

Aerials Fit'n'Fun Gymnastics 2026-27

Enroll Today, register online or call 610-983-9044 Today!



*** 2 month minimum payment for NEW STUDENTS^A enrollment due at sign up, then monthly billing thereafter. ***

Parent Participation

Tumble Time

Tumble Time is a fun, no-pressure drop-in class for babies and toddlers (sitting up to just under 4 years) to explore movement in a soft, safe baby gym. With tunnels, mats, blocks, balls, and other toddler-friendly equipment, little ones tumble, crawl, climb, and play at their own pace while building coordination, balance, and confidence. Parents and caregivers stay right on the floor with their child the entire time, creating sweet moments of bonding and shared smiles. No commitment needed, just drop in Monday through Friday from 9:00-10:00 am. Pay as you go (\$12 per class) or grab a punch card for savings. Come and go as you like during the hour. It's the perfect relaxed way for the tiniest explorers to discover gymnastics and grow strong through joyful play.



Super Parents Class

(Walking to just before 3 years – Parent/Caregiver Participation)

In this fun, teacher-led class, parents and caregivers actively participate with their toddlers as they explore age-appropriate equipment like mats, balls, parachutes, and trampolines. Through guided activities focused on movement, balance, coordination, and body awareness, little ones build motor skills and confidence while enjoying music, games, and play. A perfect way to bond and introduce your child to the Aerials gym.



GymKids 3

Our 45-minute GymKids 3 class is designed for 3-year-old boys and girls. In a supportive environment, children develop fundamental gymnastics skills, gross motor skills, coordination, flexibility, and strength through purposeful movement and playful exploration. The program builds confidence and a strong foundation for gymnastics and other sports.

GymKids 4-5

Aerials 4 - 5 year-old program is a 55 minute class for boys and girls. We combine fundamental gymnastics skills and FUN to enable students to develop confidence and self-esteem. The GymKids program provides a balanced lesson plan of gross motor skills, fitness, coordination, flexibility, strength and muscle development while learning the foundations of multiple sports at a young age.



or movie!

Lil Ninja's and Ninja Zone, A program that is skill based, fast-paced and geared just for little boys and girls on energy overload! Our Ninja program will combine military style obstacle courses to develop strength and speed, gymnastics tumbling, and 'Ninja' style moves just like you see in a video game



Boys School Age Beginner Level

In the Aerials Boys Beginner Gymnastics class, your son will be introduced to the fundamentals of men's artistic gymnastics in a fun and supportive environment. He will explore all six Olympic events — floor, pommel horse, rings, vault, parallel bars, and high bar — while learning basic skills like rolls, cartwheels, handstands, swings, hangs, and vault progressions. Each 55-minute class focuses on building strength, flexibility, coordination, and confidence through safe, age-appropriate progressions and proper technique. *Intermediate and Advanced coming soon.*

Girls School Age Beginner Level

In the Aerials Girls Gymnastics Beginner class, girls are introduced to women's artistic gymnastics on all four events—vault, bars, beam, and floor. Each fun, supportive 55-minute session builds strength, flexibility, coordination,

School Age

and confidence through basic skills such as rolls, cartwheels, handstand progressions, beam balances, bar supports, and simple vaults, fostering proper technique and a love for the sport.

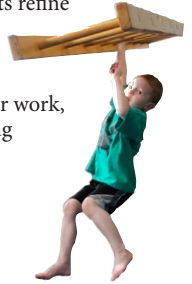


Girls School Age Intermediate Level

The Intermediate class is for gymnasts who have mastered the basics and are ready to progress. In each engaging 55-minute session, girls advance skills across all four events, refining form with movements like round-offs, bridge kickovers, back hip circles, casts, beam leaps, and introductory combinations while building strength, control, consistency, and confidence in a motivating group setting.

Girls School Age Advanced Level

In the Advanced class, experienced gymnasts refine technique and work on complex skills and combinations across all four Olympic events. Each dynamic 55-minute session emphasizes precision, power, and consistency through progressions such as back handsprings, advanced bar work, beam skills and dismounts, and connected tumbling, fostering growth in performance, focus, and self-discipline.



Beginner Tumbling Class (Ages 5+, Co-ed) (Coming soon!)

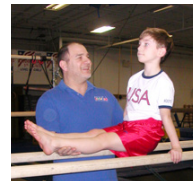
Fun foundational class for boys and girls new to tumbling or building skills for cheer. No experience needed. Learn forward/backward rolls, handstands, cartwheels, bridges, backbend kickovers, and round-off basics with strong technique. Uses spring floor, trampolines, tumble trak, air track, and foam pits for safe, low-impact practice. Builds strength, flexibility, confidence, and coordination.

Intermediate Tumbling Class (Ages 6+, Co-ed)

For athletes who have mastered beginner skills. Focus on standing and running back handsprings, round-off connections, front handsprings, walkover series, and early tuck progressions. Spring floor for real skills, trampoline/tumble trak/air track for power drills, and foam pits for safe advancements. Great for cheerleaders or recreational tumblers ready for bigger skills.

Advanced Tumbling Class (Ages 7+, Co-ed)

For experienced tumblers ready to level up. Work on round-off back handspring tucks, layouts, fulls, punch fronts, aerials, and advanced connections with power and precision. Spring floor for competition-style passes, trampoline/tumble trak/air track for high-rep drills, and foam pits for safe practice. Perfect for competitive cheerleaders or serious recreational tumblers.



Private Lessons All Ages

Personal instruction is instrumental in developing skills and confidence. Aerials is an ideal environment for enhancing physical coordination, agility, endurance, strength, balance and motor skills. Lessons can be 30 or 60 minutes, private or semi private.

We are fully prepared to customize each session to meet the specific needs of each athlete. The Aerials Gymnastics Center is an ideal environment for enhancing physical coordination, agility, endurance, strength, balance and motor skills. Great for Cheerleaders, Martial artists, Parkour, Fitness competitors, and competitive team level athletes. Offered for all ages. Our dedicated staff is always adjusting instructional content and adding new classes as our students develop their skills and progress. Class times can and will change to best serve our families. Don't see exactly what you're looking for? Please ask!

^A NEW STUDENTS - A family that has not enrolled in consecutive class for 6 months or more.

You can ENROLL ON LINE! visit aerialsgymnastics.com

1

Pick an appropriate age and class time that suits your schedule, then register online or...

2

Visit or call Aerials to check for class availability and for current family registrations.

3

Payment by Check, Cash or CREDIT CARD reserves your class. This is the only way to hold your class.

Monthly classes throughout the year



The Aerials' Promise

We're so sure that you will love being part of Aerials, that should you be unsatisfied, your membership fee and the balance of your tuition is fully refundable! Please note, you must request your refund within the first 15 days of signing up.

You can start anytime during the year!
... we will prorate your fee.

Classes are all year long, billed monthly.
Monthly Tuition per child: (what a value!)

SuperParents: Toddling-2 years, 2-3 years and 3 years. 45 minutes/week

1st	2nd & 3rd	4th
\$ 95	\$ 76	FREE
	Save 20%	100%

For GymKids: 3 - 4 - 5 years to Kindergarten and School-Age children and Adv.:

45 minutes/week

1st	2nd & 3rd	4th
\$ 95	\$ 76	FREE

55 minutes/week

\$ 108	\$ 87	FREE
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85 minutes/week

\$ 17	\$ 139	FREE
	Save 20%	100%

Annual Family Registration \$65.

* 2 month minimum payment for NEW STUDENTS^A enrollment due at sign up, then monthly billing thereafter. ^{AA} NEW STUDENTS - A family that has not enrolled in consecutive class for 6 months or more.

Simply no better place for children to learn gymnastics. Aerials is 15,000 square feet of the finest equipped facility in the area.
No other comes close.

Enrollment Specials

- ✓ Same child, second class, Pay 1/2 price.
- ✓ Family discounts for multiple children.
- 4th child **FREE**

Special Note: Class times may and can change!

No Saturday Classes in July and August.
Please see the Tuition and Policies page for more on that.



238 Schuylkill Road, Phoenixville, PA 19460
between Five Below and
Brazil 2 Go in the Shoppes at Valley Forge
office@aerialsgymnastics.com
610.983.9044

Serving Phoenixville for 27 years!

Class Schedule beginning Fall 2026 thru June 2027

Monday

10:00	GymKids 4-5 yrs	School Age Home School	
1:00	Lil' Ninja	Girls School Age Begin	GymKids 4-5 yrs
3:30	GymKids 3 yrs		
4:30	Girls School Age Begin		
5:30	GymKids 3 yrs	GymKids 4-5 yrs	Girls School Age Begin
6:30	GymKids 3 yrs	GymKids 4-5 yrs	Girls School Age Begin
7:00	Girls School Age Adv 1	Girls School Age Adv 2	
7:30	Girls School Age Inter		



Tuesday

10:15	SuperParents			
11:05	GymKids 3 yrs			
4:30	Girls School Age Begin			
5:30	GymKids 3 yrs	GymKids 4-5 yrs	Girls School Age Begin	Ninja
6:30	GymKids 3 yrs	GymKids 4-5 yrs	Girls School Age Inter	
7:00	Girls School Age Adv 1			
7:30	Girls School Age Inter			



Wednesday

10:15	SuperParents				
11:05	GymKids 4-5 yrs				
4:30	GymKids 4-5 yrs	Girls School Age Begin			
5:30	GymKids 3 yrs	GymKids 4-5 yrs	Girls School Age Begin	Boys School Age Begin	Ninja
6:30	GymKids 3 yrs	GymKids 4-5 yrs	Girls School Age Inter		
7:00	Girls School Age Adv 1				
7:30	Girls School Age Inter				



Thursday

10:15	SuperParents				
11:05	GymKids 3 yrs				
3:30	GymKids 3 yrs				
4:30	Girls School Age Begin				
5:30	GymKids 3 yrs	GymKids 4-5 yrs	Girls School Age Begin		
6:30	GymKids 3 yrs	GymKids 4-5 yrs	Girls School Age Inter	Ninja	
7:00	Girls School Age Adv 1	Girls School Age Adv 2			



Friday

5:30	Boys School Age
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Saturday

9:00	SuperParents	GymKids 3 yrs	GymKids 4-5 yrs	Girls School Age Begin
10:15	GymKids 4-5 yrs	Girls School Age Begin	Girls School Age Inter	
11:00	GymKids 3 yrs	GymKids 4-5 yrs	Girls School Age Begin	Girls School Age Inter

Schools Out Day Camps

When school is closed Day Camp is ON!

In-service days and holidays for PASD, SFSD and OJRSD are coming and with so many days off from school, what's a kid to do? We've got just the thing, Aerials Day Camps! Aerials Camps are for all boys & girls from K - 7th grade and features - Gymnastics on all Olympic events, trampoline, tumbling, sports skills, Ninja Zone, FUN inflatables and games, and arts & crafts. Before and after care for working parents.

Time: Half Day: 9 am - 1 pm Full Day: 9 am - 4 pm

Ages: 3* (*potty trained) - 7th grade

Lunches: Because each child has unique dietary requirements, we ask that parents send along a sack lunch with your child.

Snacks: A morning and mid-afternoon snack is also provided. (Children with severe [life threatening] food allergies are required to bring their own snacks.)

Tuition: Members: Full day \$72, \$54 siblings
Half day \$47, \$34 siblings

Guests: Full day \$77, \$62 siblings
Half day \$53, \$42 siblings

AM care: 8:00 - 9:00 am \$12, PM care: 4:00 - 5:00 pm \$15

Aerials family discount always applies for all immediate family members attending camp on the same days and your 4th child is ALWAYS FREE. Questions? email Trisha@aerialsgymnastics.com



Birthday Parties

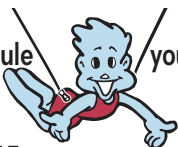
A great surprise for any child is a birthday party at Aerials. Your young guests will love the thrills of personal gymnastics instruction and the unique equipment that's only available at Aerials Fit'n'Fun.

Awesome for them. A piece of cake for you. Just bring along the birthday child, their friends, and a cake; and we'll take care of the rest ... including the mess. Great for Field Trips, Sports Teams & Scout Troops! Available Saturdays only.



NEW: Ask for the Ninja Zone Party, ages 6+

Call to schedule your party now!



You can ENROLL ON LINE! visit aerialsgymnastics.com

**I
WANT
YOU!**

Sure it's been a few years and a bunch of kids later, but you still have it.

Maybe you played sports as a kid. Maybe you were a teacher before the kids came along and had to stop working full time. Maybe you remember the teacher that said just the right thing, just the right way, and it clicked for you. Maybe you're the one who needs to join the Aerials' team.

Take it from a guy who was as low on the athletic ability pole as you could be. But I loved to teach kids and watch the excitement in their faces when they learned something new.

Former athletes
teachers
gymnasts
dancers
fitness buffs
sports fans
and
active parents.

You know, when they say, "I DID IT!"

**"Great Job!" "YOU did it!"
"WOW!" "That was AWESOME!"**
This is the common language in our facility. This is the magic that is Aerials!

Sports changed my life. It gave me opportunities I would never have had otherwise. World travel, Olympic competition, meeting and sharing with every strata of life, waking up every day loving what I do and being able to change young lives for the better along the way. Being a "Difference Maker."

That's you. Somewhere inside you think, "I can make a difference!"

I am always looking for "Difference Makers." One day a week, a few hours each time. Learn what we do and how we do it.



"But I don't know anything about this stuff" you're thinking. Welcome, you're in good company. A young boy in the streets of Philly who was not skilled in gymnastics but enjoyed being in the gym. A friend encouraged him to get involved at the local gym club who needed help. "You're a great teacher," the friend said. One thing led to another and not so many years later, he was standing by his athletes at the 1984 Olympic Games. Hey wait, That's Me! I could go on, but you get the idea.



Think about it. Get involved.
Email us today.

Be a "Difference Maker." I look forward to hearing from you.

Mr. Rick, Aerials Fit'n'Fun Gymnastics
rick@aerialsgymnastics.com

Private Instruction Kids and Adults



We believe that champions are not only the ones who come in first, but also those who achieve their goals, regardless of the level. Experience has proven that personal instruction is instrumental in developing skill levels and confidence, and has often been the deciding factor in the careers of successful athletes. The Aerials' staff has both the knowledge and experience to offer a wide variety of instruction that is a benefit to athletes and coaches.

"Knowing the proper technique will: make the skills much easier, give athletes the ability to progress more rapidly, and allow them to learn harder skills safely in the future"

Rick Palumbo, Aerials Gymnastics

Our intention is not to replace existing instruction but to augment the instruction each athlete already receives. We are fully prepared to customize each session to meet the specific needs of each athlete. The Aerials Gymnastics Center is an ideal environment for enhancing physical coordination, agility, endurance, strength, balance and motor skills.

Gymnasts

Areas of interest for Compulsory and Optional athletes:

- ✓ Beam: tumbling or dance
- ✓ Bars skills: A to Super E
- ✓ Tumbling: front, back, twisting and multiple flips
- ✓ Powerhouse vaulting
- ✓ Trampoline: basic positions to multiple flips & twists
- ✓ Strengthening exercises and flexibility
- ✓ Preparing for a competition

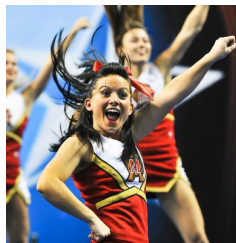


Cheerleaders

The Aerials Cheer-Nastics program is open to all children ages 6 to High School. Instruction is available for children of all abilities; aspiring cheerleaders to seasoned athletes. The only thing kids need to bring is desire.

Areas of concentration include;

- ✓ Tumble track and trampoline
- ✓ Warm-ups & stretch
- ✓ Tumbling
- ✓ Twisting
- ✓ Stunting
- ✓ Dance
- ✓ Standing Flips



Personal Instruction Rates

Personal Instruction is offered for 1 athlete for a half-hour and 1 to 2 athletes per hour depending on the skills being taught. Generally, however, it is a one to one relationship.

Coach Availability

Three skill / experience levels are available depending on the skill required and the experience of the coach requested.

Available levels include;

- ✓ Aerials Team staff
- ✓ Coach of USA and / or Olympic Team members.

30 minutes	Gold Coach
1 athlete	check with office
2 athletes (same skill)	50% each

60 minutes	Gold Coach
1 athlete	check with office
2 athletes (same skill)	50% each

F.Y.I.

✓ Athletes should arrive 15 minutes prior to the session for a solo warm-up.

✓ Session goals should be arrived at prior to the lesson, with the athlete's head coach or parent. This is easily accomplished with a telephone call or email.

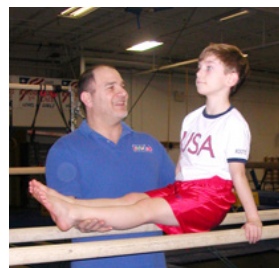
✓ A missed session, without advance notice is charged at 50%. A one-day, 24 hour, notice is required for cancellation without penalty.

✓ All athletes must have a current registration form on file with the appropriate family registration fee applied.



The family registration fee for **Personal Instruction ONLY**

is **\$25** which can be applied to the standard registration fee for classes. Cash, check or credit card is accepted as payment for private lessons at the end of the session.



I Wanna FLIP!



Let us teach YOU, or your child, the proper way to do a back and front flip on the trampoline. 30 minute personal instruction available for school age boys, girls and all adults. Schedule with Mr. Christian. Christian@aerialsgymnastics.com



Lil' Ninjas', 55 minutes, 4-5 years

Monday 1:00

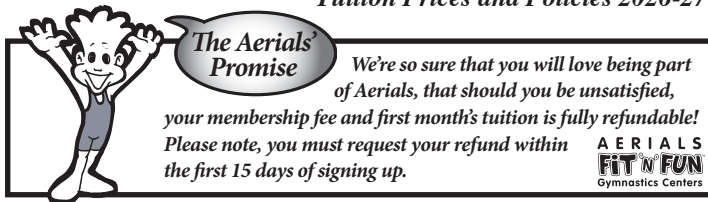
Ninja Zone, 55 minutes, 6 and up

Tue 5:30

Wed 5:30

Wed 6:30





TUITION: Tuition is a minimum of two months to start for New Students.

REPEAT / Tuition is a minimum of two months to start for New Students.

The first month may be prorated depending on your enrollment date, plus the full second month. i.e., A customer enrolling January 17th would pay the tuition through the end of January, and all of February. The next tuition payment would be February 1st for March gymnastics.

ENROLL: Online, in person, or by phone - we'll walk you through the procedures. We are a year-round school with no long-term commitments. You may enroll or un-enroll anytime. Tuition is prorated based on your enroll date.

HOLIDAY CLOSINGS Aerials will close on: Easter, Memorial Day, July 4th, Labor Day, Halloween (after 3pm), Thanksgiving, Holiday/Winter Break - Christmas to New Year's.

MONTHLY TUITION: Tuition is paid monthly via direct debit from Mastercard, Visa, Discover or debit card on the 1st day of the (preceding) month. Declined payments (expired card, etc.) must be remedied on or before the 7th day of the month or you risk losing your class spot to a waiting student. Tuition is budgeted on a 48-week year which allows for a holiday break in December as well as a summer break. We do not charge more for 'long' months nor less for 'short' months. Over the year, all 12 months average four weeks. Example, there are only 3 classes on Thursdays in December 26, but 5 Thursday, Friday, Saturdays in October 26, and so on.

WE DO NOT INVOICE: We email monthly tuition reminders. We will notify you by email if your tuition is unable to process.

MONTHLY FEES: Tuition per child

For Tots of Fun, Toddling - 2 years

& SuperParents 12 to 35 months, 45 minutes/week

1st	2nd	3rd	4th
\$ 95	\$ 76	\$ 76	FREE
save	20%	20%	100%

GymKids, 3 years, 45 minutes/week

\$ 93	\$ 756	\$ 766	FREE
save	20%	20%	100%

GymKids, 4 to to Kindergarten, 55 minutes/week

\$ 108	\$ 87	\$ 87	FREE
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For School Age children, 1st grade and up, 55 minutes/week

\$ 108	\$ 87	\$ 877	FREE
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For Adv. School Age children, 1st grade and up, 1.5 hours/week

\$ 174	\$ 139	\$ 139	FREE
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Aerials After School Pick Up Program, 55 minutes/week

\$ 174	\$ 139	\$ 139	FREE
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There is simply no better place for children to learn gymnastics. Aerials is 15,000 square feet of the finest equipped facility in the area, no other comes close.

Parents please read

- *) Your child can begin the Aerials' program at anytime during the session, depending entirely on space availability, which is at a premium between September and May.
- *) A 6 - 12 minute warm up begins each class. It helps the students to develop flexibility and strength while preparing for skill building. Please be on time.
- *) A gymnastics leotard is the preferred attire for girls, shorts and a T-Shirt for boys. These items are available at the "Tumblewear" shop. For safety, leotards with attached skirts are not permitted. Children should remove all jewelry and tie shoulder length hair back.
- *) Snow days will be made up on Fridays unless otherwise posted. We are unable to replace the class on another day or time.
- *) There are no make up classes. We will assist in an emergency as space allows and during their current month. No carry over to future months.

- ✓ **Same child, second class, Pay 1/2 price.**
- ✓ **Family discounts for multiple children. 4th child FREE**

REGISTRATION: A \$65 annual family registration fee is due every August. This fee is prorated, upon initial enrollment. This fee covers insurance, software, web fees and admin costs. Annual membership fee is \$65 per family. The membership fee provides a discount for other services available i.e., Date Night, Parties and private lessons. This fee is not included in the class fee. Below is the proration chart for a whole family.

MEMBERSHIP FEE PRORATED CHART

Jan	\$ 38	May	\$16	Sept	\$ 60
Feb	\$ 33	June	\$11	Oct	\$ 54
March	\$ 27	July	\$5	Nov	\$ 49
April	\$ 22	August	\$65	Dec	\$ 43

FAMILY DISCOUNT: When more than one immediate family member is enrolled at the same time, **ONLY** the most expensive tuition in your family pays full fare; **ALL** lesser tuitions are discounted! And always at Aerials, your 4th child enrolled is **FREE**.

MANUAL PAYMENT OPTION: To opt out of direct debit, simply pay your tuition using any alternative method of payment at least 7 days in advance of the 1st, and your card on file will not be charged.

CHANGING CLASS, DAY, TIME: Changing class, day, time, or program is permitted at any time during your enrollment as long as there is room in the desired class. Tuition increases could apply. No refunds or credits will be given when transferring an enrollment. Your tuition will simply be transferred to the new class or program.

Saturday Classes in July and August. We believe in class activity and instruction all year long, we also like to idea of summer weekends and families so, while classes on Monday to Friday are offered the same all years long, we do have short break in the routine on Saturdays in July and August. If you are currently in Saturday classes, consider moving to a weekday time for those two months. Our regularly schedule begins again on Monday August 31, 2026.

UN-ENROLLING: A "30-Day Written Drop Notice" is required to drop from class. The notice must be received before the 1st of the month PRIOR to the month dropping. Notices received after the 1st week of classes will not be processed until the 1st week of the following month and will take effect the following month. i.e., a client expecting to drop in July must give a 30 day drop notice before the first day in June to avoid July tuition. "Drop Notice" forms can be printed from the Aerials website. No refunds or credits will be issued for missed classes.

MEDICAL REASONS: For medical conditions validated by a medical doctor's written statement, a prorated credit will be issued based upon the date the statement was received (requests after-the-fact eliminate Aerials' opportunity to fill a vacated class spot.) Refunds will be processed within 14 days.

- *) Credit cannot be given for vacations, sporting events, missed class, etc.
- *) After "The Aerials Promise" for new students, **ALL PAYMENTS ARE NON-REFUNDABLE.**
- *) Parents are not allowed in the gym unless accompanied by a staff member.
- *) **NO STREET SHOES** are permitted in the gym. They carry dirt and possibly small pieces of rock or glass and can leave residue that can be harmful to the children.
- *) Parents who wait with children in the lobby must maintain control and supervision of their child. No running, ball playing, climbing, etc. . . is to be permitted. Try good books and homework!
- *) No soccer cleats or shoes with wheels are permitted in the lobby, hallway or gym. Please leave them in the car.