Resources for Crisis Marriage Support

Counseling

<u>Vineyard Counseling Center</u> Hopeful counseling for the whole person. Located in Vineyard Columbus Westerville Campus.

<u>Psychology Today: Therapist Finder</u> Use this comprehensive directory of therapists to find a counselor who is right for you. Filter therapists using a wide variety of criteria, such as therapist gender, insurance accepted, faith background, specialties, and more.

<u>Pro Bono Counseling - Mental Health America of Ohio serving Columbus, OH | findhelp.org</u> Provides limited-session therapy for those who meet the eligibility criteria.

Helplines & Safety

<u>CHOICES</u> Tel: 614.224.HOME (4663)

(local 24-hour crisis hotline and shelter for victims of domestic violence; additional resources such as How to Identify Abuse and Making a Safety Plan available on their website)

<u>Domestic Violence Support | National Domestic Violence Hotline</u> Tel: 1.800.799.SAFE (7233) (additional resources, and chat or text options available on their secure website)

RAINN's National Sexual Assault Hotline Tel: 1.800.656.HOPE (4673) (additional resources, and chat, text or What's App options available on website)

988 Suicide and Crisis Lifeline in Ohio | Department of Mental Health and Addiction Services
Tel: 988 (additional resources & chat option available on website)

Addiction & Support Groups

Alcoholics Anonymous (AA) GroupFinder

Narcotics Anonymous GroupFinder

Sex Addicts Anonymous GroupFinder

<u>Celebrate Recovery</u> Wednesdays, 6:30pm, at Vineyard Columbus Westerville Campus Celebrate Recovery is a biblical, Christ-centered recovery fellowship for those desiring to heal from any addictive, compulsive or destructive behavior – hurts, habits or hang-ups. At Celebrate Recovery you will find a safe

place to share pain, struggles, victories, and hope with others focused on Christ-centered recovery. Meetings include a time of worship, teaching, sharing and fellowship.

Men's 180 Mondays, 7pm at Vineyard Columbus Westerville Campus

180 exists to help men who struggle with sexual brokenness find healing through Jesus and his
Holy Spirit and grow in a healthy relationship with God our Father. This ongoing ministry is open
to all men, meets weekly throughout the year, and emphasizes both the healing power of
God and the personal responsibility of men to do whatever it takes to live a life of purity. The
evening includes worship, teaching, small group accountability, mentoring and healing prayer.

Hearts Restored Tuesdays, 6:30pm at Vineyard Columbus Westerville Campus
Hearts Restored Group, and 6-week Recovery Class are for women dealing with sexual
betrayal. This ministry is facilitated by women who understand the devastating effects of sexual
betrayal and desire to walk alongside other women who have been wounded. We believe that
regardless of your circumstances, God is big enough to bring healing into your life. All
communication is confidential.

Prayer

<u>Prayer – Vineyard Columbus</u> (multiple options available for requesting prayer from a Vineyard pastor or prayer ministry team member)