

# SOLACĒ SAUNAS

PREMIUM INFRARED SAUNAS



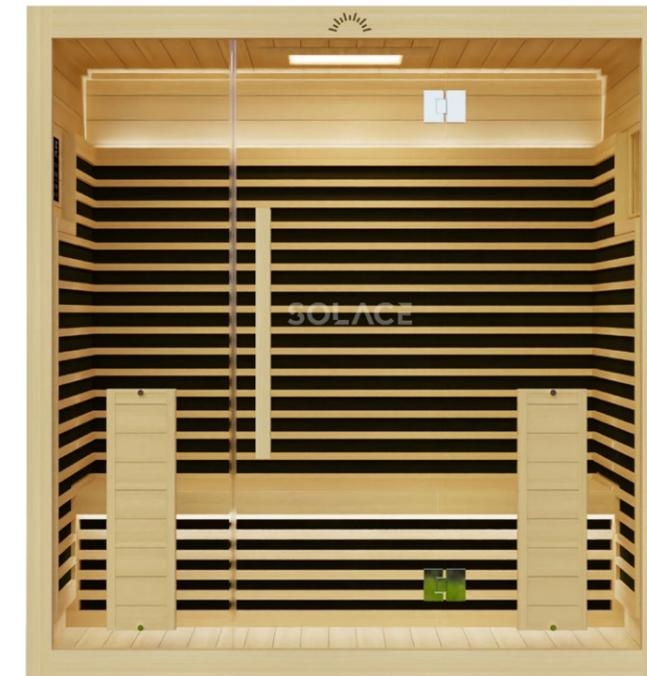
Solace Saunas is a proudly Australian-owned and operated company that specialises in providing high-quality, exclusive infrared sauna solutions.

Solace Saunas has established a seamless pathway for clients to access Infrared Saunas for their homes new and old as well as offering commercial Sauna Solutions the smart way for any form of Fitness studio offering.

From initial assessment and consultation, to installation and maintenance, we offer full-service support to ensure that our customers obtain the best possible sauna to suit their needs and experience. Tailored Sauna Solutions for any space, Solace Sauna stands at the forefront of Sauna Solutions for the Australian market.

Solace Saunas along with Solace Sessions has the ability to create partnerships with clients to provide ongoing relationships in the health and wellness Industry and to Integrate our product and technologies for a seamless and professional offering.

We are dedicated to helping our customers improve their health and wellbeing through the use of infrared sauna therapy and smart technologies.



**MODEL: 3 PERSON VANTAGE FULL SPECTRUM**



## The ultimate health & wellness item for your home.

A sumptuous addition to a newly built house or existing home, a Solace Sauna is a daily spa treatment enjoyed from the comfort of your own abode.

Solace Sauna has created premium Infrared Saunas without the large cost outlay to seamlessly install in any desirable space in a home looking for an easy and accessible solution to heat therapy.

Solace Saunas Infrared Saunas can be setup and installed in most rooms whether it be bathrooms, home gyms, outdoor alfresco and entertainment areas and garages, Solace Sauna will deliver and Install your Sauna for your peace of mind.

An array of desirable health and wellness benefits are activated by targeted infrared heat. When used as a regular remedial activity, your Solace Sauna aids detoxification, skin purification, weight loss, Increased cardiovascular output, pain relief and more.



SOLACE SOLACE

WHAT WILL

MODEL: 4 PERSON VANTAGE TO 2 PERSON LUXE

**OUR RANGE**

**The Luxe**



**Solace sauna comparison and why solace saunas are not comparable to cheaper saunas:**

When comparing Solace premium infrared saunas to cheaper infrared saunas, several key factors distinguish the higher-end models from the more economical options. These differences impact the overall user experience, effectiveness, and durability of the saunas. Labour, cost of state of the art hardware, FEC Certified timbers under stringent requirements involving high cost Sauna builds and certifications.

**PREMIUM INFRARED SAUNAS**

**CHEAPER INFRARED SAUNAS**

Use high-quality, durable woods like Canadian cedar or Canadian hemlock, which are naturally resistant to moisture, bacteria, and decay.	Often use lower-cost, less durable woods or wood composites that may not be as resistant to moisture and wear.
Feature superior craftsmanship with precise joints, smooth finishes, and robust structural integrity.	May have less precise construction, leading to potential gaps or weaknesses in the structure.
Include high-quality, non-toxic materials that are safe and environmentally friendly.	Could contain lower-quality materials that might off-gas harmful chemicals when heated.
Hand built with double wall insulation trialled and tested prior to packing.	Cheap unsafe electrical components
High quality hardware and electrical components designed for safe prolonged use	Mass produced low labour and low quality construction which can easily wear and brake.
Ergonomic backrest and bench seat	
Commercial-grade double motor sauna	

## Heating Technology and Performance

### PREMIUM INFRARED SAUNAS

### CHEAPER INFRARED SAUNAS

Utilise advanced, full-spectrum and FAR infrared heaters that offer a blend of near, mid, and far infrared wavelengths for comprehensive health benefits.	Typically rely on less advanced heating elements, often focusing only on heat
Feature high-quality crystal carbon or red quartz heaters that provide even, efficient, and long-lasting heat.	Using older ceramic style heaters
Insulated heating and moisture resistance wiring	May use lower-quality heaters that can have uneven heat distribution and shorter lifespans.
True to temperature heat maximising Sauna therapy	Cheaper carbon heaters prone to carbonize over short periods of time
Ensure consistent and optimal temperature control, reducing hot spots and ensuring a comfortable experience.	Might struggle with consistent temperature control, leading to less effective and comfortable sessions.

## Control and Customisation Features

Offer sophisticated control panels with easy-to-use touchscreens, programmable settings, and remote controls.	Often have basic control panels with limited functionality.
Include customisable features such as chromotherapy lighting, aromatherapy, and high-quality sound systems.	Typically lack advanced customisation options and additional wellness features.
Provide enhanced user experience with ergonomic design, comfortable seating, and spacious interiors.	Might have simpler, less ergonomic designs with less attention to user comfort.
Robust control systems that last	Faulty control systems always failing

## Safety and Health Certifications

### PREMIUM INFRARED SAUNAS

### CHEAPER INFRARED SAUNAS

Adhere to rigorous safety standards and certifications, ensuring that the sauna is safe for regular use.	Have not been tested to the same high standards of safety and health certifications.
Use Ultra low-EMF (electromagnetic field) technology to minimize exposure to potentially harmful electromagnetic radiation.	Can have higher EMF emissions, which might be a concern for some users.
Include comprehensive warranties and customer support from reputable manufacturers.	Often come with shorter warranties and less reliable customer support.
Provide post installation Sauna service and maintenance	No Sauna service and maintenance options
Third party testing	

## Aesthetic and Design

Feature elegant and aesthetically pleasing designs that can complement home décor.	Generally have simpler designs with less focus on aesthetics.
Offer attention to detail in both interior and exterior finishes, creating a luxurious experience.	May lack the refined finishes and luxurious touches found in premium models.
Sauna designed in house by Sauna design team to align with Solace Premium Brand aesthetic.	Mass produced, machine assembled Saunas
Align design of Sauna with functionality and best heating practices for even heating coverage.	Similar designs to other companies being mass produced from the same factory.



SOLACE

MODEL: OUTDOOR

Make an impressive statement in your backyard or pool area with a Solace Full Spectrum Premium Infrared Outdoor Sauna. Inspired by the traditional rustic style, it is exceptionally durable and specially designed for outdoor use. The ideal size for 3 users to enjoy, it features light-stained Canadian hemlock wood and a backward slanted weather-proof roof.

Fronted with a heavy-duty full glass door, it includes an ergonomic backrest and bench seat, along with Premium heating technology utilising Full Spectrum near, mid and far Infrared light. Timber care is required due to weather elements.

---

FSC Certified Canadian Hemlock

---

Total power 2525W

---

Adjustable temperatures of 25-65 degrees

---

Solace Vantawave Crystal Carbon Panel technology

---

Solace Red Quartz Full Spectrum heaters

---

Ultra Low EMF and ELF <3mg carbon heaters

---

Bluetooth interior control panel

---

Bluetooth speakers/AUX connectivity

---

Chromotherapy reading light and branch light

---

Ergonomic backrest and bench seat

---

Commercial-grade double motor sauna

---

## OUR RANGE Outdoor



**\$10,999** +gst



## Sauna Benefits

Infrared saunas, whether Full Spectrum or FAR Infrared, offer a wide range of health benefits. From detoxification and improved circulation to pain relief and enhanced immune function, these saunas provide a natural and effective way to improve overall health and well-being. Full Spectrum Infrared Saunas offer an addition of skin benefits by combining near, mid, and far infrared wavelengths, while FAR Infrared Saunas provide deep tissue detoxification and targeted relief for pain and stress mimicking a traditional Sauna bath.

### DETOXIFICATION

Infrared saunas increase core body temperature, leading to sweating. Sweating is an effective way to eliminate toxins such as heavy metals (e.g., lead, mercury), chemicals, and pollutants. This process helps to cleanse the body and improve overall health.

### PAIN RELIEF

Infrared heat penetrates deep into muscles and joints, providing relief from pain and stiffness. It's particularly beneficial for people with chronic pain conditions like arthritis, fibromyalgia, and muscle spasms. The heat reduces inflammation and increases blood flow, promoting healing and pain relief.

### CIRCULATION

The heat from the infrared sauna causes blood vessels to dilate, enhancing blood flow. Improved circulation helps in delivering oxygen and essential nutrients to muscles and tissues, which speeds up the healing process and reduces inflammation.

### STRESS REDUCTION

The soothing heat of an infrared sauna helps relax muscles and alleviate tension, reducing stress levels. The experience promotes the release of endorphins, which are natural mood elevators, leading to improved mental health and a sense of well-being.





### **WEIGHT LOSS**

Using an infrared sauna can increase heart rate and metabolic rate, similar to moderate exercise. This process burns calories and can support weight loss efforts. Regular use of the sauna can be a valuable addition to a weight management plan.

### **IMPROVED IMMUNE FUNCTION**

The heat from the sauna increases body temperature, mimicking a fever. This process stimulates the immune system, increasing the production of white blood cells and enhancing the body's ability to fight off infections and illnesses.

### **SKIN HEALTH**

Infrared wavelengths, especially near infrared, stimulate collagen production, improving skin elasticity and reducing wrinkles. The increased blood flow helps in delivering essential nutrients to the skin, promoting a healthy complexion and helping with conditions like acne, eczema, and psoriasis.

### **CARDIOVASCULAR HEALTH**

Regular use of an infrared sauna improves cardiovascular function by increasing heart rate and improving blood vessel function. This can lead to lower blood pressure, improved heart health, and a reduced risk of cardiovascular diseases.

### **NEAR INFRARED (NIR)**

Warms the skin's surface to promote cell health, enhance wound healing, and improve skin rejuvenation.

### **MID INFRARED (MIR)**

Penetrates deeper into the body to help with pain relief, improving circulation, and reducing inflammation.

### **FAR INFRARED (FIR)**

Penetrates deepest, reaching deep tissues, and providing detoxification, relaxation, and promoting weight loss.

## Why Solace infrared?

Our bodies produce FAR Infrared heatwaves as these are emanating from the Sun every day. Our bodies absorb FAR Infrared heatwaves which deeply penetrates the skin to dissolve your bodies unwanted toxins accumulated in the body by dispersing the toxins as sweat.

By comparison, conventional saunas must rely only on indirect heat: Convection air current, and conduction (direct contact of hot air with the skin) to produce its heating effect. Ultimately, therefore Solace Infrared is a more desirable mechanism for heat therapy.

The infrared rays have the power to revitalize your cells and metabolism and just like the Sun, causes our bodies to feel refreshed and illuminated following a sauna session.

Solace Sauna uses Solace Vantawave Carbon Panels to generate a restorative heatwave to penetrate deep into the body ensuing a relaxing experience without the extreme or uncomfortable temperatures felt in a traditional sauna room. Far Infrared heatwaves go deeper into tissue and cells to heat the body's core temperature without warming the surrounding air. Solace Vantawave Infrared carbon panels activate a premium and safe heatwave to activate heat shock proteins, which increases the rate of detoxification and neuromuscular conditioning along with an array of health benefits.

Solace Sauna provides Saunas with 0% EMF and ELF levels adhering and passing to all world standards. We continue to push boundaries in Sauna technology and are developing new and improved standards within our company to produce Saunas to not match other brands but stand alone and at the forefront of the wellness Industry.



# SOLACE SAUNAS





## Ready to transform your daily wellbeing routine?

Get in touch to request an obligation-free quote, home assessment, or more information on the Solace Sauna range.

### For More Information

1800 300 503  
info@solacesaunas.com

### Showroom

U1 35-47 Hood street, Airport West,  
3042, Melbourne  
(by appointment only)

**SOLACESAUNAS.COM.AU**