

## Parent/Guardian Consent Form

### Nammilk: “It’s What’s Inside My Future” School Challenge

Dear Parent/Guardian,

We are excited to invite your child to take part in the Nammilk “It’s What’s Inside My Future” School Challenge, a fun competition celebrating Nammilk Day and Milk Month 2025!

Learners are encouraged to submit a **short video (60 sec)** showing how drinking Nammilk today helps them grow into the person they want to be tomorrow- from ballerinas to builders, teachers to explorers.

Winning teams stand a chance to win **cash prizes** and an **exclusive trip to the !Aimab Super Farm or the Avis Plant**. Submitted videos may also be shared on **Nammilk’s official platforms** (social media, website, PR materials).

### Consent

By signing this form, I agree that:

- My child may participate in the competition.
  - I give permission for their video entry to be submitted and shared on Nammilk’s official platforms.
  - I understand participation is voluntary and I may withdraw consent before the final submission.
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### Learner Information

- Full Name: \_\_\_\_\_
- School: \_\_\_\_\_
- Grade/Class: \_\_\_\_\_

### Parent/Guardian Details

- Parent/Guardian Name: \_\_\_\_\_
- Contact Number: \_\_\_\_\_
- Signature: \_\_\_\_\_ Date: \_\_\_\_\_

**Note:** All personal information will be used only for this competition and not shared outside Namibia Dairies.