



Usage Guide Of Nebulizer Machine

Usage Guide Of Nebulizer Machine

What is a nebulizer:

It is a medical device used for the treatment of respiratory diseases or disorders like; Bronchitis and chronic obstructive pulmonary disease (COPD). Device designs may vary according to the manufacturer, but all can perform similarly.

Nebulizer system components:

Air compressor, Nebulizer cup, tubing, mask, a sterile syringe to withdraw the specified dose of the drug.

Method of use:

1. Put the nebulizer on a stable surface that can withstand its weight.
2. Wash your hands properly and dry them by a clean towel afterwards.
3. Measure the required dosage of the drug as instructed by the doctor
4. Use a clean syringe for drug withdrawal; make sure to withdraw each drug separately.
5. Open the nebulizer cup, put the measured doses into it and then close the cover.
6. Attach the mask to the cup from above, then connect the cup to the air pump using the tubing.
7. Sit upright on a comfortable chair.
8. Put on the mask tightly but not to cause any harm.
9. Press the power button of the air compressor. Now you can see the spray coming out of the mask.
10. Breathe deeply and slowly through your mouth.
11. Continue to inhale the spray until it stops.
12. If you are suffering from dizziness, palpitation or shivering, stop the inhalation for five minutes and then try again. If these symptoms repeated, please consult the doctor.
13. Press the power-off button.
14. Wash your hand well after each treatment session.

Taking care of the nebulizer:

- Wash the mask properly after each treatment session and let it dry in room air.
- By the end of the day, wash the cup and the mask by warm water and soap, rinse them and let them dry in room air.
- There is no need to clean the tubing.
- Do not wash the device parts in any washing machine or even boil them.

Follow up in the outpatient clinic:

- You have to Follow up the respiratory clinic within one week or if:
- You do not feel better.
- You have any questions about your case.

فقيه.

مجموعة فقيه للرعاية الصحية
Fakeeh Care Group

