

# Coaching for Success

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Empower your team.  
Unlock potential. Build a  
culture of growth.

Coaching is one of the most powerful tools leaders can use to help others grow. In this interactive workshop, participants learn the GROW (Goal, Reality, Options, Will) coaching model and core communication skills—like active listening and asking open-ended questions—while exploring the role of mindset, adult development, and equity in effective coaching. Coaching for Success equips leaders and team members with practical tools they can use right away to support individual and team success.

**For more information about trainings visit [athenaplace.com](https://athenaplace.com) or email [info@athenaplace.com](mailto:info@athenaplace.com)**



## Learning Objectives

- Differentiate between coaching and performance management, and explain when each is appropriate
- Understand concepts of adult development and growth mindset
- Develop and practice basic skills in coaching: active listening, open-ended questions and limited advice-giving.

## Who is this Training For?

The audience can be a team, leaders, employees, or anyone who has an interest in learning how to use the skills of coaching to empower others in the workplace.