

1/04/24

Hello and Warm Wishes,

I hope this message finds you well! As we embark on a new year, I want to take a moment to express my gratitude for the trust and dedication you've shown in our work together.

I am writing to share an important update regarding my practice. After thoughtful consideration, I have decided to transition out of my role at LifeStance in 2025 and focus fully on my private practice. This move allows me to provide more personalized care in a setting better suited to my approach.

As part of this transition, I will also be taking a leave of absence to focus on the personal and professional priorities that need my attention. During this time, I will not be holding sessions in early 2025. However, I am excited to share that I will resume seeing clients in my private practice in February.

I want to extend you an invitation to continue our therapeutic work in my private practice when I resume sessions. If you feel this is the right fit, I will provide all the details you need regarding scheduling, insurance, transferring records, and next steps.

If continuing with me during this transition isn't feasible or desired, I am more than happy to support you in finding another therapist through LifeStance or elsewhere who can meet your needs. Your well-being remains my top priority.

Please don't hesitate to reach out with any questions or to discuss how we might navigate this change together. We will certainly discuss this transition during any of our upcoming sessions, or you can reach out to me directly if we don't have something on the calendar soon.

As we step into this new year, I hope you find moments of growth, renewal, and connection. Thank you again for allowing me to be part of your journey. I look forward to our next conversation.

Gratefully,

A handwritten signature in black ink, appearing to read 'Faith Reyes', with a stylized flourish at the end.

Faith Reyes, MA, LMFT

Lic #106204

email: faithreyesmft@gmail.com

ph: 831-216-6525