



Family Devotion & Lighthouse Questions to Help Apply This Week's Sermon

August 9, 2026

1. Self-control is not simply will power but allowing the Holy Spirit to control our lives. How would you explain the difference between self-discipline and Spirit produced self-control? Read Galatians 5:22-23 and Romans 8:5-6.
2. Every temptation begins with a desire. Which desires or areas of your life do you find most difficult to surrender to the Holy Spirit? How can you practically allow God to reshape those desires? Read Romans 8:12-14.
3. Paul compares the Christian life to an athlete in training. Which spiritual disciplines help you grow the most in your relationship with Christ? Which discipline do you need to strengthen in this season of your life? Read 1 Corinthians 9:24-27.
4. Throughout the series, we have learned that fruit is produced for others to enjoy. How does your self-control affect your marriage, family, workplace, church, and community? Who is influenced by the choices you make each day? Read John 15:5-8.
5. As we conclude the "Summer Fruit" series, which fruit of the Spirit has challenged or encouraged you the most? What specific step will you take this week to remain connected to Christ and allow the Holy Spirit to continue transforming your life? Read 2 Corinthians 3:18.



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