Courageous Conversations

The Athena Group

Build confidence, foster equity, and lead through challenge.

The Courageous Conversations Framework presented to participants explicitly calls out equity and power dynamics. Suggested scripting within the framework uses inclusive language. Any live demos of the framework demonstrate inclusive language and have used scenarios related to equity (e.g. addressing a microaggression with a colleague). Participants are encouraged to practice any challenging scenarios including scenarios related to equity and inclusion.

For more information about trainings visit athenaplace.com or email info@athenaplace.com

Learning Objectives

- Define and identify the elements of a courageous conversation
- Identify strengths and skills gaps in ability to engage in effective courageous conversations
- Understand and implement evidence-based communication strategies and principles in challenging communication scenarios
- Identify how societal factors of power and privilege affect communication dynamics
- Explain how a leader's communication skill in tough conversations informs and shapes team dynamics and workplace culture