

SEPTEMBER
2025
#19



THE BLAIRLOGIE BULLETIN

DATES TO REMEMBER

- 01 Oct International Coffee Day
- 04 Oct World Smile Day
- 10 Oct World Mental Health Day
- 12-18 Oct National Carers Week
- 16 Oct World Food Day
- 21 Oct Diwali
- 27 Oct Grandparents Day
- 31 Oct Halloween



MONTHLY UPDATE

As September comes to an end and daylight savings begins, the changing seasons brings a renewed sense of energy and possibility. Whether you're closing out winter initiatives or preparing for a productive summer, it's the perfect time to build momentum.

In this edition, we're sharing key updates, valuable insights, and helpful resources to keep you motivated and moving forward.



UPCOMING EVENTS

RESIDENTIAL SDA VACANCY

ABOUT
Blairlogie currently has 3 vacancy positions in a modern and safe unit, suitable for a couple or a single person. The unit has a kitchen, bathroom, and living area. This apartment is part of a new development, with modern amenities and a secure parking space. Blairlogie provides a quality of life service, including a personal care manager, support workers, and a community group. The life manager will be available to assist with all your needs. For any enquiries, please contact the Blairlogie team on 0800 000 000 or visit our website.

PROPERTY FEATURES
• Modern kitchen
• Bathroom
• Living area
• Secure parking
• Close to public transport

CONTACT US
0800 000 000
info@blairlogie.org

Meet Me @ Blairlogie
Oct - Dec 2025

SATURDAY 19th Oct	DINNER & DISCO Enjoy dinner out with friends and then dance the night away at the Blairlogie Disco. Dinner included in cost. \$48
SATURDAY 26th Oct	ARTHUR'S SEAT EAGLE Take a ride on the Eagle, an aerial zipline over the water. \$30
SATURDAY 3rd Nov	MELBOURNE ZOO A day out exploring some of the world's most amazing animals. \$43
SATURDAY 10th Nov	BLAIRLOGIE HALLOWEEN PARTY Cost dressed in your spookiest outfit and have a horror movie night. \$30
SATURDAY 17th Nov	DINNER & DISCO Enjoy dinner out with friends and then dance the night away at the Blairlogie Disco. Dinner included in cost. \$48

For further information contact: 0800 000 000 or visit our website. Booking is essential. Open to persons 18+ and living with a disability.

TEEN TIME

October 11th	Pasta and Games Cook & pasta with our chef and enjoy a pizza and drink. \$20
October 19th	Warribee Open Range Zoo Join us for a Wildlife adventure! \$20. Lunch or money to purchase. \$20
November 9th	Dandenong Show Animals, rides, and live entertainment. Free admission. \$20
November 22nd	Pool and Pizza Party! Prepare pizza for dinner and take a splash in the pool. \$20
December 30th	Myer Xmas Windows Look & buy the best Xmas window displays. \$20

Bookings essential. 18+ and living with a disability.

World FOOD WEEK
13-17 OCTOBER 2025

What's on at Blairlogie?
Donate food items at 685 North Road

Challenges for our Cooking, Daily Living Skills and Brickmasters groups

New practices in Cooking programs:
• 'Use It Up' - Reducing food waste
• 'Share Shares' - Ensuring client access to meals if lunch is left at home.

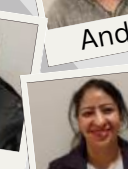
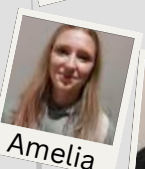
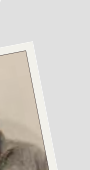
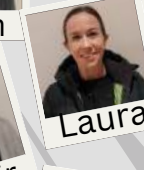
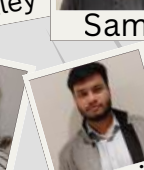
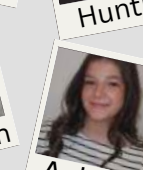
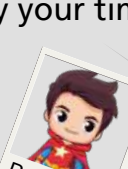
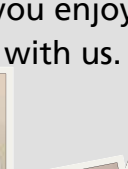
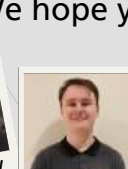
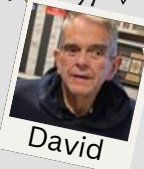
Donate funds to Meals on Wheels!

QR code for donations.



WELCOME TO BLAIRLOGIE

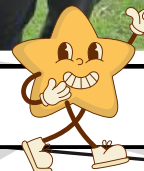
Welcome to all who have recently joined our Blairlogie Community. We hope you enjoy your time with us.





TONS OF FUN!

A very busy month this month for Recreation, offering some fantastic opportunities for people to get out and try something new, meet new people and have plenty of fun. The Spring Activity Weeks for Adults and Teens was a great success, running during the school holidays, We had a minibreak group head to Lake Eildon for 4 nights, Meet Me @ continue every Saturday along with Teen Time every second week and this month we had a large number of people accessing Scotts Cottage for overnight stays. If any of our activities spark your interest reach out to the our Rec Team for more information



REC UPDATE

RESIDENTIAL UPDATE



A big welcome to Stacey who has moved into Russell Street this month. Stacey was very excited to join the other ladies currently residing at the address and is looking forward to making some new friends and having fun while building on her independence.



FREQUENT FLYERS



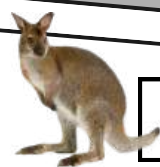
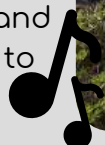
Its that time of year again where our resident ducks appear, usually with a couple of ducklings in toe. This year we are privileged enough to see 8 baby ducklings following mum and dad around the grounds at North Road.



CELEBRATIONS SET THE STANDARD

Ryan was very proud to receive an award for his efforts in Tuesdays music and drumming group.

Ryan spends time drumming along to the beats, and using various instruments. He then participated in some musical games with his peers. Ryan participated in musical chairs and musical statues to finish off the session and won an award and prize. Ryan was extremely happy and excited to show it off to everyone.



ANIMAL ADVENTURES

A recent trip to the Moonlit Sanctuary saw our community access group enjoy some sunshine and feeding the beautiful wildlife. We were even lucky enough to catch the reptile show. Highly recommend you visit this awesome place!



BIG DREAMS NEED STRONG TEAMS



Our Animal Therapy group love visiting the animals at Myuna Farm but for some, feeding the animals can be a overwhelming experience.

Thanks to Mel Baker and the amazing team in the Woodwork Shed, we now have a fantastic solution! They designed and created special feeding boxes that allow participants to feed the animals without using their hands directly. This thoughtful idea has made a big difference — the boxes have been so successful that everyone now uses one!

Sometimes, it's the smallest ideas that make the biggest impact.

A huge thank you to Mel and the team — what a great example of creativity, teamwork, and person-centred thinking. Great work, everyone!



CLIENT SPOTLIGHT

TOMMY SERVETAS

How long have you attended Blairlogie?
9 years

Favourite Colour? **Black**

Favourite Food? **KFC**



Favourite Singer? **Enimem**



Favourite Movie? **Sonic**



Favourite Superhero? **Bazlenka (Bailey Smith)**



Favourite Program? **Performing Arts**



What do you like most about Blairlogie?
hanging with my friends

BIRTHDAYS THIS MONTH

Carolyn Carr	Katherine Perez
Joanne Taylor	Andrew Vinci
Hayden Birrell	Justin Greenland
Mel Dyson	Kelly May
Jen Cardwell	Inga Mcleod
Stella E	Shirley Francis

Herald Sun



Brisbane Lions are back to back
Premiers for 2025!!

How did you team go this season or are you hoping for better next year?

2025 AFL SEASON



Happy Birthday

If you would like your birthday listed in upcoming newsletters reach out the newsletter groups and let them know when it is.



JACINTA HOLT

Support Staff

How long have you worked at Blairlogie? 10 months

What was your job before Blairlogie? Childcare

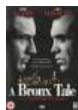
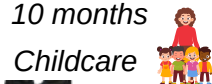
Who is your favourite Singer / Band? Sia

What is your favourite movie? A Bronx Tale

Favourite Colour? Orange

If you could have any superpower? Mind Reading

If you could live anywhere in the world where would it be?



Italy

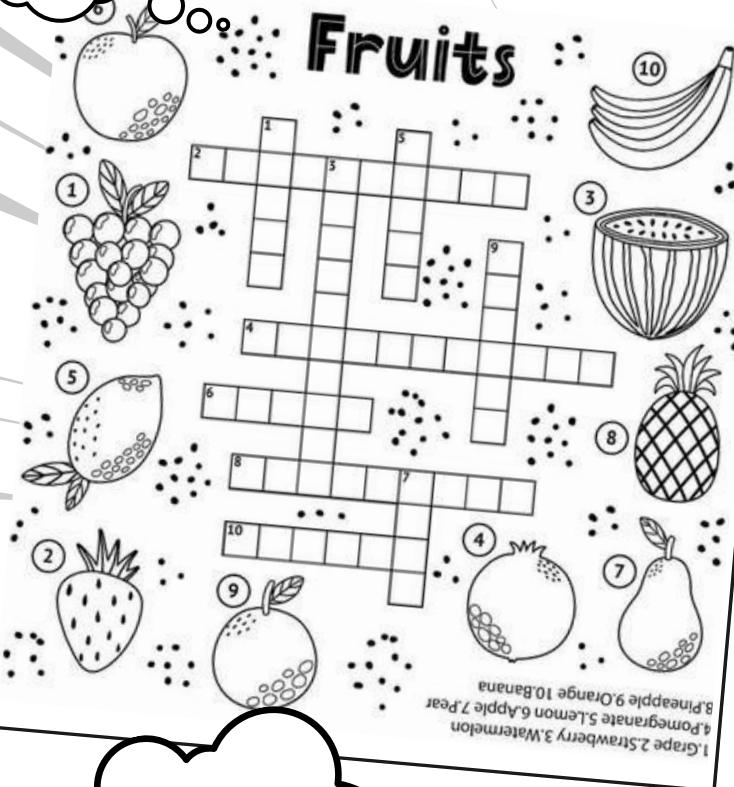


STAFF SPOTLIGHT

BRAIN TEASERS

CROSSWORD

Fruits



ACTIVITY SPOTLIGHT



Our August Bright Star is Helene Dupre. In recognition of her genuine care she shows each day. Helene's commitment shines through in the way she is consistently prepare ahead of time to ensure the best outcomes for her clients. Helene's adaptability, enthusiasm, and willingness to step in wherever needed highlight both her professionalism and her compassion. Helene embodies the true spirit of support, making a positive difference in the lives of those around her. Thank you for your caring nature and the energy you bring to Blairlogie, you are truly a Bright Star!

BLAIRLOGIE BRIGHT STAR

GIRLS GROUP

Each week join in for a fabulous day dedicated to laughter, pampering, and unforgettable bonding. It's the ultimate girl's day experience—where friendship shines, self-care takes center stage, and every moment is tailored just for you and the girls.

What you can expect:

Pampering sessions

Thoughtful surprises

Insta-worthy moments

Laughter, love & lasting memories

Grab your besties and get ready to indulge in style and sisterhood—you deserve it!

If you are interested in taking part, reach out to your client experience officer to find out how!



FOOTY DAY

Footy Day is always a blast at Blairlogie - this year was no different!



There was plenty of people wearing their teams colours, there were pies and sausage rolls consumed for lunch, footy games and plenty of cheering among the supporters for best dressed awards.

A huge Thank You to the client committee for an awesome day!



VALID VISIT TO BLAIRLOGIE

FOOTY DAY



This month, we were thrilled to host VALID's Self Advocacy team, arranged by the client committee, for an inspiring session with the people we support, along with staff and carers. It was a fantastic opportunity to hear directly from self advocates about their lived experiences, their rights, and the power of having a voice in decisions that shape their lives.

During the session, VALID's team:

- Shared who they are and the important work they do
- Highlighted the value of self advocacy and the fundamental human rights of people with disabilities
- Promoted the free information sessions available to services
- Encouraged people with disabilities to get involved, speak up, and take part in shaping their own futures

VALID champions a vision of a society where everyone is empowered to exercise their rights — with inclusion, access, and respect at the heart of everything they do. We're proud to stand alongside VALID in promoting a more inclusive and equitable community, and we look forward to more opportunities like this in the future.

VALID

