

ISSUE 18

JUNE - DECEMBER

2025

NURSING NEWSLETTER



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Magnet Designation Day – A Moment to Remember

Magnet Designation Day was a proud milestone for DSFH-J and a true celebration of our nursing excellence. This achievement reflects the dedication, collaboration, and commitment to high-quality, person-centered care demonstrated by our nurses every day.

As we look back, we are reminded that Magnet is not just a designation—it is the culture and values that guide our practice and inspire us to continue striving for excellence.

We celebrate the 2nd year of this achievement with gratitude and pride, and we carry its principles forward as we continue to grow, lead, and serve our patients and community with excellence.

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C N O MESSAGE

Khadra Omar, MSN, RN
Chief Nursing Officer - DSFH-J



Dear Team,

As we move forward into 2026, it feels important to pause and reflect on the extraordinary year we shared together in 2025.

Last year was not always easy. It challenged us, stretched us, and asked more of us yet through every moment, you continued to show up with compassion, professionalism, and unwavering commitment to our patients and to one another. That speaks volumes about who you are and the values you live every day.

Together with the incredible team at DSFH Jeddah, we achieved 30 remarkable accomplishments in 2025. These milestones spanning quality, patient safety, accreditation, digital advancement, and clinical excellence are a true reflection of your hard work and dedication. Behind every achievement is a nurse who cared deeply, supported a colleague, embraced change, and went the extra mile for those we serve.

What makes me most proud is not only what we achieved, but also how we achieved it, through teamwork, mutual respect, and a shared belief in excellence. You supported one another, lifted each other during difficult moments, and demonstrated the true strength of our nursing community.

As we continue our journey through 2026 Building on Excellence, Together my commitment remains clear, to support you, invest in your growth and well-being, and ensure an environment where you can thrive and continue to deliver outstanding care. I am confident in our future because of the people who make this organization what it is you.

Thank you for your dedication, your compassion, and the difference you make every single day. It is truly an honor to serve alongside you, and I am incredibly proud of all that we have accomplished together.

UNITED FOR SAFETY: DSFH-JEDDAH'S INFLUENZA VACCINATION SUCCESS

INFLUENZA VACCINATION CAMPAIGN

SEPTEMBER 28 -
OCTOBER 9
2025

by Kriziel Ann Sison, BSN, RN
Staff Health Clinic Nurse



In a concerted effort to promote health and safety within the hospital community, Dr. Soliman Fakieh Hospital-Jeddah, in collaboration with the Ministry of Health (MOH), has successfully conducted its annual influenza vaccination campaign. This initiative underscores the unwavering commitment to infection prevention, patient safety, and the well-being of staff, patients, visitors, and their families.

The influenza vaccination campaign was guided by the Infection Control Department, under the leadership of Dr. Nehal Fathy Ahmed Abdo Bondok, and carried out in close collaboration with the Outpatient Nursing Department, headed by Ms. Sandra S. Bonayon.

By extending protection to everyone within the hospital environment, the campaign reinforced a culture of safety and collective responsibility.

لنا في الله وحده نعوذ
Seasonal influenza vaccine

درع وقاية لك ولمن تحب
A protective shield for
you and your loved ones

The influenza vaccination campaign was conducted from September 28 to October 9, 2025, with continued availability for staff who were on leave or unavailable during the campaign period to ensure maximum coverage. Vaccinations were offered at designated stations on the ground floors of Buildings 1, 2, and 7, along with mobile vaccination units deployed across departments. These mobile teams provided free vaccines directly in work areas, ensuring convenient access without disrupting staff duties.



Participation and Achievements

A total of **4,475** individuals were vaccinated during the campaign, including **1,888** patients and **2,587** staff members.

Staff vaccination compliance reached **80%** among **medical staff** and an outstanding **98%** among **nursing staff**, reflecting strong engagement and commitment to patient and workplace safety.

INFLUENZA
VACCINATION
CAMPAIGN

SEPTEMBER 28 -
OCTOBER 9
2025

STRENGTHENING PATIENT AND STAFF SAFETY THROUGH INFLUENZA VACCINATION CAMPAIGN



Why Vaccination Matters

Influenza remains a significant public health concern, especially in healthcare settings where vulnerable populations are at increased risk. Vaccinating staff and patients helps prevent the spread of the virus, reduces hospitalization rates, and minimizes the burden on healthcare resources during peak flu seasons. It also protects families and visitors, creating a safer environment for everyone who enters our hospital.

The Champions

Kriziel Ann Sison, BSN, RN
Merced Almario, BSN, RN
Josie Lou Corcino, BSN, RN
Mary Jeacel Marcellano, BSN, RN
Jinky Nuque, BSN, RN
Ma. Jean Manzanillo, BSN, RN
Ma. Menchit Malicse, BSN, RN
Karlmine Fe Casimiro, BSN, RN
AJ Elequin Labordo, BSN, RN
Samaher Jabril Otudi, BSN, RN
Sherly Lagbas Quintana, BSN, RN
Analiza Barrameda Regresado, BSN, RN
Khulud Ahmed Alharzzah, BSN, RN
Hannah Jenn Ulangkaya, BSN, RN
Cristina Juliano Balatbat, BSN, RN
Cyrelle Barcia Bolanga, RN BSN



Acknowledgments and Appreciation

Heartfelt appreciation is extended to all participating staff, the Outpatient Nursing team, the Infection Control Department, the Ministry of Health, the Supply Chain, and the Marketing Department for their vital support in upholding DSFH-Jeddah's health and safety standards. Special thanks are extended to CEO Dr. Sohail Salem Abdulkader Bajammal and departmental leaders for their strong advocacy of staff vaccination compliance and their continued commitment to a culture of safety and accountability.

The Champions

Jane Gobuyan, RN, BSN	Catherine Amandy, BSN, RN
Monalisa Pre Dungca, BSN, RN	Jedlyn Estanque, BSN, RN
Sarah Mae Densing, RN, BSN	Sandra Sarmiento Bonayon, BSN, RN
Romylan Dela Cruz, BSN, RN	Dr. Nehal Fathy Ahmed Abdo Bondok
Daneca Lyn Mondoy, BSN, RN	Aldwin Fajardo Evangelista
Wilmar II Lucero, BSN, RN	Afnan Hussain Mohammed Alsayed
Darsalam Adoum, MSN, RN	Muna Talal Hassan Halawani

EMPOWERING EXCELLENCE: INSIGHTS FROM MAGNET & PATHWAY 2025

by Shybi Joseph, BSN, RN
Director - Magnet and Professional Development



We were proud to participate in the 2025 Magnet & Pathway Conference, held October 8-10 in Atlanta, Georgia. This global event focused on nursing excellence, leadership, and innovation, offering valuable insights that align with our ongoing commitment to quality patient care and professional growth.

Our organization was represented by a diverse team of Nursing Directors, Clinical Nurses, and Nurse Educators. Their active engagement in educational sessions, forums, and networking opportunities ensured that best practices and new ideas can be meaningfully integrated into our leadership, clinical, and educational initiatives.

Conference sessions explored Magnet principles, innovative leadership models, evidence-based practices, and global trends in nursing education and workforce development. Our Magnet Program Director also participated in the

Five DSFH-J team members at the 2025 Magnet & Pathway Conference. We extend our sincere appreciation to hospital leadership for sponsoring their participation in this prestigious international nursing forum. From left to right: Myhaf Sayed AlGhamdi, BSN, RN - Clinical Nurse; Rawan Alamri, MSN, RN - Nurse Educator; Shybi Joseph, MSN, RN - Director, Magnet, Professional and Practice Development; Jancy Paily, BSN, RN and Dawlat Alsolame, MSN, RN - Nursing Administrators and Magnet Component Leaders.

Magnet International Forum, gaining valuable international perspectives that further reinforce our commitment to continuous improvement.

Attendees were inspired by empirical outcomes, evidence-based practice, and research poster presentations, as well as by exhibit booths highlighting cutting-edge technologies and innovative solutions from Magnet-recognized organizations worldwide.

Following the conference, our team shared key takeaways during the Magnet Designation Day Annual Celebration, ensuring that new knowledge and best practices benefit our entire nursing community.

Together, these experiences move us forward on our journey toward achieving and sustaining Magnet recognition.

A MIRACLE IN MOTION: PRECIOUS' STORY OF HOPE AND EXTRAORDINARY LIFE

by Ce Charish Buyan, BSN, RN
Staff Nurse - Neonatal Intensive Care Unit

Life begins in the womb—when a single egg and sperm unite, igniting the first heartbeat of a new life. From that moment, a baby grows within the safety of the mother's womb, with hopeful anticipation building toward birth. But sometimes, that journey is interrupted by uncertainty. What happens when something goes wrong before a baby even takes their first breath?

In medicine, there are cases that test not only clinical skill, but the limits of hope. Behind the secured doors of the Neonatal Intensive Care Unit (NICU) are the most fragile patients—tiny newborns fighting for survival. Many have never seen this world; fewer understand the miracles that happen there every day.

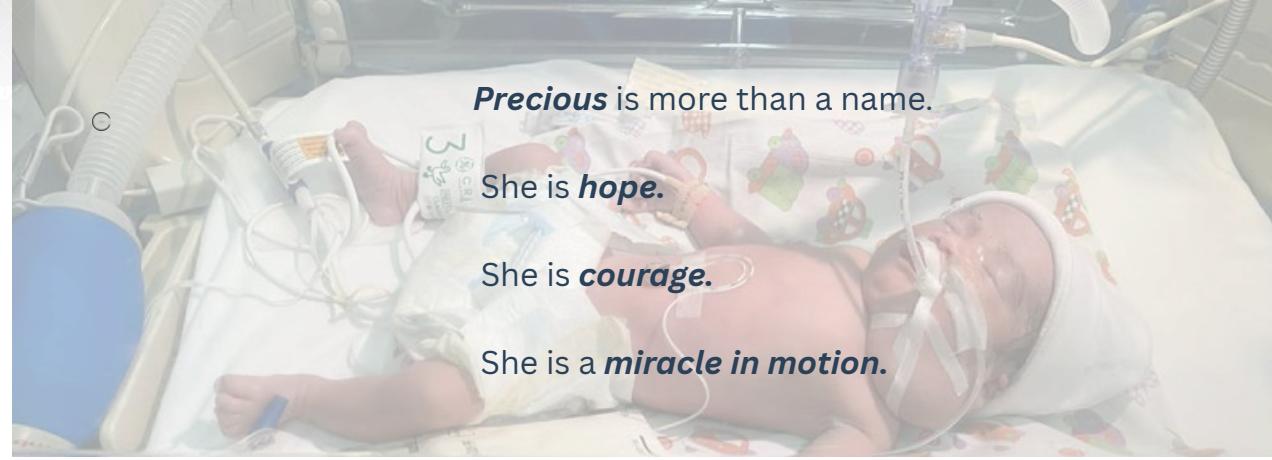
One such miracle is Precious.

During pregnancy, Precious was diagnosed with an extremely rare and life-threatening condition known as Cervical Teratoma, a congenital growth occurring in only a few thousand births worldwide. The mass, located on the left side of her neck, was compressing her airway—making it unlikely she would be able to breathe on her own at birth. For her parents, who had waited 12 long years to conceive their first child, the news was devastating, yet their faith never wavered.

Precious was delivered prematurely at 35 weeks and 2 days via elective cesarean section due to her diagnosis and severe polyhydramnios. A full multidisciplinary team—including NICU specialists, pediatric ENT surgeons, anesthesiologists, and obstetricians—was present. Advanced imaging confirmed the extent of the airway obstruction, and a critical decision was made: an EXIT (Ex-Utero Intrapartum Treatment) procedure would be performed.

The moment Precious' head emerged, life-saving action began. While still connected to the umbilical cord, her airway was secured





through immediate intubation. Placement was confirmed by fiber-optic bronchoscopy, and she was connected to a mechanical ventilator before being transferred to the NICU. Without those swift seconds of intervention, she would not have survived. This marked the first successful EXIT procedure in a private hospital in the Kingdom of Saudi Arabia.

What followed was nearly six months in the NICU—months filled with relentless challenges. Precious was intubated and reintubated multiple times. Emergency situations were frequent. At three months of age, she underwent a tracheostomy, followed by decannulation nearly two months later. She endured countless investigations, procedures, blood transfusions, and medications, supported by nearly every pediatric subspecialty. Throughout it all, her parents were always there—praying, waiting, hoping. And the NICU team stood beside them, providing round-the-clock medical and nursing care with unwavering commitment and compassion. There were moments when survival seemed unlikely, but the team never gave up.

Over time, a deep bond formed between the family and the NICU staff. Nurses, doctors, and specialists became part of Precious' journey—fighting for every breath with her. Finally, on September 5, 2024, the day everyone had prayed for arrived: Precious went home. Her NICU graduation was an emotional celebration. Staff from across departments gathered—not just to say goodbye, but to honor a shared victory over what once seemed impossible.

In November 2024, Precious returned to the hospital with her parents during World



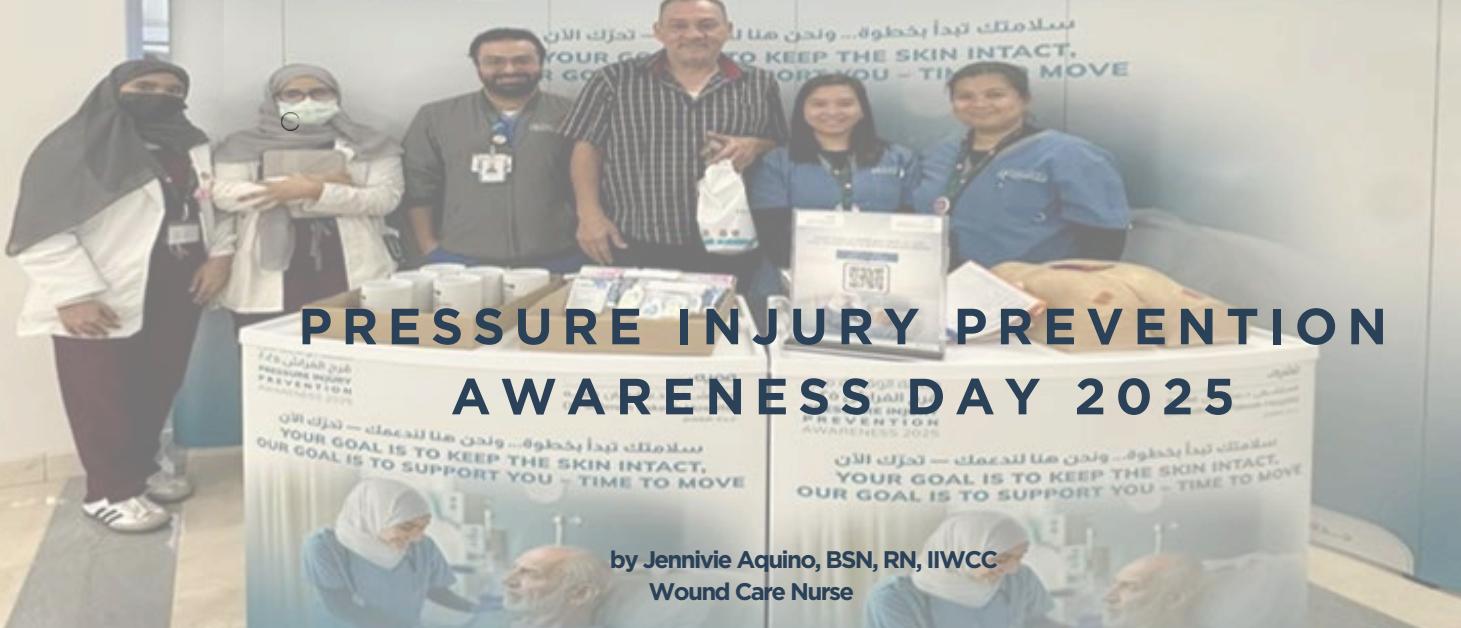
Prematurity Day, radiating joy and gratitude.

On March 21, 2025, she celebrated her first birthday—active, smiling, and thriving. Her parents invited the NICU team, many of whom attended with tears of joy, witnessing how far she had come.

Today, Precious continues to visit the NICU, bringing inspiration and hope. She is the first baby at Dr. Soliman Fakeeh Hospital—and among private hospitals in Saudi Arabia—to survive and be discharged after such a rare and complex diagnosis.

Once considered unlikely to survive, Precious proved what faith, teamwork, and modern medicine can achieve. Her story is more than a medical success—it is a testament to resilience, compassion, and the human spirit.

Disclaimer: The photographs were provided by the family, who granted permission to publish Precious's story in the DSFH-J Nursing Newsletter.



PRESSURE INJURY PREVENTION AWARENESS DAY 2025

by Jennivie Aquino, BSN, RN, IIWCC
Wound Care Nurse

Pressure injuries remain a preventable yet significant patient safety concern. In recognition of **Pressure Injury Prevention Awareness Day 2025**, a multimodal educational initiative was implemented to enhance awareness, strengthen preventive practices, and promote multidisciplinary collaboration. This initiative outlines the planning, implementation, feedback, and practice implications, demonstrating high engagement and identifying multidisciplinary rounds as a sustainable best practice.

On November 19, 2025, the initiative was launched to educate healthcare providers, patients, and families on evidence-based pressure injury prevention.

A series of coordinated activities were conducted to engage healthcare providers, patients, and family members:

Pressure Injury Educational Workshop

A face-to-face workshop at the Alrazi Auditorium highlighted updated prevention strategies, risk assessment, and clinical best practices. The interactive session was attended by 185 healthcare professionals. Pressure Injury Awareness Booth

Educational booths at Gate 4 and Gate 5 provided interactive education for patients and families, reaching 56 participants at Gate 4 and 45 at Gate 5.

Online Pressure Injury Awareness Education

A flexible online course delivered via the Fakkeeh e-learning platform offered standardized education aligned with SCFHS



and ANCC standards and was completed by 120 participants.

Pressure Injury Awareness Rounds

Multidisciplinary bedside rounds for high-risk patients focused on individualized assessment and prevention, directly engaging 10 patients and family members.

Participant feedback was consistently positive. Healthcare providers valued the practical, case-based learning, while patients and families found the education accessible and empowering. Multidisciplinary pressure injury awareness rounds were identified as the most impactful component, supporting real-time risk assessment, personalized education, and collaborative decision-making.

Overall, the initiative successfully met its goals of education, engagement, and practice improvement. Sustaining interactive education and integrating multidisciplinary rounds into routine care are key strategies to advance pressure injury prevention and improve patient safety outcomes.



MAGNET DESIGNATION ANNUAL DAY CELEBRATION – HONORING OUR JOURNEY OF NURSING EXCELLENCE

by Najlaa Bukhari, BSN, RN

Nurse Educator - Professional and Practice Development

On Thursday, December 18, DSFH - J proudly celebrated Magnet Designation Annual Day, bringing together nursing leadership, Magnet champions, and frontline nurses to reflect on the organization's Magnet journey and shared achievements.

The celebration began with remarks from Ms. Shybi Joseph, Magnet Program Director, followed by inspiring messages from Ms. Khadra Omar, Chief Nursing Officer, and Dr. Sohail Bajammal, Chief Executive Officer, emphasizing leadership support for nursing excellence and Magnet values.

A highlight was an educational session by Ms. Diane Rose, Program Director – Magnet Hospital Initiative at King Faisal Specialist Hospital, Jeddah, on “Building Nursing Excellence Through Magnet® Hospital Partnerships,” offering insights on collaboration and sustaining Magnet culture.

Magnet Champion Chairperson Mr. Benigno Acosta Quinto delivered a moving address, followed by a video tracing our Magnet journey, celebrating teamwork, dedication, and perseverance.



Ms. Diane Rose, Program Director – Magnet Hospital Initiative at King Faisal Specialist Hospital, Jeddah, that talks about “Building Nursing Excellence Through Magnet® Hospital Partnerships.”

A recognition ceremony honored Magnet component leaders, champions, council and committee chairs, Best Unit-Based Council winners, Professional Practice Model competition participants, and poster presenters, acknowledging those advancing nursing practice and shared governance.

Nurses shared key takeaways from the October Magnet Conference, and poster presentations highlighted evidence-based practice, quality improvement, and innovation. Unit-based rounds with interactive Magnet-themed Kahoots engaged all staff, concluding with a cake-cutting ceremony celebrating unity and pride.

The Magnet Annual Day reflected our collective commitment to nursing excellence, collaboration, and continuous growth—values guiding our practice every day.

MAGNET:
THE POWER TO EMPOWER



THE MAGNET CHAMPIONS



THE MAGNET COMPONENT LEADERS



DAISY AWARD CORNER

DAISY AWARDING

Q2 - JULY 10
2025



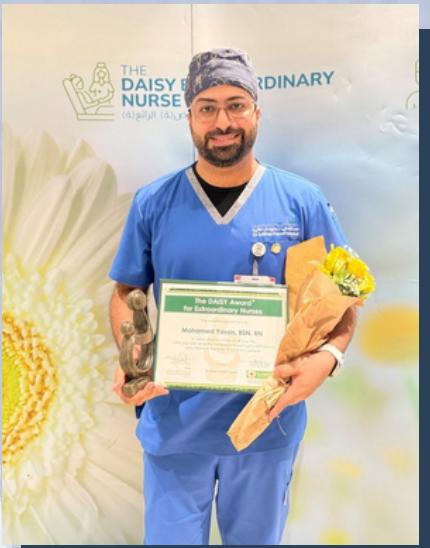
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Clinical Nursing Director-DSFH-
Jeddah-Peri-operative Services
DAISY Nurse Leader



Bijimol Thomas, BSN, RN
Staff Nurse Nurse-DSFH-Jeddah-
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DAISY Extraordinary Nurse



Shiela Ann Molina, BSN, RN
Staff Nurse-DSFH-Jeddah-
Chemotherapy Day Care Services
DAISY Extraordinary Nurse



Mohamed Ibrahim, BSN, RN
Staff Nurse-DSFH-Jeddah-Renal
Dialysis Unit
DAISY Extraordinary Nurse



Merlyn Pagulayan, BSN, RN
Staff Nurse-DSFH-Jeddah-Pediatric
Unit
DAISY Extraordinary Nurse



Gesila Pacatang Lolarga, BSN, RN
Staff Nurse-DSFH-Jeddah-OPD
DSFMC Al Nuzha
DAISY Extraordinary Nurse



DAISY AWARD CORNER

DAISY
AWARDING
Q3 - OCTOBER 2
2025



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Day Chemotherapy Services
DAISY Extraordinary Nurse



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Staff Nurse-DSFH-Jeddah-Pediatric
Intensive Care Unit
DAISY Extraordinary Nurse



Fatma Abdulaziz, BSN, RN
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Dialysis Unit
DAISY Extraordinary Nurse



Amal Mokhtar Hala, BSN, RN
Staff Nurse-DSFH-Jeddah- Day
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DAISY Extraordinary Nurse



Lisha Thomas, BSN, RN
Staff Nurse-DSFH-Jeddah- Home
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DAISY Extraordinary Nurse



Futun Ali Aldawsari, BSN, RN
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*To every nurse who gives comfort, care, and courage
– thank you.*

*Your hands heal, your hearts inspire, and your
presence brings hope.*

Happy New Year!