

# TROPICAL KITCHEN

DINNER

EAT WELL. FEEL GOOD. LIVE TROPICAL.

# SUN-GROWN

# CUISINE

DINNER

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## RAW & FRESH

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### CARRIBEAN HUMMUS

23

Patate douce pois chiche, épice jerk, pita maison  
Sweet potatoes, chick peas, jerk spice, homemade  
pita bread

### SUN-KISSED TOMATOES BURRATA

30

Patate douce pois chiche, épice jerk, pita maison  
Sweet potatoes, chick peas, jerk spice, homemade  
pita bread

### CAJUN TUNA TARTAR

32

Thon, crème de maïs épicée, épices cajun,  
chips de tortilla  
Tuna , spicy cream corn, cajun spice, tortilla chips

### MAHI MAHI CEVICHE

32

Mahi-mahi, leche de tigre, coriandre, radis,  
concombre, grenade, tobikko  
Mahi mahi, leche de tigre, coriander, radish,  
cucumber, pomegranate, tobikko

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## BRIGHT BOWLS

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### KALE CAESAR BOWL

20

Kale salade, sauce césar, parmesan, crumble de pain  
Kale salad, caesar dressing, parmesan, bread crumbs

### TK'S BOWL

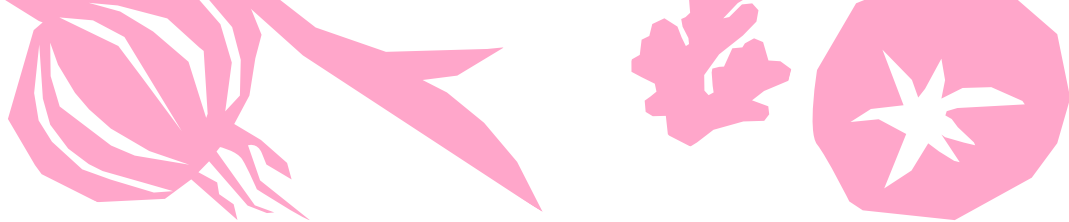
36

Thon, riz, concombre, carottes, edamame, radis,  
Tuna, rice, cucumber, carrots, edamame, radish,

### ISLAND BOWL

38

Riz coco, mangue, avocat, patate douce, mahi-mahi,  
chutney d'herbes, piment végétarien  
Coconut rice, mango, avocado, sweet potatoes, mahi-mahi,  
herbs chutney, caribbean seasoning pepper



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## MAINS

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### CHICKEN GRILLED LEMON 38

Poulet, broccolini, sauce citron  
& citron confit, dukka épicé  
Chicken breast, broccolini, citrus sauce  
& lemon confit, spicy dukka

### CITRUS MAHI-MAHI 39

Mahi-mahi, salade roquette fenouil, sarrasin  
soufflé, sauce orange & carottes, agrumes  
Pan seared mahi-mahi, arugula salad, fennel, puffed  
buckwheat, orange and carrot sauce, citrus

### TROPICAL FALAFEL BURGER 34

Falafels maison, sauce tahini, chou rouge, salsa de  
tomates, frite de patate douce  
Home made falafels, tahini dressing, red cabbage,  
tomatoes salsa, sweet potatoes fries

### SWEET POTATO STEAK 32

Steak de patate douce, yaourt coco,  
jus vegan, pois chiche soufflé,  
Sweet potatoes steak, coconut yoghurt,  
vegan jus, puffed chickpeas

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## SIDES & EXTRA

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### FETA & OREGANO SWEET POTATO FRIES 12

- FRITES DE PATATE DOUCE FETA ORIGAN

### KALE SALAD - KALE SALADE 8

### GRILLED BROCCOLINI - BROCCOLONI GRILLÉS 12

### SAUTÉED VEGGIES - LÉGUMES SAUTÉS 10

### FURIKAKE RICE - RIZ FURIKAKE 9

### SEAWEED SALAD - SALADE D'ALGUES 12

### COCO RICE - RIZ COCO 11

### PITA BREAD - PAIN PITA 6



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## DESSERTS

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| <b>BLUEBERRIES CHEESCAKE</b>                                                                                                                      | 15 |
| Sablé breton vegan, mousse cajou, gelée de myrtilles<br>Brown butter biscuit, cashew mousse, blueberry curd                                       |    |
| <b>AVOCADO CHOCOLATE MOUSSE</b>                                                                                                                   | 15 |
| Chocolat 64%, avocat frais,<br>crumble chocolat, huile d'olive, piment<br>Dark chocolat 64%, fresh avocado,<br>chocolat crumble, olive oil, chili |    |
| <b>MANGO STICKY RICE</b>                                                                                                                          | 15 |
| Riz gluant, mangue, sauce noix de coco vanille<br>Sticky rice, mango, coconut vanilla dressing                                                    |    |
| <b>*ICE CREAM</b>                                                                                                                                 | 6  |
| Chocolat, vanille, banane, cookie chocolat<br>Dark chocolate, vanilla, yogurt, banana, chocolat cookie                                            |    |
| <b>*SORBET</b>                                                                                                                                    | 6  |
| Basilic citron, mangue-passion, framboise, noix de coco<br>Lemon basil, mango-passionfruit, raspberry, coconut                                    |    |

La sélection marquée par un \* est  
disponible de 15h à 19h.  
The selection with an \* is available  
from 3pm until 7pm.