



May 16th 2026

Athletics Whangarei Cross Country No 1 Barge Park Maunu Whangarei

WEATHER: Sunny and no rain!

Course: Grass and quite heavy underfoot(its rained a bit lately!!)

Thank you to everyone who came along today and for making the effort to get here and participate. Particularly the crew from Dargaville Athletics.

The atmosphere at the start was electric and there was lots of fierce competition.

The commraderie was great, and now you all have a baseline to see what you can do next time on June 13th.

The finish was uphill as was the start mainly due to the forecast being for rain so we set up under the eves of the building to stay dry!

Thank you to the course setters Brian Barach and Max Thomas.

To Ivan for disc number person!

To Kathy and Val for helping sort the afternoon tea.

And last but not least ALL of you for takin part in the event.

To everyone who got stuck in and help clear up flags and equipment and get to the trailer

THANK YOU

The winner of the \$100.00 was Rob Griffin

SEE YOU ALL NEXT TIME

Lap distance 2.1 k

Place	Name	Age	distance	Time	CLUB
1	Austin Greer	8	1 lap	10.12	DV
2	Adriaan Vermeulen	7		11.54	DV
3	Freddy Coles	8		12.43	DV
4	Alastair Martin	7		16.25	AW
5	Elliott Thornton	7		16.28	
6	Max Thornton	5		16.30	
1	Ella Watts	12	2 laps	19.25	AW
2	Isabelle Martin	12		20.48	AW
3	Sophie Stewart	11		21.20	DV
4	Didi Adomaea	12		21.57	AW
5	Francois Vermeulan	11		23.05	DV
6	Nova Topia	12		24.07	DV
7	Skylar Epere	11		25.47	DV
8	Sasha Cains	11		24.58	H
9	Rosie Watts	10		24.59	AW
10	Aria Pullman	10		25.03	DV

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11	Christine Fraser and Bonnie	60-64		27.44	AW
12	Ava Jennings	11		28.28	
13	Judith Stewart	75-79		29.07	AW
14	Evan Browning	12		30.07	DV
1	Marty Vermeulen	40-44	3 laps	31.29	DV
2	Maralene Vermeulen	13		31.37	DV
3	Carolyn Smith	65-60		33.58	AW
4	Joel Oliver-Brown	13		38.52	DV
5	Jackie Grant	65-69		39.19	H
6	Sarah Goodwin	40-44		41.36	
7	Sam Browning	14		50.37	DV
8	Gill Michel	75-79		52.21	AW
1	Alan Staite	50-54	4 laps	35.48	H
2	Mike Gowing	65-69		43.18	AW
3	Jess Carter	44.32		44.32	
4	Andy Thornton	50-54		44.38	
5	Nick Browning	35-39		44.56	DV
6	Xander Seymour	35-39		50.49	AW
1	Elliott Ross	15	1 lap	13.15	AW
2	Bruce Horner	70-74	1 lap	19.35	AW
3	Jenny Ferris	55-59	1 lap	56.48 Walk	AW
4	Tony Langon	80+	1 lap	56.59 Walk	AW
1	Polly Barach	40-44	2 laps	42.00 WALK	AW
2	Rob Griffin	80+	2 laps	45.34 WALK	AW
1	Max Thomas	60-64	3 Laps	1.01.49 WALK	AW
2	Morris gray	70-74	3 laps	1.04.08 WALK	AW

