

## Teen Camp Packing Checklist

### Clothing & Apparel

- Daily Wear
  - Shirts (long & short sleeve)
  - Shorts & Pants
  - Underwear (extra)
  - Sock (extra)
  - Sleepwear
- Shoes, Boots
- Sandals, Watershoes (swimming & shower)
- Gloves & Warm Cap
- Swimwear
  - Swimming Trunks
  - One-piece swimsuit
  - Swimming T-Shirt
- Church Clothes

### Personal Care & Hygiene

- Deodorant
- Shower Kit
  - Soap & Shampoo
  - Washcloth, Sponge, Loofah
  - Towel
- Grooming
  - Toothbrush & Toothpaste
  - Floss & Mouthwash
  - Hairbrush & Comb
- Sun & Bug Protection
  - Sunscreen (SPF 30+)
  - Insect Repellent
  - Sun Hat
  - Sun Glasses
- Glasses, Contacts, Storage, Solutions
- Feminine Products



## Teen Camp Packing Checklist

### Sleep Comfort

- Sleeping Bag
- Flannel Sheets & Blankets
- Pillow

### Personal Gear

- Bible
- Reusable Water Bottle
- Laundry Bag
- Notebook & Pencil
- Flashlight or Headlamp
  - Spare Batteries
- Sanitation
  - Hand Sanitizer
  - Wet Wipes
  - Surface Disinfectant
- Binoculars
- Rain Gear (poncho, umbrella, etc)

**Quick Tip for Parents:** Please label all major items with your teen's name to ensure everything makes it back home!

### Do NOT Bring

- Phone
- Smart Watch
- Expensive Jewelry
- Energy Drinks
- Lighters, Matches, Fire Starters, Fireworks, Pyrotechnics
- Weapons, Knives, Sharp Objects
- Tobacco, Nicotine Products, Alcohol, Intoxicating Substances

