

Varicose Veins

Veins transport blood from different parts of the body back to the heart. Varicose veins are enlarged and twisted veins visible under the skin, primarily occurring in the legs, though they can appear in other areas as well.

Symptoms

- Bleeding
- Cramps
- Cosmetic concerns
- Heaviness in the legs
- Restless leg syndrome
- Thickening of the skin

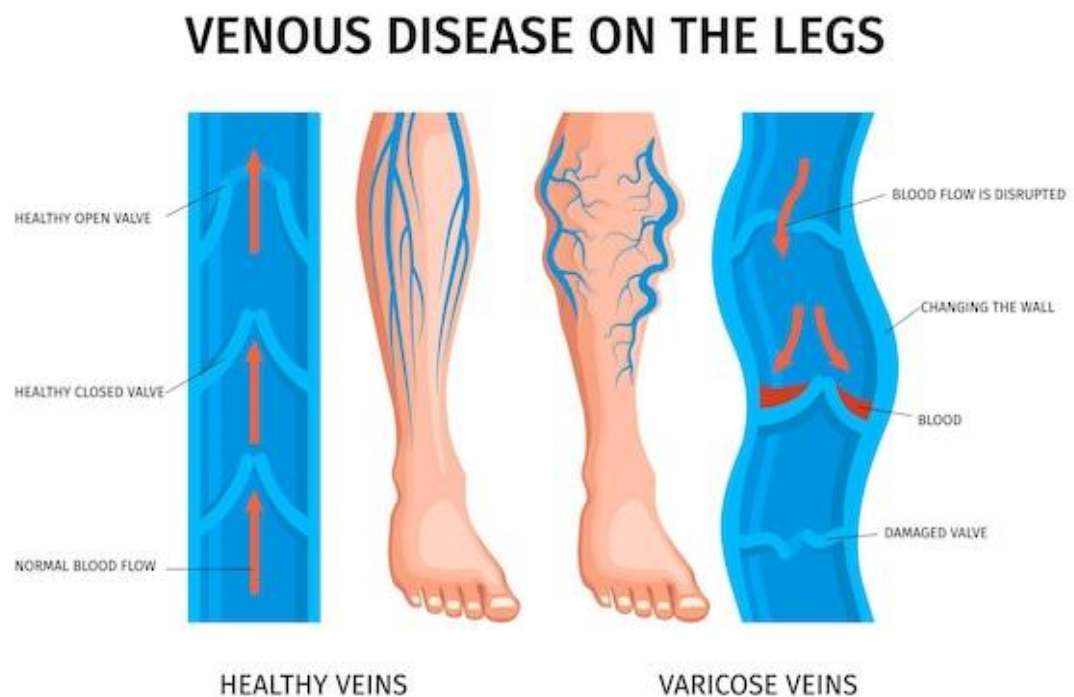


Image via www.freepik.com

Causes

- Increased abdominal pressure
- Hereditary factors
- Leg injury
- Obesity
- Pregnancy
- Prolonged standing

Investigations

- Clinical Examination
- Venous Ultrasonography

Treatment Options

- Lifestyle Changes
- Supportive Treatment
- Surgery:
 - Sclerotherapy
 - Vein Stripping
 - Endovascular Ablation Therapy

Take Action Today

If you are experiencing symptoms of varicose veins, consult your healthcare provider for a thorough examination and to discuss the best treatment options for your condition.