

Spiritual Conversation Working in Triads (2026)

- **CONFIDENTIALITY** - It is very important to keep confidential all that is shared and to keep the boundary to **that time and place**.
- **TIME-KEEPING** - Time keeping is the responsibility of the **LISTENER**.
- **MATERIAL OFFERED WHEN SPEAKING** – As the **SPEAKER**, keep your material at a level where you are comfortable. Use the material you prepared before arriving or another experience of encounter with God.
- **BRING A NOTEBOOK** – The listener keeps notes of their own learning and next steps.
- **WITHIN THE SESSION** – The listener will let the observer(s) know what their **learning focus** is for the session at the start. After the listening finishes, the speaker and peer observer will offer a brief observation as to what the listener did that seemed most helpful to the speaker. The team observer and listener will then discuss how it went, exploring what went well and what might have been done differently, leading to agreeing a learning focus for the listener's next practice.
The team member also makes some notes to
 - help the discussion with you
 - note the agreed next step in learning
 - give as a help to your personal tutor so that they have a sense of your progress, which will be written up as a summary at the end of the course.
- **OFFERING AN OBSERVATION** – When invited to offer feedback, keep the focus on the **LISTENER** (rather than on the speaker's material). Choose one positive observation to offer to the listener. Try to be specific about what you observed.