

YOU MATTER Virtual Assembly – Facilitator Guide

1. Purpose of the Assembly

- To offer hope
- To reduce isolation
- To encourage help-seeking behavior
- To remind students they matter

2. Suggested Introduction (Read Aloud – 30 seconds)

“Today you’ll be watching a short assembly focused on hope and resilience. Some of the topics may be personal or emotional. If anything brings up questions or feelings, support is available, and we encourage you to talk with a counselor, teacher, or trusted adult.”

3. Important Notes for Staff

- Content is trauma-informed and student-appropriate
- No graphic descriptions
- Emphasizes reaching out for help

4. Recommended Follow-Up

- Remind students how to access school counselors
- Encourage conversations with parents or trusted adults
- Share the YOU MATTER resources page
- Encourage students to sign the pledge

5. Crisis Support

- U.S.: Call or text **988**

6. After the assembly

- Please send us an email at contact@deansikes.net and let us know how your assembly impacted your students! These stories and testimonies keep us going!
- Please share this assembly with others to increase the impact!