



## Help Wanted: Women's Head Team Coach

Aerials Gymnastics Team, Phoenixville, PA

Aerials Fit 'n' Fun Gymnastics is a premier gymnastics facility in Phoenixville, Pennsylvania, offering a 15,000 gym where being fit is fun. We provide recreational classes, tumbling, trampoline, ninja, cheer tumbling, and competitive USAG teams for athletes of all ages and abilities. Our mission is to help young gymnasts build confidence, courage, commitment, and a lifelong love of the sport through progressive success, hard work, and enjoyment.

We are seeking an experienced, passionate, and dedicated **Women's Head Team Coach** to lead and grow our competitive women's gymnastics program (USAG and Xcel pathways). This is a fantastic opportunity to shape the future of committed athletes in a supportive, family-oriented environment.

### Position Overview

As the Women's Head Team Coach, you will serve as the primary leader for our competitive women's team under the direction of the owner. You will design training programs, coach daily practices, prepare athletes for competitions, and foster a positive team culture that emphasizes fun, safety, skill development, personal growth, and supervise and train coaches in all the support programs; Pre-Team, Compulsory, and Xcel.

### Key Responsibilities

- ☐ Lead all aspects of the women's competitive team program, including athlete development, training plans, and competition preparation across appropriate USAG/Xcel levels.
- ☐ Create and implement progressive, age-appropriate training sessions focused on technique, strength, flexibility, artistry, and routine development.
- ☐ Coach practices (typically evenings and weekends) and provide individualized feedback to help each athlete reach her full potential.
- ☐ Prepare gymnasts for local, regional, and national competitions while ensuring the highest standards of safety and proper spotting technique.
- ☐ Mentor athletes to build confidence, resilience, and life skills through gymnastics.
- ☐ Communicate regularly and professionally with parents regarding progress, expectations, and team information.
- ☐ Collaborate with our coaching staff and management to support overall program growth, team camps, and special events.
- ☐ Maintain a fun, inclusive, motivating, and disciplined team environment consistent with Aerials' philosophy of "success builds confidence."

Aerials Gymnastics Team  
238 Schuylkill Road  
Phoenixville, PA 19460

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### Qualifications

- ☐ Minimum 15 years of hands-on coaching experience in competitive gymnastics (USAG or equivalent), with a proven track record of developing athletes.
- ☐ Prior experience as a Head Coach, Lead Coach, or Assistant Head Coach for a competitive team.
- ☐ USAG Professional Membership with current Safety Certification and cleared background check.
- ☐ In-depth knowledge of USAG rules, skill progressions, judging standards, and competition requirements.
- ☐ Strong leadership, organizational, and interpersonal skills with the ability to motivate and inspire young athletes and work effectively with parents and staff.
- ☐ Excellent communication skills (verbal and written).
- ☐ CPR and First Aid certified (or willingness to obtain).
- ☐ Availability for evening practices, weekend competitions, and team events.
- ☐ Passion for gymnastics, athlete safety, and creating a positive experience for young female athletes.

### What We Offer

- ☐ Competitive compensation based on experience and qualifications.
- ☐ A collaborative and supportive work environment with opportunities for professional development.
- ☐ Access to a well-equipped, modern facility.
- ☐ The rewarding opportunity to make a lasting positive impact on young gymnasts in a growing program.
- ☐ A fun, energetic workplace where coaches and athletes thrive together.

Aerials Fit 'n' Fun Gymnastics is an Equal Opportunity Employer.

### How to Apply

If you are a motivated gymnastics professional ready to lead a dedicated team of athletes, please submit your resume, cover letter outlining your coaching philosophy and experience, and professional references to: [info@aerialsgymnastics.com](mailto:info@aerialsgymnastics.com)

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Or call us at 610- 983-9044.

We look forward to hearing from you and potentially welcoming you to the Aerials family!

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