Centered Chiropractic Privacy Policy

Effective Date: November 1, 2025

Website: https://www.centeredchiropractic.com

Introduction

Centered Chiropractic ("we," "us," or "our") is committed to protecting your privacy. This Privacy Policy explains how we collect, use, disclose, and safeguard your personal information, including data collected through SMS (text message) communications.

Information We Collect

We may collect personal information voluntarily provided by you, such as your name, phone number, email address, mailing address, and any other information you provide when requesting chiropractic services, booking appointments, or signing up for communications. If you provide information related to your health, that data may be protected under HIPAA.

How We Use Your Information

We may use your information for scheduling appointments, providing chiropractic services, sending reminders, responding to inquiries, and improving our website and communications.

SMS (Text Message) Communications

By providing your phone number, you consent to receive SMS messages from Centered Chiropractic for appointment reminders, updates, and limited marketing messages. Message frequency varies. Message and data rates may apply. You can opt out anytime by replying STOP. For help, reply HELP or contact our office. We will not share or sell your phone number or message data with third parties for marketing purposes.

Disclosure of Information

We do not sell or rent your personal information. We may share it with service providers, for legal compliance, or with your consent.

Cookies and Tracking

We use cookies to enhance your browsing experience. You may disable cookies in your

browser settings.

Your Rights

You may access, correct, or delete your personal information by contacting us at the

information below.

Security

We implement reasonable safeguards to protect your data, but no system is completely

secure.

Changes to This Policy

We may update this policy periodically. Changes take effect immediately upon posting.

Contact Us

Centered Chiropractic

Attn: Privacy Officer

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Clayton, NC 27520

Email: info@centeredchiropractic.com

Phone: 919.553.5505

Fax: 919.553.9909

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