

Warmth and comfort for every journey—hats made with compassion for those facing cancer.



INSTRUCTIONS

Step 1

Wipe down the surface to create the cleanest environment possible. Once dry, lay the fleece flat on the brighter side. Fold your fabric in half along the 28-inch side. Trim any uneven or irregular edges, ensuring they are smooth and that you remove no more than an inch.



Pro Tip!

Remember the direction of the opening—this will be the opening for the head.

Step 2

Using a ruler, measure three inches from the top edge of the fabric and mark this distance with tape.

Next, repeat the measuring and marking along the side where the two ends of the fabric meet.



Step 3

Once measured and marked, cut out the square, marked off in the top corner. After removing the corner, start cutting strips that are about ½ inch (on one finger's width) thick and 3 inches long along both the top and side edges of the fabric. The line created by the tape will serve as your 3-inch guide. This will create a fringe on the open sides of the fleece. This fringe is how we will create the knots, to assemble the hat.



Step 4

Starting on the side opposite the fold, begin tying double knots with the matching strips of fabric. (If you used tape, now is the time to remove it!). When tying the knots, ensure they are flush to the cut. The fabric will get wrinkly, and that's ok. You want the knots to be flush and tight. Fleece is strong, so use that finger strength!



Step 5

Once the side fringes are tied securely, flip the fleece inside out. You should now have a cap-like shape. Set aside the two strips at the top that are closest to the newly knotted edge. Gather the remaining strips to form a pom-pom. Pull all the gathered strips upward, making sure they are even.



Take those last two strips on the top left out of the gathering, to secure the strips. Wrap them around the bunch, creating a pom pom for the top of the cap. Wrap the two set-aside strips around the base of the pom-pom twice, then double knot them to ensure the pom-pom is tight and secure. This should now look like quite the cozy cap!



Step 6

Once the pom-pom is secured, turn the cap inside out again and trim all excess strip fabric. After the strips have been trimmed, turn the cap out and fold the base fabric to create a cuff.



Step 7

One of the most important touches to your gift is to inspire others! Write a short, heartfelt message of encouragement or support on your card, such as "You are strong and loved!" Then, decorate the card with the markers provided to make it colorful and personal. Finally, sign your name or use a friendly sign-off like "Your friend" to add a personal touch and spread positivity.



Your cozy cap is now complete!