4-5 55 minutes	Girls School Age 55 minutes	Ninja 55 minutes
	6:00	GymKids 3 45 minutes	GymKids 4-5 55 minutes	Girls School Age 55 minutes	Ninja 55 minutes
	7:00	Girls School Age 55 minutes	Adv School Age 85 minutes	Adv School Age 2 85 minutes	
Tuesday	9:45	SuperParents 45 minutes			
	10:35	GymKids 3 45 minutes	GymKids 4-5 55 minutes		
	5:00	GymKids 3 45 minutes	GymKids 4-5 55 minutes	Girls School Age 55 minutes	Lil' Ninja 55 minutes
	6:00	GymKids 3 45 minutes	GymKids 4-5 55 minutes	Girls School Age 55 minutes	Ninja 55 minutes
	7:00	Girls School Age 55 minutes	Adv School Age 85 minutes		
Wednesday	9:45	SuperParents 45 minutes			
	10:35	GymKids 3 45 minutes	GymKids 4-5 55 minutes		
	5:00	GymKids 3 45 minutes	GymKids 4-5 55 minutes	Girls School Age 55 minutes	Ninja 55 minutes
	6:00	GymKids 3 45 minutes	GymKids 4-5 55 minutes	Girls School Age 55 minutes	Ninja 55 minutes
	7:00	Girls School Age 55 minutes	Adv School Age 85 minutes		
Thursday	9:45	SuperParents 45 minutes			
	10:35	GymKids 3 45 minutes	GymKids 4-5 55 minutes		
	5:00	GymKids 3 45 minutes	GymKids 4-5 55 minutes	Girls School Age 55 minutes	Lil' Ninja 55 minutes
	6:00	GymKids 3 45 minutes	GymKids 4-5 55 minutes	Girls School Age 55 minutes	Ninja 55 minutes
	7:00	Girls School Age 55 minutes	Adv School Age 85 minutes	Adv School Age 2 85 minutes	
Fri	10:00	Tumbletime 120 minutes			
Saturday	9:00	SuperParents 45 minutes	GymKids 3 45 minutes	Girls School Age 55 minutes	
	10:00	Lil' Ninja 55 minutes	GymKids 4-5 55 minutes	Girls School Age 55 minutes	
	11:00	GymKids 3 45 minutes	GymKids 4-5 55 minutes	Girls School Age 55 minutes	

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Schools Out Day Camps

When school is closed Day Camp is ON!

In-service days and holidays for PASD, SFSD and OJRSD are coming and with so many days off from school, what's a kid to do? We've got just the thing, Aerials Day Camps! Aerials Camps are for all boys & girls from K - 7th grade and features - Gymnastics on all Olympic events, trampoline, tumbling, sports skills, Ninja Zone, FUN inflatables and games, and arts & crafts. Before and after care for working parents.

Time: **Half Day:** 9 am - 1 pm **Full Day:** 9 am - 4 pm
Ages: 3* (*potty trained) - 7th grade

Lunches: Because each child has unique dietary requirements, we ask that parents send along a sack lunch with your child.

Snacks: A morning and mid-afternoon snack is also provided. (Children with severe [life threatening] food allergies are required to bring their own snacks.)

Tuition: Members: Full day $70, $53 siblings
Half day $45, $34 siblings

Guests: Full day $75, $60 siblings
Half day $52, $41 siblings

AM care: 8:00 - 9:00 am $12, PM care: 4:00 - 5:00 pm $15

Aerials family discount always applies for all immediate family members attending camp on the same days and your 4th child is ALWAYS FREE. Questions? email Trisha@aerialsgymnastics.com

Birthday Parties

A great surprise for any child is a birthday party at Aerials. Your young guests will love the thrills of personal gymnastics instruction and the unique equipment that's only available at Aerials Fit'n'Fun.

NEW: Ask for the Ninja Zone Party, ages 6+

Awesome for them. A piece of cake for you. Just bring along the birthday child, their friends, and a cake; and we'll take care of the rest ... including the mess. Great for Field Trips, Sports Teams & Scout Troops! Available Saturdays only.

Call to schedule your party now!

I WANT YOU!

Sure it's been a few years and a bunch of kids later, but you still have it.

Maybe you played sports as a kid. Maybe you were a teacher before the kids came along and had to stop working full time. Maybe you remember the teacher that said just the right thing, just the right way, and it clicked for you. Maybe you're the one who needs to join the Aerials' team.

Take it from a guy who was as low on the athletic ability pole as you could be. But I loved to teach kids and watch the excitement in their faces when they learned something new. You know, when they say, "I DID IT!"

Former athletes
teachers
gymnasts
dancers
fitness buffs
sports fans
and
active parents.

"Great Job!" "YOU did it!" "WOW!" "That was AWESOME!" This is the common language in our facility. This is the magic that is Aerials!

Sports changed my life. It gave me opportunities I would never have had otherwise. World travel, Olympic competition, meeting and sharing with every strata of life, waking up every day loving what I do and being able to change young lives for the better along the way. Being a "Difference Maker."

That's you. Somewhere inside you think, "I can make a difference!"

I am always looking for "Difference Makers." One day a week, a few hours each time. Learn what we do and how we do it.

"But I don't know anything about this stuff" you're thinking. Welcome, you're in good company. A young boy in the streets of Philly who was not skilled in gymnastics but enjoyed being in the gym. A friend encouraged him to get involved at the local gym club who needed help. "You're a great teacher," the friend said. One thing led to another and not so many years later, he was standing by his athletes at the 1984 Olympic Games. Hey wait, That's Me! I could go on, but you get the idea.

Think about it. Get involved. Email us today. Be a "Difference Maker." I look forward to hearing from you.

Mr. Rick, Aerials Fit'n'Fun Gymnastics
rick@aerialsgymnastics.com

You can ENROLL ON LINE! visit aerialsgymnastics.com

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Private Instruction Kids and Adults

We believe that champions are not only the ones who come in first, but also those who achieve their goals, regardless of the level. Experience has proven that personal instruction is instrumental in developing skill levels and confidence, and has often been the deciding factor in the careers of successful athletes. The Aerials' staff has both the knowledge and experience to offer a wide variety of instruction that is a benefit to athletes and coaches.

> ***" Knowing the proper technique will: make the skills much easier, give athletes the ability to progress more rapidly, and allow them to learn harder skills safely in the future"***
> *Rick Palumbo, Aerials Gymnastics*

Our intention is not to replace existing instruction but to augment the instruction each athlete already receives. We are fully prepared to customize each session to meet the specific needs of each athlete. The Aerials Gymnastics Center is an ideal environment for enhancing physical coordination, agility, endurance, strength, balance and motor skills.

Gymnasts

Areas of interest for Compulsory and Optional athletes:

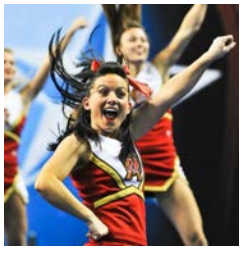
- ✔ Beam: tumbling or dance
- ✔ Bars skills: A to Super E
- ✔ Tumbling: front, back, twisting and multiple flips
- ✔ Powerhouse vaulting
- ✔ Trampoline: basic positions to multiple flips & twists
- ✔ Strengthening exercises and flexibility
- ✔ Preparing for a competition

Cheerleaders

The Aerials Cheer-Nastics program is open to all children ages 6 to High School. Instruction is available for children of all abilities; aspiring cheerleaders to seasoned athletes. The only thing kids need to bring is desire.

Areas of concentration include;

- ✔ Tumble track and trampoline
- ✔ Warm-ups & stretch
- ✔ Tumbling
- ✔ Twisting
- ✔ Stunting
- ✔ Dance
- ✔ Standing Flips



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Personal Instruction Rates

Personal Instruction is offered for 1 athlete for a half-hour and 1 to 2 athletes per hour depending on the skills being taught. Generally, however, it is a one to one relationship.

Coach Availability

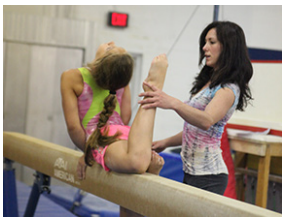
Three skill / experience levels are available depending on the skill required and the experience of the coach requested. Available levels include;

- ✔ Aerials Team staff
- ✔ Coach of USA and / or Olympic Team members.

30 minutes	Gold Coach
1 athlete	$45
2 athletes (same skill)	50% each

60 minutes	Gold Coach
1 athlete	$90
2 athletes (same skill)	50% each

F.Y.I.



- ✔ Athletes should arrive 15 minutes prior to the session for a solo warm-up.
- ✔ Session goals should be arrived at prior to the lesson, with the athlete's head coach or parent. This is easily accomplished with a telephone call or email.
- ✔ A missed session, without advance notice is charged at 50%. A one-day, 24 hour, notice is required for cancellation without penalty.
- ✔ All athletes must have a current registration form on file with the appropriate family registration fee applied.

The family registration fee for **Personal Instruction ONLY is $25** which can be applied to the standard registration fee for classes. Cash, check or credit card is accepted as payment for private lessons at the end of the session.

I Wanna FLIP!

Let us teach YOU, or your child, the proper way to do a back and front flip on the trampoline. 30 minute personal instruction available for school age boys, girls and all adults. Schedule with Mr. Rob. rob@aerialsgymnastics.com

Lil' Ninjas', 55 minutes, 4-5 years

Tue 5:00	Thur 5:00	Sat 10:00

Ninja Zone, 55 minutes, 6 and up

Mon 5:00	Wed 5:00
Mon 6:00	Wed 6:00
Tue 6:00	Thur 6:00

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Our 26th year serving in the PASD & OJRSD

Aerials *after* School

PHILOSOPHY

At Aerials, we provide children with an ideal environment for having fun while enhancing physical coordination, agility, endurance, strength, balance and motor skills. We have been serving the local school districts for 20 years. Many of our first students are now adults taking their children to Aerials.

The Aerials Fit'n'Fun program builds confidence through success. We believe that small successes build confidence. That new-found confidence leads to bigger successes and an even higher level of confidence. Through this progressive "success-confidence-success" method we help athletes understand how to set realistic goals and then achieve them.

PROGRAM

The experienced staff at Aerials have designed a specific program to serve the children in Phoenixville, East Vincent and surrounding communities. The Aerials After School program is designed to encourage and advance boys and girls with instruction in gymnastics and total fitness activities. The children participate in a high energy warm-up designed to get the blood moving followed by 3 to 5 rotations of progressive gymnastics instruction on all Olympic events and trampoline. Additional skill training includes flexibility, strength training and gross and fine motor skill movement.

Children are picked up at their school and transported to our facility in the Shoppes at Valley Forge. Children change, have a parent provided snack and begin the instructional portion of our program combining a good dose of flexibility, a heaping helping of conditioning and strength training, and of course, gymnastics skill training on all Olympic events and trampoline.

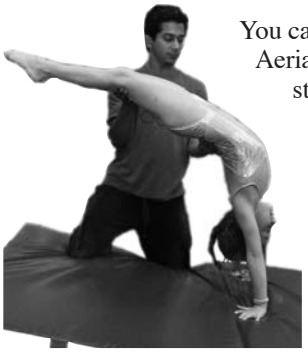
SCHEDULE

Monday	Tuesday	Wednesday	Thursday
PAELC Manovon *pick up 3:30*	**Schuylkill Elementary** *pick up 3:35*	**Renaissance Academy** *pick up 1:30*	**Hares Hill** *pick up 3:35*
Email Today! office@Aerialsgymnastics.com		**Barkley** *pick up 3:44*	**East Vincent** *pick up 3:35*

Our vans collect the children in the parent pick up lines. Times vary slightly from school to school. Parents must complete the proper school supplied forms for pickup.

You can pick your child up at Aerials after their class at 5:30 pm. Your fee is pro-rated when joining after a session begins. Enrollment includes transportation at no extra charge. The school year session runs monthly from September to May.

ENROLLMENT



You can enroll **ONLINE** or simply drop by Aerials Fit'n'Fun and register your child. If stopping by is inconvenient, then call us at **610-983-9044** and we'll complete your registration and payment info over the phone. And keep in mind, things tend to book up quickly. Should you have any questions about our programs, please call. We look forward to hearing from you.

FEATURES

- 8/1 child teacher ratio
- Professional, adult staff.
- A 30' long tumbling trampoline.
- Group Challenge activities.
- Air Conditioning for COOL FUN!
- Cooperative problem solving training.
- 15,000 feet of fantastic gymnastics and sports equipment.
- Two in ground trampolines, the safest way available.
- In-ground foam pits filled with 12,000 cubes.

- Instruction for boys & girls on all Olympic Events!
- Our staff is Safety Certified by USA Gymnastics.
- Aerials is a Member Club of the USA Gymnastics.
- Aerials is a Junior Olympic Training Center.

AERIALS FIT 'N' FUN GYMNASTICS

Ninja Zone

238 Schulkill Road, Phoenixville, PA 19460
between Five Below and Brazil 2 Go in the Shoppes at Valley Forge
office@aerialsgymnastics.com
610.983.9044

Tuition Prices and Policies 2025-26

The Aerials' Promise

We're so sure that you will love being part of Aerials, that should you be unsatisfied, your membership fee and first month's tuition is fully refundable! Please note, you must request your refund within the first 15 days of signing up.

AERIALS FIT 'N' FUN Gymnastics Centers

TUITION: ***Tuition is a minimum of two months to start for New Students.***
REPEAT / ***Tuition is a minimum of two months to start for New Students.***
The first month may be prorated depending on your enrollment date, plus the full second month. i.e., A customer enrolling January 17th would pay the tuition through the end of January, and all of February. The next tuition payment would be February 1st for March gymnastics.

ENROLL: Online, in person, or by phone - we'll walk you through the procedures. We are a year-round school with no long-term commitments. You may enroll or un-enroll anytime. Tuition is prorated based on your enroll date.

HOLIDAY CLOSINGS Aerials will close on: Easter, Memorial Day, July 4th, Labor Day, Halloween (after 3pm), Thanksgiving, Holiday /Winter Break - Christmas to New Year's.

MONTHLY TUITION: Tuition is paid monthly via direct debit from Mastercard, Visa, Discover or debit card on the 1st day of the (preceding) month. Declined payments (expired card, etc.) must be remedied on or before the 7th day of the month or you risk losing your class spot to a waiting student. Tuition is budgeted on a 48-week year which allows for a holiday break in December as well as a summer break. We do not charge more for 'long' months nor less for 'short' months. Over the year, all 12 months average four weeks. Example, there are only 3 classes on Thursdays in December 24, but 5 Wednesdays in October 25, and so on.

WE DO NOT INVOICE: We email monthly tuition reminders. We will notify you by email if your tuition is unable to process.

MONTHLY FEES : Tuition per child

For Tots of Fun, Toddling - 2 years & SuperParents 12 to 35 months, 45 minutes/week

1st	2nd	3rd	4th
$ 93	$ 74	$ 74	**FREE**
save	*20%*	*20%*	*100%*

GymKids, 3 years , 45 minutes/week

$ 93	$ 74	$ 74	**FREE**
save	*20%*	*20%*	*100%*

GymKids, 4 to to Kindergarten, 55 minutes/week

$ 105	$ 84	$ 84	**FREE**

For School Age children, 1st grade and up, 55 minutes/week

$ 105	$ 84	$ 84	**FREE**

For Adv. School Age children, 1st grade and up, 1.5 hours/week

$ 169	$ 135	$ 135	**FREE**

Aerials After School Pick Up Program, 55 minutes/week

$ 169	$ 135	$ 135	**FREE**

There is simply no better place for children to learn gymnastics. Aerials is 15,000 square feet of the finest equipped facility in the area, no other comes close.

✔ Same child, second class, Pay 1/2 price.
✔ Family discounts for multiple children. 4th child FREE

REGISTRATION: A $65 annual family registration fee is due every August. This fee is prorated, upon initial enrollment. This fee covers insurance, software, web fees and admin costs. Annual membership fee is $65 per family. The membership fee provides a discount for other services available i.e., Date Night, Parties and private lessons. This fee is not included in the class fee. Below is the proration chart for a whole family.

MEMBERSHIP FEE PRORATED CHART

Jan	$ 38	May	$16	Sept	$ 60
Feb	$ 33	June	$11	Oct	$ 54
March	$ 27	July	$5	Nov	$ 49
April	$ 22	**August**	**$65**	Dec	$ 43

FAMILY DISCOUNT: When more than one immediate family member is enrolled at the same time, ONLY the most expensive tuition in your family pays full fare; ALL lesser tuitions are discounted! And always at Aerials, your 4th child enrolled is FREE.

MANUAL PAYMENT OPTION: To opt out of direct debit, simply pay your tuition using any alternative method of payment at least 7 days in advance of the 1st, and your card on file will not be charged.

CHANGING CLASS, DAY, TIME: Changing class, day, time, or program is permitted at any time during your enrollment as long as there is room in the desired class. Tuition increases could apply. No refunds or credits will be given when transferring an enrollment. Your tuition will simply be transferred to the new class or program.

Saturday Classes in July and August. We believe in class activity and instruction all year long, we also like to idea of summer weekends and families so, while classes on Monday to Friday are offered the same all years long, we do have short break in the routine on Saturdays in July and August. If you are currently in Saturday classes, consider moving to a weekday time for those two months. Our regularly schedule begins again on Tuesday September 2nd, 2025.

UN-ENROLLING: A "30-Day Written Drop Notice" is required to drop from class. The notice must be received before the 1st of the month PRIOR to the month dropping. Notices received after the 1st week of classes will not be processed until the 1st week of the following month and will take effect the following month. i.e., a client expecting to drop in July must give a 30 day drop notice before the first day in June to avoid July tuition. "Drop Notice" forms can be printed from the Aerials website. No refunds or credits will be issued for missed classes.

MEDICAL REASONS: For medical conditions validated by a medical doctor's written statement, a prorated credit will be issued based upon the date the statement was received (requests after-the-fact eliminate Aerials' opportunity to fill a vacated class spot.) Refunds will be processed within 14 days.

Parents please read . . . .

*) Your child can begin the Aerials' program at anytime during the session, depending entirely on space availability, which is at a premium between September and May.
*) A 6 - 12 minute warm up begins each class. It helps the students to develop flexibility and strength while preparing for skill building. Please be on time.
*) A gymnastics leotard is the preferred attire for girls, shorts and a T-Shirt for boys. These items are available at the "Tumblewear" shop. For safety, leotards with attached skirts are not permitted. Children should remove all jewelry and tie shoulder length hair back.
*) Snow days will be made up on Fridays unless otherwise posted. We are unable to replace the class on another day or time.
*) There are no make up classes. We will assist in an emergency as space allows and during their current month. No carry over to future months.
*) Credit cannot be given for vacations, sporting events, missed class, etc.
*) After "The Aerials Promise" for new students, ALL PAYMENTS ARE NON-REFUNDABLE.
*) Parents are not allowed in the gym unless accompanied by a staff member.
*) NO STREET SHOES are permitted in the gym. They carry dirt and possibly small pieces of rock or glass and can leave residue that can be harmful to the children.
*) Parents who wait with children in the lobby must maintain control and supervision of their child. No running, ball playing, climbing, etc . . is to be permitted. Try good books and homework!
*) No soccer cleats or shoes with wheels are permitted in the lobby, hallway or gym. Please leave them in the car.

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