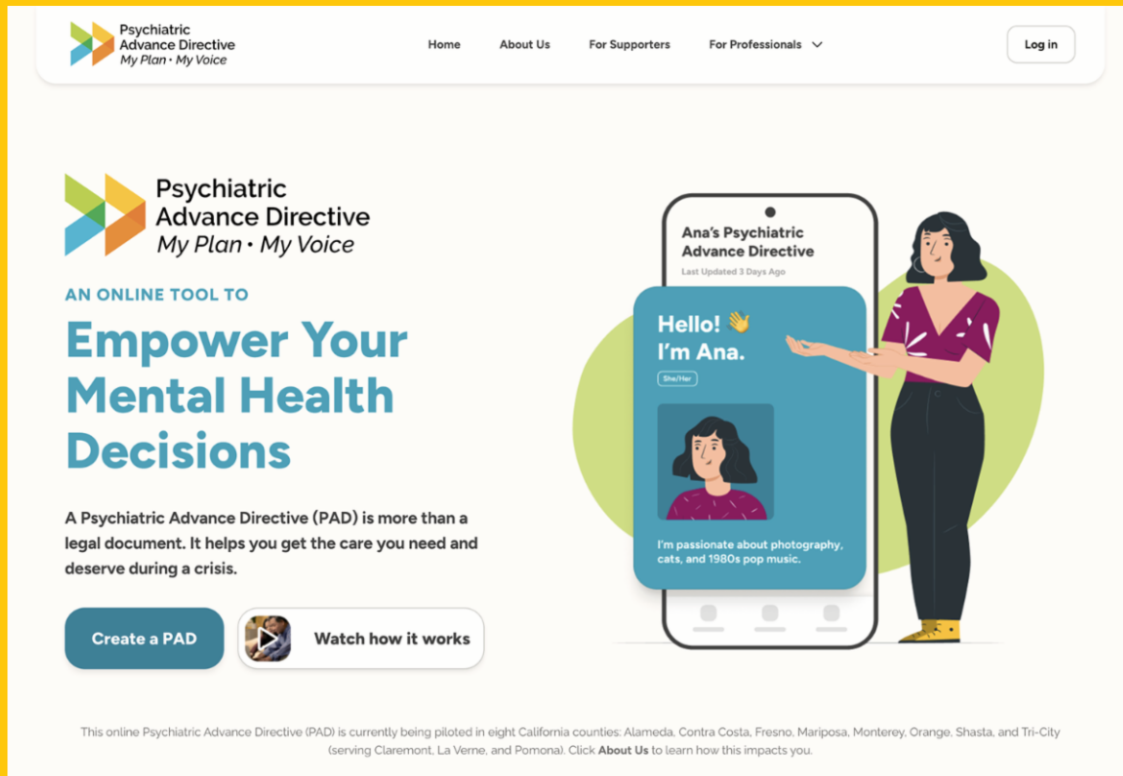


A Multi-County Behavioral Health Project Developing Digital PADs in California

PADs Project News

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The screenshot shows the website's header with the logo, navigation links (Home, About Us, For Supporters, For Professionals), and a Log In button. The main content area features the logo and the headline "AN ONLINE TOOL TO Empower Your Mental Health Decisions". Below this is a paragraph explaining that a PAD is more than a legal document and helps users get the care they need. Two buttons are present: "Create a PAD" and "Watch how it works". To the right is an illustration of a woman, Ana, standing next to a large smartphone displaying her PAD interface. The interface shows her name, a "Hello! I'm Ana." greeting, a "Show Me" button, a profile picture, and her interests: "I'm passionate about photography, cats, and 1980s pop music." The phone screen also indicates "Ana's Psychiatric Advance Directive" and "Last Updated 3 Days Ago".

This online Psychiatric Advance Directive (PAD) is currently being piloted in eight California counties: Alameda, Contra Costa, Fresno, Mariposa, Monterey, Orange, Shasta, and Tri-City (serving Claremont, La Verne, and Pomona). Click [About Us](#) to learn how this impacts you.

Online PADs Platform Launches

The Multi-County Psychiatric Advance Directives (PADs) Project has reached a major milestone with the launch of myplanmyvoice.com, a new secure online platform that allows individuals to create, store, and update PADs at no cost.

Developed through collaboration among eight California counties, the web-based platform is designed to make PADs more practical and easier to use in everyday

settings. Individuals can complete a PAD using a computer, tablet, or mobile device, return later to make updates, and manage who can access their information.

Historically, PADs have often existed as paper documents that could be difficult to locate or access during a crisis. The online platform helps support more timely access to an individual's preferences and important behavioral health information when needed.

The launch reflects the project's original vision of co-creating a practical, accessible PADs platform with input from peers, families, healthcare providers, and first responders, while developing a sustainable model for future expansion.

Note: This project is in a pilot phase and is not yet available throughout California. Pilot counties include Alameda, Contra Costa, Fresno, Mariposa, Monterey, Orange, Shasta, and Tri-City (serving Claremont, La Verne, and Pomona).



Crisis Teams Trained to Access PADs

To support implementation of the online platform, crisis team trainings were conducted across all eight participating counties during Spring 2026. The trainings focused on how crisis response staff can access and utilize PADs to better support an individual's preferences during behavioral health emergencies.

Training highlights included:

- 6 preparatory workgroups
- 23 training sessions conducted
- Sessions scheduled across shifts, with start times ranging from 7:30am to 9:30pm
- 308 individuals trained

The trainings represented an important step in helping integrate PADs into crisis response workflows and strengthening continuity between planning and implementation.

PADs Facilitation Expands Across Counties

All eight counties have now completed PADs Facilitation training. County Behavioral Health staff and subcontractors with lived experience are available in pilot programs to help individuals complete PADs and better understand the process.

Participating counties are currently piloting different facilitation approaches based on local needs and resources. Community members interested in receiving support with creating a PAD can visit padsca.org to learn more and locate county-specific information and resources.

Talking About PADs

A new social media awareness campaign, “Talking About PADs,” will begin rolling out in late May across participating counties. The campaign features short-form videos highlighting the value of Psychiatric Advance Directives, including the ability to share preferences and be heard. The posts also introduce the benefits of the new web-based platform, which simplifies the process of creating and managing PADs.

The campaign is intended to build awareness and trust in the new tool while encouraging individuals and the people who support them to learn more about how digital PADs can help during behavioral health crises.

Why should
I create
a PAD?



Joshua N.

Please feel free to share these resources with colleagues, community partners, and others who may benefit from learning more about Psychiatric Advance Directives.

**To explore the new online PADs platform or learn more about the project, visit:
myplanmyvoice.com
padsca.org**



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