فقيه
مجموعة فقيه للرعاية الصحية
Fakeeh Care Group

فقيه
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Transurethral resection of the prostate

Transurethral resection of the prostate

What is transurethral resection of the prostate?

Transurethral resection of the prostate is a procedure to remove part of the prostate gland when it becomes enlarged and blocks urine flow. It is done through the urethra using a telescope and a heated wire loop.

Why is it done?

To relieve urinary symptoms such as weak stream, straining, incomplete emptying, or frequent urination.
How is the process done?

1. Performed under spinal or general anesthesia.
2. A telescope is inserted through the penis into the bladder.
3. The inner part of the prostate is shaved off using a diathermy loop.
4. A catheter is inserted to drain urine and wash out any bloody urine.

After the procedure:

1 You may stay in hospital for 1 to 3 days.
2. The catheter is usually removed after 1 to 7days.
3. You may feel burning urination or pass urine more often for a few days.
4. Blood in the urine is common and should improve.

Possible risks:

1. Retrograde ejaculation (semen goes into the bladder).
2. Temporary urinary symptoms (burning, urgency).
3. Bleeding or infection.
4. Very rare: poor erections, tightness of water pipe, or need to repeat surgery.

Recovery tips:

1. Drink plenty of fluids to help flush the bladder.
2. Avoid heavy lifting for 3 to 4 weeks.
3. Most men return to work in 2 to 3 weeks.

Contact your doctor or direct to emergency department if:

1. You pass large blood clots with urine.
2. Have difficulty urinating.
3. Have a fever or severe pain.



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