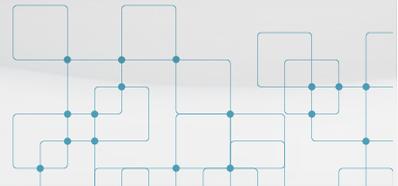


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اكاديمية فقيه الطبية
Fakeeh Care Academy

فقيه.

مجموعة فقيه الطبية
Fakeeh Care Group



Mild Burn

Mild Burn

Mild burn:

Burn injuries can be serious, and it is important to continue caring for your injury even after you have been treated by a doctor. Follow these instructions to be sure that your burn or wound heals as quickly and as safely as possible.

Instructions:

- Inspect the wound for signs of infection(swelling, redness, warm feeling around the burn site, secretion with bad smell, fever 38,5 or greater).
- Clean the wound with antibacterial soap using sterile gauze or a clean white cotton towel.
- Apply the prescribed topical cream or ointment thickly enough to cover the wound to provide healing and prevent the dressing from adhering.
- Apply sterile gauze and hold in place with a semi-elastic net or bandage with even pressure.
- Avoid Exposure to direct sunlight, harsh detergent, and irritation by rubbing of clothing.

Dressing change:

(Give pain medication 30 minutes before taking o dressings):

1. Wash hands.
2. Remove the old dressings.
3. Rinse the wound with water to remove any ointments or creams that may be stuck to it from the previous dressing.
4. Throw away old dressings.
5. Look at the burned areas for signs of infection.

Come to emergency room in case of:

- Change in the color or amount of drainage from the burn.
- More redness around the wound.
- Swelling in the burned area.
- More pain around the burn.
- A warm feeling of the skin near the burn.
- Bad smell from the burn.
- Fever of 38.5 C or higher (when patient does not have a cold or other infection that could cause a fever).

Follow up with plastic surgery clinic within a week:

To assess the recovery of burning wound and response to treatment.

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