MATTHEW for

EVERYONE

PART 1 CHAPTERS 1—15

TOM WRIGHT



Heythrop Library
114 Mount Street
London
W1K 3AH
UK

MATTHEW 6.7–15 The Lord's Prayer

spirit, and the point here is to match the outgoing, spontaneous generosity of God himself. The best way to be sure is for nobody else to know.

The same applies to prayer. What you are in private is what you really are. Go into your inner room and talk to your father. You don't have to make a song and dance about it, and indeed the fewer people that know you're doing it the better. Nor do you have to go on mouthing pious phrases. You may find there are forms of words which help, as a framework or a starting-point; Jesus is about to give the **disciples** the framework he particularly recommends. But the point is to do business with God, one to one.

Jesus doesn't say what kind of reward we should expect. That, too, is part of the point. Simply knowing God better is reward enough; but there may be other things as well. You never know till you try. What is clear is that he is inviting his followers to a life in which inside and outside match perfectly, because both are focused on the God who sees in secret.

MATTHEW 6.7-15

The Lord's Prayer

7'When you pray, don't pile up a jumbled heap of words! That's what the Gentiles do. They reckon that the more they say, the more likely they are to be heard. *So don't be like them. You see, your father knows what you need before you ask him. *So this is how you should pray:

Our father in heaven,
May your name be honoured

10 May your kingdom come
May your will be done
As in heaven, so on earth.

11 Give us today the bread we need now;

12 And forgive us the things we owe,

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As we too have forgiven what was owed to us. 13Don't bring us into the great Trial, But rescue us from evil.

¹⁴Yes: if you forgive people the wrong they have done, your heavenly father will forgive you as well. ¹⁵But if you don't forgive people, neither will your heavenly father forgive you what you have done wrong.'

I was talking to a friend who had the reputation of being one of the finest preachers in the area. How did he go about it, I asked. He had no particular technique, he said; he just puzzled over the biblical readings that were set for that day until a framework emerged. Once he'd got a framework it was just a matter of writing it out.

That, of course, was a deceptively simple answer, and we can only guess at the hours of struggle and prayer that were disguised by such a short, and humble, response. But it's often the case, in many areas of life, that we blunder around until we find a framework around which we can build. And this is almost always true with prayer.

Jesus contrasts the sort of praying he has in mind with the sort that went on in much of the non-Jewish world. We know from many writings and inscriptions that many non-Jews did indeed use multiple formulae in their prayers: long, complicated magic words which they would repeat over and over in their anxiety to persuade some god or goddess to be favourable to them. Such prayers are often marked by a note of uncertainty. There were many divinities in the ancient pagan world, and nobody quite knew which one might need pacifying next, or with what formula.

This is hardly surprising. Prayer is one of life's great mysteries. Most people pray at least sometimes; some people, in many very different religious traditions, pray a great deal. At its lowest, prayer is shouting into a void on the off-chance

whole building, though of course the prayer is used as it sequence of thought to act more like the scaffolding than the intended this prayer to be used like that as well. powerful prayers to be said three times a day. Maybe Jesus by countless Christians every day. Already by Jesus' day the stands (usually in the longer version we find here in Matthew) ways (Luke 11.2-4). It looks as though Jesus intended this should always use identical words, and actually when Luke gives Jewish patterns of prayer were well established, with short but his version of the prayer it is different in small but interesting Sermon on the Mount, is a framework. Jesus doesn't say you What the Lord's Prayer provides, here at the heart of the

one true God a world of meaning which he wants us to us to do so. It implies, in other words, that we share with the we can mean with our minds (though it will stretch our think to the creator of the universe, and that he wants and intends humans can and should use our ordinary language in talking ing) as well as say with our lips. It implies strongly that we which plugs into some secret charm or spell. It is something is deeply meaningful. It isn't a magic formula, an 'abracadabra' to God? First, and so obvious that we might miss it, the prayer What then does the prayer tell us about our regular approach

that a title for the whole Sermon might be, 'What it means to Jesus does throughout this Sermon – in fact, we could suggest Second, everything is set within our calling God 'father' (as

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call God "father"). For Jews in Jesus' day, this title for God Egypt and so demonstrating that 'Israel is my son, my firstwent back to God's action in the Exodus, rescuing Israel from

own minds. collapses into the random thoughts, fears and longings of our ourselves, and very soon it stops being prayer altogether and where. The first half of the prayer is thus all about God. Prayer tation, his very presence - will be held in high honour everywell. When that is done, God's name - his character, his repuglory and beauty of heaven to be turned into earthly reality as people to be snatched away from earth to heaven, but for the the kingdom of God to become fully present: not for God's saving rule come to birth on 'earth'. This is, in fact, a prayer for God, who dwells in 'heaven', and longs to see his sovereign and that doesn't start there is always in danger of concentrating on Third, this God is not a man-made idol. He is the living

that in due course. sense, bubbling up out of the prayer, the realization that if we selves. We must pray for the needs of the whole world, where to God's honour, we can never simply pray for food for ourchapter spells this out. But if we are truly praying this prayer about it all even than we are ourselves. Much of the rest of the world and his human creatures, we can ask him for everything truly pray it we might also have to do something about it, to millions go hungry and many starve. And already we may we need in the safe knowledge that he is far more concerned become part of God's answer to our own praying. But more of Fourth, though, because this God is the creator, who loves his

every single action carrys eternal and unbreakable consequences, at the heart of Judaism and Christianity lies the belief possible and, through God's love, can become actual. Jesus that, though human actions matter very deeply, forgiveness is Fifth, we pray for forgiveness. Unlike some religions, in which

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assumes that we will need to ask for forgiveness not on one or two rare occasions but very regularly. This is a sobering thought, but it is matched by the comforting news that forgiveness is freely available as often as we need it.

There is, however, a condition, which remarkably enough is brought right into the prayer itself: we ourselves must be forgiving people. Jesus takes an extra moment afterwards to explain why. The heart that will not open to forgive others will remain closed when God's own forgiveness is offered. Jesus will say more about this in chapter 18.

The prayer ends with a sombre and realistic note. Jesus believed that the great time of testing was coming upon the world, and that he would have to walk alone into its darkness. His followers should pray to be spared it. Even now, in the light of Easter and with the guidance and power of the Holy Spirit, we still need to pray in this way. There will come yet more times of crisis, times when all seems dark for the world, the church, and in our own hearts and lives. If we follow a crucified Messiah, we shouldn't expect to be spared the darkness ourselves. But we must, and may, pray to be kept from its worst ravages, and to be delivered from evil, both in the abstract and in its personified form, 'the evil one'.

Here is the framework Jesus knew we would need. Here is your heavenly father waiting and longing for you to use it day by day as you grow in your knowledge, love and service of him. What is stopping you from making it your own?

MATTHEW 6.16-24

On Fasting and Lasting Treasure

¹⁶When you fast, don't be gloomy like the play-actors. They make their faces quite unrecognizable, so that everyone can see they're fasting. I'm telling you the truth: they have received their reward in full. ¹⁷No: when you fast, tidy your hair and