



Youth Worker / Bike Mechanic

Freelance – paid per session:

- Fee per 3-hour afternoon “single session”: £45
- Fee per 5.5 hour afternoon/evening “double session”: £82.50
- Fee per daytime 5-hour session (school holidays): £75

We seek a Youth Worker / Bike Mechanic with a passion for cycling to help deliver a weekly programme of practical, hands on and fun cycle-themed activities for children and young people at community locations in Bristol. Work is offered on a sessional basis.

1. Background to Life Cycle

We work with people of all ages, abilities and backgrounds at every stage of their cycling journey: From learning to ride, to building a career in the cycle industry.

We know that with the right support, anyone can benefit from bikes. We help thousands of people each year by providing:

1. Bikes that are safe, smooth and fun to ride.
2. Cycle training for all ages and abilities.
3. Cycling activities for people with additional needs.
4. Industry-accredited training for the public - and people in prison.

Our vision

A world with clean air and healthier people, where cycling is the chosen mode of transport, for most people, for short daily journeys.

Our mission

To help more people experience the benefits of cycling – transforming lives and the environment.

Our values

1. **Quality:** We strive for excellence in everything we do.
2. **Inclusivity:** We want cycling to be accessible to everyone.
3. **Curiosity:** We aren't afraid to try new things. We are bold. We are always learning.
4. **Empowerment:** We are guided by the people we work with.

We are passionate about always working in a way that maximises social value.



[Video:](#) bike recycling "Repairing Bikes, Rebuilding Lives"

[Video:](#) tandem cycling for the visually-impaired "Two's Company"

Life Cycle was founded in 1999 and now works with 10,000+ people a year. We run projects in the West of England, Swindon and Leicester.

See more at: www.lifecycle.org.uk/our-mission

2. Role description

Our Youth Project engages young people through imaginative and inspiring cycle related activity sessions. We currently deliver this work in partnership with three Adventure Playgrounds in deprived Bristol neighbourhoods: Easton, Lockleaze and Southmead.

We offer a range of fun, practical, hands-on activities with bicycles that interest young people and keep them positively engaged. This helps them get active, build confidence and diverts them from anti-social behaviour. Sessions are open access and free to attend. The key outcomes we target:

1. Young people are more physical active
We offer fun sessions that increase physical activity levels in young people and help them build fitness, cycle skills and ability to cycle safely and confidently.
2. Young people broaden their horizons
Introducing young people to new places, new experiences, challenging their perceptions and enhancing their understanding of the world.
3. Young people improve confidence
Empowering young people to try new cycle activities, learn new skills and share these skills with their peers. To build positive relationships with staff and peers.

Sessional work available

We employ a Youth Worker who leads delivery of an annual programme of weekly activities but need Freelance cover to run sessions when they are unavailable for:

a) Termtime ‘afterschool’ sessions:

- Monday 3-hours @Felix Road: 3-6pm (children under 14)
- Tuesday 5.5 hours @Lockleaze: 3.30-6pm (under 14s) & 6.30–9pm (up to age 16)
- Wednesday 5.5 hours @Southmead: 3-6pm (under 14s) & 6–8.30pm (up to age 16)

Session times above are inclusive of set-up, pack down, liaison with playground workers and completion of registers and monitoring paperwork.

b) School holidays ‘daytime’ sessions:

- Mondays @Felix Road: 5-hours (children under 14)
- Tuesdays @Lockleaze: 5-hours (children under 14)
- Wednesdays @Southmead: 5-hours (children under 14)

Session times are generally 10am – 4pm, inclusive of set-up, pack down, liaison with playground workers and completion of registers and monitoring paperwork.

c) Ad hoc project support:

We may offer occasional paid sessional work outside of regular weekly activities e.g. servicing ‘pool bikes’, sorting out storage container, attending planning meetings. Fees for these will be offered on a case-by-case basis.

3. Key responsibilities

- Deliver sessions at the playgrounds of fun cycle themed and bike maintenance activities for children and young people, as instructed by Project Co-ordinator.
- Create positive relationships with children and young people and promote positive behaviour.
- Complete registration forms at the end of each session and report any updates to Project Co-ordinator.
- Work in accordance with venue and activity risk assessments.
- Comply with Health and Safety guidelines for activities
- Maintain good communication with the Project Co-ordinator to ensure project is being delivered to high standard.
- Liaise with play workers at partner venues, as required.
- Attend Life Cycle meetings, briefings, training etc as required.

4. Person specification

Essential

- Experience of working with children and young people and building positive relationships.
- Skills to work in an extremely busy setting, with large numbers of young people.
- Skills to deal with challenging behaviour and set clear boundaries to ensure activities are safe and enjoyable for all.
- Knowledge and understanding of Safeguarding children and young people.
- Valid Enhanced DBS check (or willingness to apply for one).
- Cycle maintenance skills with the ability to teach others how to fix their bikes.
- Good communication skills both verbally and written.
- Computer literate: using email, our internal register system via a web browser.
- A long-standing interest in cycling and all things bicycle related.
- Committed to equalities, diversity and accessibility.

Desirable

- Experience of running cycle themed activities for young people.
- Youth work qualification.
- A recognised cycle maintenance qualification.
- National Standard Instructor/Mountain bike leader/BMX rider or similar.
- Up to date Safeguarding certificate.
- Understanding of Health and Safety and Risk management.
- First aid certificate.

Note: This role description is for guidance only. You will be expected to undertake activities as required.

5. Terms and conditions

Engagement basis:

Freelance. In accordance with Life Cycle's "Freelance Terms of Engagement".

Payment:

- Fee per 3-hour afternoon "single session": £45
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Locations: at partner Adventure Playgrounds in:

- **Felix Road Adventure Playground**, Felix Road, Easton, Bristol, BS5 0JW
- **The Vench Adventure Playground**, Romney Ave, Lockleaze, Bristol, BS7 9TB
- **The Ranch Adventure Playground**, Doncaster Road, Southmead, BS10 5PP

Working with volunteers: Life Cycle values its volunteers, who make a vital contribution to our work. You will be expected to work with our volunteers at each playground.

Equalities focus:

Whilst equalities and diversity have always been important to us, we are now on a journey to [becoming an anti-racist organisation](#). This means we are committed to increasing diversity amongst our staff, volunteers and participants – and to actively tackling unconscious bias and structural racism. We expect all staff to share our commitment to be always learning and working to address racial inequality, to achieve racial justice inside and outside Life Cycle.

How to apply:

[Please complete our application form.](#)

If you've any questions about the role, you can email us at youth@lifecycle.org.uk