

MEHP October 25



**ALL MENU ITEMS
SUBJECT TO
AVAILABILITY**

**Each meal
served w/ choice
of milk**

WEDNESDAY 01

B: WG French Toast
Apple

L: WG Spaghetti W/
Meat Sauce
Broccoli
WG Breadstick
Juice

THURSDAY 02

B: WG Stuffed Waffle
Pear

L: WG Mozzarella
Sticks
Green Beans
Marinara
WG Snack
Peaches

FRIDAY 03

B: WG Cinnamon
Roll * Apple

L: WG Grilled Cheese
Sandwich
Seasoned Corn
Cucumber Slices
Fruit Cocktail

MONDAY 06

B: WG Bagel Bites
Apple

L: Chicken Patty
Sandwich on WG Bun
Baby Carrots
Pickle Slices
Pineapple

TUESDAY 07

B: WG Chicken
Biscuit * Pear

L: WG Cheese & Beef
Nachos
Black Bean &
Corn Salad
Salsa
Slushie

WEDNESDAY 08

B: WG Honey Bun
Apple

L: WG Macaroni &
Cheese
Broccoli
Celery Sticks
WG Snack
Banana

THURSDAY 09

B: WG Waffles
Pear

L: WG Fried Chicken
Drumstick
Mashed Potato
Baked Beans
WG Roll
Peaches

FRIDAY 10

B: WG Egg Croissant
Apple

L: WG Pizza
Sweet Potato Fries
Veggie Sticks
Fruit Cocktail

MONDAY 13

Fall Break

TUESDAY 14

Fall Break

WEDNESDAY 15

Fall Break

THURSDAY 16

Fall Break

FRIDAY 17

Fall Break

MONDAY 20

Professional
Development
Day

TUESDAY 21

B: WG Breakfast
Cookie * Pear

L: WG Beef Tacos
Pinto Beans
Lettuce & Tomato
Orange Wedges

WEDNESDAY 22

B: WG French Toast
Apple

L: WG Spaghetti W/
Meat Sauce
Broccoli
WG Breadstick
Juice

THURSDAY 23

B: WG Stuffed Waffle
Pear

L: WG Mozzarella
Sticks
Green Beans
Marinara
WG Snack
Peaches

FRIDAY 24

B: WG Cinnamon
Roll * Apple

L: WG Grilled Cheese
Sandwich
Seasoned Corn
Cucumber Slices
Fruit Cocktail

MONDAY 27

B: WG Bagel Bites
Apple

L: Chicken Patty
Sandwich on WG Bun
Baby Carrots
Pickle Slices
Pineapple

TUESDAY 28

B: WG Chicken
Biscuit * Pear

L: WG Cheese & Beef
Nachos
Black Bean &
Corn Salad
Salsa
Slushie

WEDNESDAY 29

B: WG Honey Bun
Apple

L: WG Macaroni &
Cheese
Broccoli
Celery Sticks
WG Snack
Banana

THURSDAY 30

B: WG Waffles
Pear

L: WG Fried Chicken
Drumstick
Mashed Potato
Baked Beans
WG Roll
Peaches

FRIDAY 31

B: WG Egg Croissant
Apple

L: WG Pizza
Sweet Potato Fries
Veggie Sticks
Fruit Cocktail

Laughing Sprouts in an Equal Opportunity Employer