

# Resilient Leadership Institute™ Certification

Where Conscious Leadership Meets Radical Resilience

## Lead with Courage, Compassion, and Capacity

In today's complex world, leadership demands more than strategy—it requires emotional intelligence, trauma-awareness, and resilience.

The Resilient Leadership Institute™ Certification is a 3-month hybrid program for leaders ready to transform how they lead themselves, their teams, and their organizations.

Whether you're navigating burnout, identity-based harm, or systemic change, this certification will equip you with the tools to lead with clarity, equity, and compassion.

## **What You'll Gain**

- Trauma-informed, neuroscience-based leadership skills
- Emotional regulation tools to manage yourself and support your team
- Practices for building psychological safety and systemic trust
- Equity-centered frameworks for ethical, identity-conscious decision-making
- Strategies to disrupt burnout culture and foster organizational healing
- Certification as a Certified Resilient Leadership Practitioner

## **Program Overview**

- 6 Core Modules: Live and recorded training sessions
- Practice Circles: Bi-weekly small-group peer coaching
- Capstone Project: Real-world leadership application
- Ongoing Access: Recorded content and leadership resources

## **Program Modules**

- Understanding Trauma in the Workplace
- Emotional Intelligence & Regulating Leadership
- Psychological Safety & Systemic Trust Repair
- Power, Identity, and Equitable Decision-Making
- Transforming Burnout Culture
- Integrating Healing-Centered Leadership

#### Investment

**\$2,250 | Early Bird** (register prior to 8/15) **\$2,500 | General** (register after 8/15)

Discounts available for groups of 3+ from the same organization.

#### **Who Should Attend?**

- Nonprofit, education, healthcare, and mission-driven leaders
- DEI professionals and HR directors
- Emerging BIPOC women leaders
- Coaches and consultants working with frontline organizations

### **Program Starts**

Limited to 12 participants. Registration closes September 13, 2025—or when all spots are filled.

Program starts on October 2, 2025.



## **Bring the Certification to Your Team**

We partner with organizations across sectors—nonprofits, government agencies, school systems, and healthcare networks—to support staff and leadership teams in cultivating resilience, equity, and sustainable impact.

Let's talk about a custom cohort that fits your goals.

#### Official SHRM Recertification Provider

The Resilient Leadership Institute™ is recognized by SHRM to offer Professional Development Credits (PDCs) for the SHRM-CP® and SHRM-SCP®.

#### **Learn More & Apply**

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