'I can do this' Growing edge!

## PREPARING THE ROOM

Arrangement of chairs – circle / horse shoe	
Working out where the presenter sits / stands	
Think about use of flip chart / projector / lectern / music stand or nothing	
Think about lighting – dim is atmospheric but not good for presenting	
Where is the sun if anywhere, and where will it move?	
Consider temperature of the room warm enough but not too warm	
Knowing if there are tea and coffee facilities	
Knowing where the toilets are located	
Knowing where the fire exits are located	

## **FACILITATOR'S STYLE**

Creating a rapport with the group	
Smiling – relaxes you and shows confidence	
Confident – or at least confidence in God!	
Genuine – being yourself	
Friendly – not seeing the group as hostile	
Approachable	
Aware of the loudness of your voice – particularly when leading prayer	
Trying to modulate your voice a little – not monotone	
Speaking clearly not mumbling	
Aware of your pace of speaking – different for a talk or leading prayer	
Make eye contact – but don't stare at one person	
Willing to share something of yourself, but it's not about you!	
Knowing how to get the attention of the group – clap, bell, singing bowl etc.	
Don't be apologetic / lower expectations of the group so you feel better!	

## **CONTENT OF PRESENTATION AND HOLDING THE SPACE**

Setting simple and clear objectives for the session	
Knowing what message you want to get across	
Knowing exactly how you are going to start confidence	
Know how you are going to finish and what happens next	
Engage with group – don't just lecture	
Invite and acknowledge contributions from the group	
Start on time and keep to time at end	
Break up a long session, change activities	
Encourage interaction in the group	
Have questions they can chat to each other about – not deep sharing	
Take feedback from the chat	
Don't just read from a script, know material well enough to talk to notes	

## LEADING A GROUP THROUGH A WAY OF PRAYING

Pray yourself before the workshop, remember why you are doing this
Remember it's about the individuals meeting God / Jesus
Remember to leave spaces for that encounter
Know how you are going to finish
Let the group know you have finished
Ask them to close their eyes or focus on the floor
A gentle voice is OK – but you need to be heard
Pace – neither tortoise nor hare!
Keep an eye on the group, are they still or shifting