

Personal Care Roadmap

Strengthen the areas of life that matter most. This roadmap features studies across a range of topics, including finances, mental health, parenting, marriage, and spiritual growth.

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JANUARY ↗

MoneyWise

Adam Tarnow and More | 6 Sessions

Finances and Living Well



JULY ↗

Your Story Has a Villain

Jonathan Pokluda | 5 Sessions

Spiritual Growth



FEBRUARY ↗

Together

Sadie Roberston Huff and Christian Huff | 6 Sessions

Marriage



AUGUST ↗

Tech-Wise Family

Andy Crouch | 11 Sessions

Parenting



MARCH ↗

The Ruthless Elimination of Hurry

John Mark Comer | 5 Sessions

Spiritual Growth



SEPTEMBER ↗

The Generosity Practice

John Mark Comer | 5 Sessions

Finances and Living Well

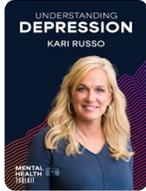


APRIL ↗

Good Friday and Easter

Francis Chan | 2 Sessions

Holiday



OCTOBER ↗

Mental Health Toolkit: Depression

Kari Russo | 1 Sessions

Mental Health Toolkit: Depression



MAY ↗

Mental Health & the Workplace (Module 1)

Henry Cloud | 21 Sessions

Mental Health



NOVEMBER ↗

Love Talk

Les and Leslie Parrott | 5 Sessions

Marriage

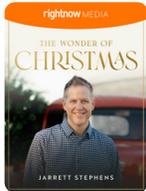


JUNE ↗

Family ID Masterclass

Greg Gunn and More | 12 Sessions

Parenting



DECEMBER ↗

The Wonder of Christmas

Jarrett Stephens | 4 Sessions

Holiday

Personal Care Roadmap Alternatives

Mental Health

- ① [Live Free from Anxiety with Jennie Allen & Sadie Robertson Huff](#)
- ② [Social Media Reset: A 5-Week Journey to Unplug, Reconnect with God, and Reclaim Your Joy with Allie Marie Smith](#)
- ③ [Facing Anxiety with Jonathan Pokluda](#)
- ④ [Mental Health Toolkit: Anxiety with Holly Rockefeller & Kari Russo](#)
- ⑤ [Mental Health Toolkit: Grief and Loss with Paula Navarro & Kari Russo](#)

Marriage

- ① [Unlocking an Intimate Marriage with Shaunti Feldhahn & Michael Sytsma](#)
- ② [You and Me Forever with Francis Chan](#)
- ③ [Art of Marriage® with FamilyLife & Others](#)
- ④ [Building a Better Marriage with Earl McClellan & Oneka McClellan](#)
- ⑤ [Us In Mind: How Changing Your Thoughts Can Change Your Marriage with Ted Lowe](#)

Spiritual Growth

- ① [What is a Christian? with Francis Chan](#)
- ② [Why Does Jesus Matter? with JD Greear](#)
- ③ [Everyday Revolutionary with JD Greear](#)
- ④ [The Narrow Path with Rich Villodas](#)
- ⑤ [Every Thought Captive with Kyle Idleman](#)

Parenting

- ① [Grace Based Parenting with Cody Kimmel](#)
- ② [The Counter-Intuitive Parent with Karen Stubbs](#)
- ③ [It Happened So Fast: Raising Kids from Childhood to Adulthood with Linda Weir](#)
- ④ [5 Steps to Stress-Free Parenting with Kari Russo](#)
- ⑤ [Family Time Management with Stuart Hall](#)

Finances and Living Well

- ① [Faith as Currency in Our Finances with Busola Sodeinde](#)
- ② [Living Generously with Jonathan de Bernhardt Wood](#)
- ③ [Giving Challenge: A 40-Day Life-Changing Journey to Give Like Jesus with Zach Zehnder](#)
- ④ [Every Good Gift with Ann Voskamp](#)
- ⑤ [The Treasure Principle with Randy Alcorn](#)

Holidays

- ① [Jesus Saves: Easter with IF: Gathering with Sadie Robertson Huff & Others](#)
- ② [Easter with J.D. Greear](#)
- ③ [Red Letter Advent: 25 Days of Unboxing Hope, Peace, Joy, and Love with Zach Zehnder](#)
- ④ [Advent with JD Greear](#)
- ⑤ [Advent with Derwin Gray](#)